

The City Focus

Official Newsletter for the City of Colonial Heights



Fall 2016



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The City Focus is produced quarterly and mailed to each household in Colonial Heights.

REC-happenings, the Recreation & Parks Department program listing, begins on Page 5 of the City Focus.



City of Colonial Heights Council Members

Diane Yates
Vice-Mayor
yatesd@colonialheightsva.gov



Kenneth B. Frenier
Councilman
frenierk@colonialheightsva.gov



W. Joe Green
Councilman
greenj@colonialheightsva.gov



Elizabeth G. Luck
Councilwoman
lucke@colonialheightsva.gov



John E. Piotrowski
Councilman
piotrowskij@colonialheightsva.gov



John T. Wood
Councilman
woodj@colonialheightsva.gov



Pamela Wallace
City Clerk of Council
wallacep@colonialheightsva.gov
(804)520-9360

Contact the City Manager



Thomas L. Mattis
City Manager
City Hall
201 James Avenue
mattist@colonialheightsva.gov
(804)520-9265



COUNCIL COLUMN



I have been asked many times... how does the government of the city of Colonial Heights operate? What are the roles of the Mayor, city council and city manager?

The city of Colonial Heights, like many small cities, has a city manager that has oversight of the day to day operations of the city. In essence, the city manager can be compared to a CEO (Chief Executive Officer) of a major corporation. Some of his/her major responsibilities include:

- ◇ Managing all city departments such as Police, Fire/EMS, Parks and Recreation, Public Works, Economic Development, Planning & Community Development, Finance, Information Technology and Human Resources.
- ◇ Developing and executing the city's annual operating and capital budgets.
- ◇ Implementing city policies adopted by city council.
- ◇ Enforcing city of Colonial Heights laws and ordinances.

The city manager is appointed by City Council and serves as the liaison between council and the city departments. Like the City Attorney and Clerk of Council, the City Manager reports directly to City Council. Ultimately, the City Manager, City Attorney, and City Council work together as a leadership team, with City Council having the final authority on city matters.

Our City Council is made up of seven city residents who are elected by the citizens of Colonial Heights for a four year term. City Council is responsible for electing one of its members to serve as the Mayor for a two year term. The Mayor presides over meetings of the council and is recognized as the head of the city government for all ceremonial purposes.

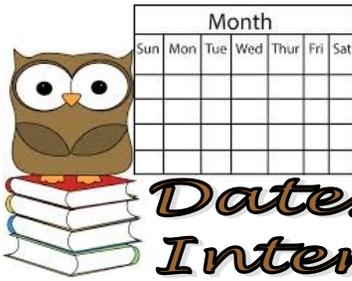
The primary goals of council are 1) keeping the citizens safe, 2) ensuring the city is financially strong, and 3) developing a sense of community to build relationships that encourage positive growth in areas such as education, recreation, businesses etc. Council members live in the city, pay taxes, and volunteer in civic and recreational organizations, which means they have a vested interest in making this city great! Each brings a different perspective into the decision making process, yet works together for the benefit of the entire community. Though not an easy or sometimes popular task, it is critical that council members strive to put the best interest of the city first, instead of their own personal agendas.

If you are interested in learning more about Colonial Heights City government, you can:

- ◇ enroll in the Citizens Government Academy, a free 8-week program which provides residents with a better understanding of local government operations and services, as well as encourage involvement in activities, events and programs.
- ◇ attend City Council meetings every second Tuesday of the month and/or City Council work sessions on the third Tuesday of the month.
- ◇ Visit the Colonial Heights Website www.colonialheightsva.gov

T. Gregory Kochuba, Mayor
kochubag@colonialheightsva.gov





Dates of Interest

Sept 5	City Holiday - Labor Day Trash & recycling delayed 1 day
Sept 6	Planning Commission 7:00 pm - Council Chambers
Sept 13	City Council Regular Meeting 7:00 pm - Council Chambers
Sept 20	City Council Special Meeting 6:00 pm - Council Chambers
Oct 4	Planning Commission 7:00 pm - Council Chambers
Oct 10	City Holiday - Columbus Day
Oct 11	City Council Regular Meeting 7:00 pm - Council Chambers
Oct 18	City Council Special Meeting 6:00 pm - Council Chambers
Nov 1	Planning Commission 7:00 pm - Council Chambers
Nov 11	City Holiday - Veterans Day
Nov 15	City Council Regular Meeting 7:00 pm - Council Chambers
Nov 24&25	City Holiday - Thanksgiving Holiday

On the Cover...

A couple of children enjoying story time in the Fall of 2014 at the Colonial Heights Public Library. They wore costumes that day for Halloween. This photo is courtesy of our Colonial Heights Public Library.

To find out more information on our story time programs, please visit our website.



Want to Learn More About How the City Operates?

Apply Now for the Citizens Government Academy



The Citizens Government Academy, a free 8-week program, provides residents with an opportunity to learn more about the operations and services of their City government. Each week, program participants visit different departments to meet the director or elected official and learn about specific departmental operations through hands-on activities, demonstrations, group discussions and site tours.

Academy programs are held during the spring on Thursday evenings from 6:00 p.m. to 8:00 p.m. at various facilities throughout the City. Applicants must be 18 years-of-age or older, a resident of the City of Colonial Heights, attend at least 7 out of 8 sessions and participate in the graduation ceremony. Class size is limited.

If you are interested in being considered for a future academy, applications are available at www.colonialheightsva.gov or by contacting the Human Resources Department at carpenterj@colonialheightsva.gov or (804) 524-8749.

CHPD Announces Promotions



Chief of Police, Colonel Jeffrey W. Faries announced that Lt. William H. Anspach, III, has been promoted to the position of Captain of the Operations Division, and Lt. Dann P. Ferguson has been promoted to the position of Captain of the Investigations Division. Both appointments were effective March 14th, of this year. Chief Faries stated “through the years, both Capt. Anspach and Capt. Ferguson have exhibited the leadership, management and supervisory skills necessary to address the many challenges which arise in any active and productive department. Their exceptional proficiency allows me to believe that I can depend on Capt. Anspach and Capt. Ferguson to help lead this organization into the future”.

After those internal moves, a promotional process ensued in April for openings for Lieutenant and Sergeant. Chief Faries announced that effective July 27th, Sgt. Valentine W. Eiler, VI was promoted to Lieutenant; Career Detective Jason W. Chimera was promoted to Sergeant and Career Officer and School Resource Officer of North Elementary, A. Renee Walters was promoted to Sergeant respectively. Chief Faries stated “the department has a strong and capable pool of internal candidates ready for promotion and that only bodes well for the future of our agency”. Chief Faries added “a promotion list will be in effect for the next 12 month should the need arise”. Specific job assignments for these supervisors were not available at the time of print.

Upcoming Election

Tuesday, November 8, 2016

Polls open 6:00 am and close at 7:00 pm

Write-ins are permissible for all offices.

What's on the November ballot for Colonial Heights?:

President & Vice-President:

To be determined

House of Representatives 4th District:

Michael L. "Mike" Wade - R

A. Donald McEachin - D

Proposed Virginia Constitutional Amendments:

1) Question on Property Tax Exemption

2) Question on Right to Work



Treasurer (to fill unexpired term to end December 31, 2017)

Harriet M. Frenier

(Filing deadline to run as a candidate for Treasurer is August 19, 2016)

City Council (4 Seats)

Christy Palmer Archileti

Michael A. Cherry

Kenneth B. Frenier

W. Joe Green, Jr.

David P. Hoopsick

T. Gregory Kochuba

Tricia L. Palmer

L. P. "Buddy" Waskey IV

School Board (3 Seats)

Angie K. Woody

J. Chris Kollman III

Nancy Kollman Holleman

J. Wayne Browder

Sandra B. Coleman

UPDATE YOUR INFORMATION Make sure your voter registration data is current.

KNOW BEFORE YOU GO Check the location of your voting precinct, learn about the candidates and issues before Election Day.

BE PREPARED Bring appropriate photo ID with you to the polls.

Please visit the Department of Elections website, www.elections.virginia.gov or the city Registrar's webpage at www.colonialheightsva.gov for more information on all races and the Constitutional Amendments.

Last day to register to vote for the November 2016 election is October 17, 2016.

Deadline to apply for absentee ballot by mail is November 1, 2016 and to apply in person is November 5, 2016.

To check your registration status, please go to www.sbe.virginia.gov or call the Registrar's office at 804-520-9277.

A photo ID will be required before you may vote. Please note the following are acceptable at the polls: a valid Virginia driver's license, a valid U.S. passport, any other valid photo ID issued by the United States, Virginia or one of its political subdivisions, a valid student photo ID issued by an institution of higher education in the Commonwealth, or a valid employee photo identification card. If you have no acceptable form of photo ID as mentioned above, an ID may be obtained at the Registrar's office, Monday through Friday, 8:30am to 5:00pm.

New Collection Processes

Effective July 1, 2016, in accordance with the 2016 City Charter change, the City's Finance Office will be responsible for the billing and collection of all local revenues. The Billing & Collections Office along with the current Utility Billing Office will be located in the former Treasurer's Office in City Hall at 201 James Avenue. The Treasurer will remain in City Hall and will still be responsible for the collection of State Funds as they relate to the City. This would include State income and estimated tax payments.

COLONIAL HEIGHTS RECREATION AND PARKS DEPARTMENT

Office Hours: Monday - Friday 8:00am - 5:00pm

P.O. Box 3401 / 901 Meridian Avenue

Colonial Heights, VA 23834

www.colonialheightsva.gov/recandparks

Recreation and Parks Office	(804)520-9390
Recreation and Parks Fax	(804)520-9203
Senior Activities & Classes	(804)520-9220
Senior Transportation	(804)520-9219
Teen Center	(804)524-8717
Weather Cancellation Line	(804)524-8788
Violet Bank Museum	(804)520-9395



REGISTER BY MAIL

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks
P.O. Box 3401
Colonial Heights, VA 23834

REGISTER IN PERSON

To register in-person, please visit our office, Monday - Friday 8:00am-5:00pm:

Recreation and Parks Office
Shepherd Stadium
901 Meridian Avenue
Colonial Heights, VA 23834

REGISTER OVER THE PHONE

Call the office at (804)520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation office before the first class.

REGISTER ONLINE



To register online, please visit us online at www.colonialheightsva.gov/recandparks and click the register online link.

AFTER HOURS DROPBOX

We have a Drop Box for after hours collection of registrations, payments and uniforms; located in front of the Community Center at 157 Roanoke Ave.

PAYMENT OPTIONS

The Recreation Dept accepts Cash, Check, money order and major Credit Cards. Discover card not accepted at this time. Please make checks payable to: "City of Colonial Heights". \$35 fee may apply for returned checks.

FALL ADULT SOFTBALL LEAGUE

Ages 16+

Colonial Heights Recreation Department is accepting registration for all divisions for their 2016 Fall Softball League. League will include a round-robin regular season (depending on number of registered teams), postseason double elimination tournament, team and individual awards, umpire association team registration, and umpire fees. League play is tentatively scheduled to begin in early-September. Limited openings, first to pay=first to play.

Fee: \$400 (Payable to City of Colonial Heights)
Deadline: 8/19/16

Teams must be available to play any weeknight. Teams must supply game balls. Balls must be USSSA Classic M or USSSA Classic M Plus.

FALL YOUTH SOCCER

Ages: 6-18 (as of 9/1/2016)

Registration for 2016 Fall youth soccer leagues is underway at www.colonialheightssoccer.com. Players from all localities are welcome for an additional \$5 per player fee. All games and practices will take place at the Soccer Complex behind the Colonial Heights Library. 1st time registrants are required to show proof of age. You must register by September 1st to guarantee a spot on a team and to receive a uniform if needed. Practices will start the week of Sept 5 and games will be played on Saturdays Sept 24-Nov 12. For more information email chsainformation@gmail.com.

Fees: \$35; ages U5-U9
\$55; ages U11
\$65; ages U14-U18 (uniform included)

There may be an additional \$25 fee for a uniform if you are a first time registrant.

CONNECT WITH US ON SOCIAL MEDIA...



YOUTH BASKETBALL

REGISTRATION

Ages: 6-15 (as of 1/1/2017)

Registration for 2016 youth basketball leagues will begin on October 10, 2016. We will have extended office hours on Saturday October 15 from 9am-12pm at Shepherd Stadium. The deadline to register is November 4. To register you must be a City of Colonial Heights resident. Practices begin the beginning of December. Fee: \$20 until November 4; \$30 after November 4 and as space permits, children registered after November 4 may be placed on a waiting list.

Coed:

Instructional League ages 6-8

Boys:

U10 League ages 9-10
U12 League ages 11-12
U15 League ages 13-15

Girls:

Minor League ages 9-11
Junior League ages 12-14

**Girls age 15 may play in our Boys U15 League*

YOUTH WRESTLING

REGISTRATION

Ages: 1st-7th Graders

Registration for youth wrestling will begin on October 10, 2016. You can register at Colonial Heights High School cafeteria on the following dates, 6-8pm; October 11, 13, 18, 20. You can also register at Shepherd Stadium during regular office hours. The deadline to register is October 28. To register you must be a City of Colonial Heights resident. Practices begin in November.

Fee: \$31; checks made payable to Colonials Youth Wrestling.

FALL ADULT KICKBALL LEAGUE

Ages 16+

Colonial Heights Recreation Department will be starting a Fall Kick Ball league for ages 16 and up. League play will be on Thursday nights with each team playing one game each week. The league games will be played on B Field, next to Shepherd Stadium. The League will include a regular season schedule, (depending on number of teams entered), post-season tournament, along with team and individual awards. League play is tentatively scheduled for early – September.

Fee: \$100/team

Deadline: 8/26/16

Classes & Activities

DRAW, DESIGN & DISCOVER AN AWESOME ART ADVENTURE BY YOUNG REMBRANDTS

Ages 6-10

Do you love to draw? Would you like to draw better? Open to new and returning artists we have ALL NEW super fun lessons taught by really cool and amazing teachers. Artists will learn skills and techniques to draw with confidence and success. You will study perspective, value, pattern, composition and more. Drawing not only provides the basis for other creative activities like painting and sculpture, but it also provides a direct link to reading, writing and mathematics.

Mo	10/10-11/7	3:10pm-4:15pm
\$60	North Elementary	
We	10/19-11/16	3:10pm-4:15pm
\$60	Lakeview Elementary	
Fr	10/14-11/11	3:10pm-4:15pm
\$60	Tussing Elementary	

OKINAWAN KARATE

Children's Class (ages 5-9)

The focus of this class is on respecting others, self-control, self-discipline and avoiding confrontation. The emphasis is on the basics such as, falling, balance, flexibility, agility and basic karate techniques. Once a student is proficient in all the basics they are eligible to move up to the next class. Note: Due to their age and maturity a student may remain in the younger class. No class 9/5 or 11/23.

Mo/We	8/22-10/19	5:00pm-5:45pm
Mo/We	10/24-12/14	5:00pm-5:45pm
\$60	Lakeview Elem. Gym	

Youth/Teen Class (ages 10-17)

This class moves at a much faster pace. More advanced skills and techniques are taught and it is more physically demanding. Subjects such as pain response, basic anatomy and physiology and balance disruption to name a few are taught. Also, applications and concepts of karate techniques are revealed. Students earn belt ranks as they progress based on skill and proficiency....not time! No class 9/5 or 11/23.

Mo/We	8/22-10/19	6:00pm-7:30pm
Mo/We	10/24-12/14	6:00pm-7:30pm
\$80	Lakeview Elem. Gym	

CPR & AED: FOR THE COMMUNITY & WORKPLACE

Ages 16+

This course teaches the basic techniques of CPR and the use an AED. The course teaches how to recognize the signs of four major emergencies – heart attack, stroke, cardiac arrest, and foreign-body airway obstruction. *Health restrictions apply: if you have any of the following health issues you will be unable to participate in this class - breathing problems, heart condition or back problems. Price includes all needed materials.

Sa	10/15	8:30am-12:30pm
\$30	Community Center	

BASIC FIRST AID COURSE

Ages 16+

This course teaches lay responders the knowledge and skills necessary to give care in an emergency; help sustain life and minimize the consequences of injury or sudden illness until medical help arrives. *Health restrictions apply: if you have any of the following health issues you will be unable to participate in this class - breathing problems, heart condition or back problems. Price includes all needed materials.

Sa	10/15	1:00pm-5:00pm
\$30	Community Center	



These courses are provided by the Colonial Heights Recreation Department in conjunction with the Colonial Heights Fire & EMS Department. For questions, contact the Recreation Dept. at 520-9390. Register for both classes and receive a \$10 discount.

BELLY DANCING

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthen your core and your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome.

Mo/We	9/1-9/22	6:00pm-7:00pm
Mo/We	9/29-10/20	6:00pm-7:00pm
Mo/We	10/27-11/17	6:00pm-7:00pm
\$30	Community Center	

INSTRUCTIONAL CHESS BY CHAMPIONSHIP CHESS

Ages 7-11

Championship Chess presents a systematic, fun way to build chess skills during chess instruction and while students play. Studies show that chess improves math, reading and problem-solving and our methods connect these academic benefits to our classes.

Fr	9/30-11/18	3:10pm-4:15pm
\$99	Tussing Elementary School	

PAINT BY NUMBER CLASS

Ages 16+

Are you afraid to sign up for a paint class? No worries, we have the class for you! You choose your painting and an instructor will help you to complete your design. Painting choice and fee must be submitted no later than Monday, August 29th.

Mo	9/19-10/3	1:00pm-5:00pm
\$15	Community Center	





HOLLYWOOD
Casino
AT CHARLES TOWN RACES

Monday October 10, 2016
\$ 48 .00 per person
(**\$20.00 FREE Slot Play**)

depart 7:00 am return approx. 9:30 pm
WILL DEPART FROM THE CORNER OF ROANOKE AND MERIDIAN AVE
motorcoach transportation
Breakfast stop at Hardee on the way (on your own)
Minimum of 40 required

CALL TODAY FOR MORE INFORMATION 520-9220 OR 520-9390

CHRISTMAS CARD CONTEST

Elementary School Students

The Recreation Department is once again sponsoring our Annual Christmas Card Contest to find the best card to use for our Department's Christmas card. If your child is interested, information will be available at each Elementary School's Art Department between October 31-November 4. The winner will have their picture taken and printed in the local newspaper.

Entries due November 4, 2016

FREE All 3 Elementary Schools

SANTA'S WORKSHOP

Ages 2-8

Join Santa and his elves to decorate Christmas ornaments, cookies and more while listening to some wonderful Holiday tunes. Official Christmas tree lighting to follow the workshop at 6:30pm, ornaments made during workshop will be placed on the tree prior to the lighting.

Sa 11/26 5:00pm-6:15pm
\$5 Colonial Heights Courthouse

*A photographer will be on-site to take pictures with Santa. Pictures may be purchased for an additional cost.

www.colonialheightsva.gov/recandparks
to view info on our parks & facilities.

Trips

RIVERSIDE THEATER FREDERICKSBURG, VA

For the following performance, we will depart from the Senior Center at 10:00am and return back to the center at approximately 6:30pm. Price includes transportation on vans, ticket to show, and lunch. Sign up early, limited tickets!

SATURDAY NIGHT FEVER

Based on the 1977 hit movie that featured and popularized the disco music of the BeeGees, this stage version focuses on talented, streetwise Tony Manero, a nineteen-year-old Brooklyn youth who attempts to escape the tensions of his seemingly meaningless life through disco dancing. Displaying his dance prowess during a weekend at the local discotheque, he luxuriates in the admiration of the crowd, nurtures a growing relationship with Stephanie, his dance partner, and temporarily forgets the realities of his life: a less-than-engaging day job in a paint store, clashes with his abusive and overbearing parents, racial tensions in the local community, and his gang of macho-but-deadbeat friends. Eventually Tony and Stephanie discover that they both wish to make more of their lives, and they resolve to help each other start afresh.

We 4/5 10:00am-6:30pm \$60

RICHMOND CANAL CRUISE

All Ages

Join Richmond Canal Cruises for an informative, 1 hour historically narrated tour of the James River and Kanawha Canal along Richmond's historic canal walk. Fee includes canal cruise and transportation on vans. We will have lunch at Southern Railway Taphouse, lunch cost not included in fee.

We 9/21 11:30am-4:30pm
\$10 Depart Community Center@11:30am

Teen Center

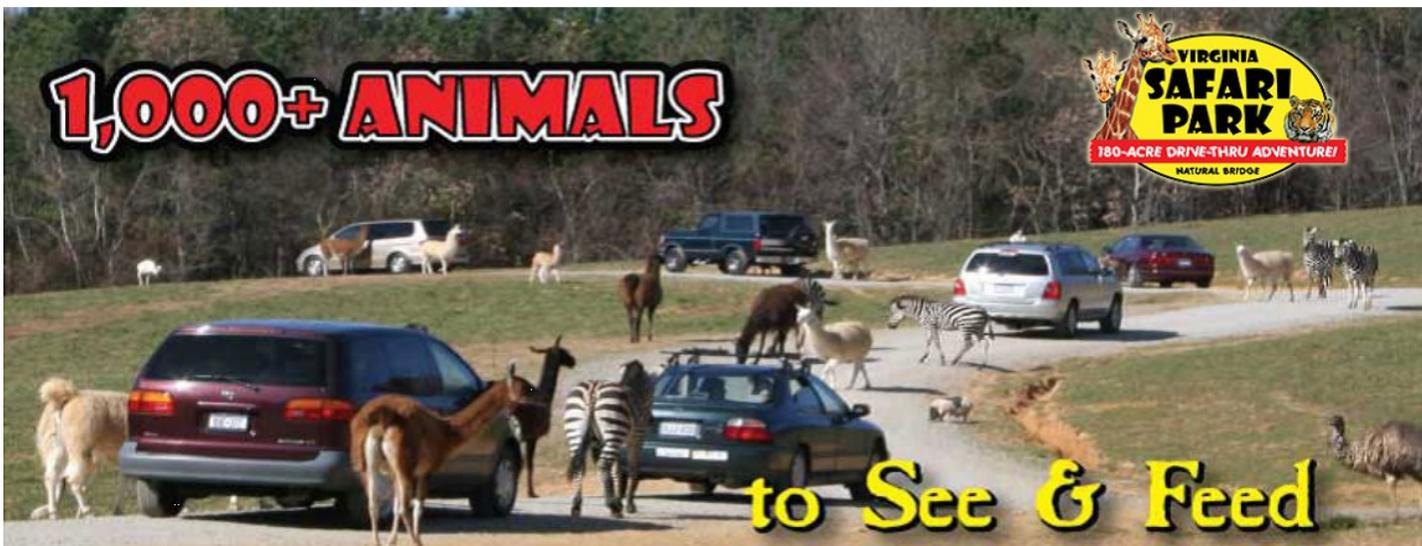
TEEN CENTER

The Teen Center is located inside the Community Center at 157 Roanoke Ave. Participants must be City of Colonial Heights residents and eligible for enrollment at Colonial Heights Middle School or Colonial Heights High School. Admission to the Teen Center is FREE. Participants may bring a guest, but there is a \$5 charge for all guests.

The Teen Center features an Xbox 360, PlayStation 3 and PlayStation 4, Wii, 3 big screen TVs, and computers. Participants are required to sign in when arriving to Teen Center and are required to sign out when leaving the Teen Center. For more information contact (804)524-8717.

Hours of Operation

Monday - Friday 3:00pm-8:00pm
Saturday 1:00pm-8:00pm
Sunday Closed



Tuesday September 27, 2016 Depart Center at 8AM Return @ approx. 6PM

\$24 PP Includes trip to Natural Bridge, VA on Senior Center Vans, Private Wagon Tour of Safari Park Zoo and all the fun you can handle! Make sure you bring your sunscreen and wear comfortable shoes because their will walking involved. Bring your lunch for a picnic at the park, Coolers with ice and bottled water will be provided. We will be stopping for dinner on your own on the way back.

Senior Center

SENIOR CENTER

The Senior Citizen Center is adjacent to the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:30 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted.

SENIOR TRANSPORTATION

The Transportation Department operates 8am-4pm Monday-Friday, except City Holidays. Senior Citizens sixty (60) years of age or older that are City of Colonial Heights residents, needing transportation for medical, business, or personal reasons may obtain rides throughout the City of Colonial Heights. Transportation is provided to Petersburg, Hopewell and Fort Lee for medical appointments only. Vans are equipped with hydraulic lifts for wheel-chairs. Reservations must be called in 24 hours in advance of your appointment. Please call 520-9219 for further information.

PICKLEBALL

Experience the paddle sport which combines elements of badminton, tennis, and table tennis (ping-pong). No experience necessary and all equipment will be provided. For information call (804)520-9220.

Mo 9/12 1:30pm
 FREE Mt. Pleasant Church Gym
 3110 Greenwood Ave

LIFELINE SCREENINGS

Preventative health screenings can detect your risk for serious disease. At least 200,000 deaths from heart disease and stroke each year are preventable. The key is early detection and managing risk factors. 70% of people age 55+ have 2 or more risk factors, and many are not aware of it.

They have many screening packages available for this event. You must pre-register for your desired screenings by calling 1-(888)-653-6450.

Fr 9/30 8:00am-5:30pm
 Fees Vary Community Center

TRI.A.D.

TRIAD is a partnership consisting of the local Sheriff, Police Chief, Fire & EMS Chief, AARP, seniors and senior service providers in a community who agree to work together to reduce criminal victimization of the elderly. TRIAD creates an opportunity for our city's seniors to meet with public safety leaders and service providers to discuss topics that our seniors wish to obtain more knowledge and understanding about. All TRIAD meetings take place at the Community Center and are FREE of charge.

Th 9/15 1:30pm
 Topic: Rite-Aid Flu & Pneumonia Shots (11am-2pm)

Th 10/20 1:30pm
 Topic: Walgreen's Drug Safety

SENIOR CITIZEN CLUB

The Senior Citizen Club was organized in 1968 and is sponsored by the Department of Recreation and Parks. It is open to Senior Citizens 50 years of age and older who are City Residents. The Club meets at 1:15 pm on the first three Thursdays of the month at the Community Center and on the fourth Thursday of the month at Golden Corral Restaurant. For information on being part of this Club contact the Senior Center at 520-9220.

ACTIVITY & FITNESS MONTHLY CLASS SCHEDULE

Monday

8:30am Muscles in Motion
 9:30am Tai Chi
 9:30am Bowling (League Fee)
 10:00am Strength & Stretch
 11:00am Bunco
 2:00pm Computer Class (sign up)
 4:00pm Beginners Sewing (\$12)

Tuesday

9:00am Yoga
 9:30am BP Screening (3rd Tue)
 10:00am Sit & Let's Get Fit
 11:00am Sit & Let's Get Fit
 12:00pm Duplicate Bridge
 1:00pm Bingo
 1:00pm Water Aerobics (Hopewell - \$2)
 3:00-6:00pm Quilts for Vets (Last Tue)
 3:00pm Quilt & Sew (2nd & 3rd Tues)

Wednesday

8:30am Muscles in Motion
 10:00am Strength & Stretch
 10:00am Crochet & Knitting Group
 11:00am Line Dancing
 12:30pm Party Bridge
 2:00pm Painter's Group

Thursday

9:00am Yoga
 10:00am Sit & Let's Get Fit
 10:00am Sing-A-Long
 11:00am Sit & Let's Get Fit
 12:00pm Zumba Gold (\$5)
 12:45pm BP Screening (1st Thurs)
 1:15pm Senior Citizens Club Mtg.
 1:00pm TRIAD (3rd Thurs)
 2:00pm Watercolor

Friday

8:30am Muscles in Motion
 10:00am Strength & Stretch
 11:00am Sit & Let's Get Fit
 1:00pm Computer Class (sign up)
 2:00pm Computer Class (sign up)
 7:00pm Senior Dance (2nd Fri - \$6)

Saturday

1:00-4:00pm Coupon Workshop (1st Sat-\$10)



Saturday November 5th

Depart center at 8:30am
 Ceremony at 9:30am & Walk begins at 10am
 Route Length: Choose a 1 or 3 mile route Transportation Fee: \$3
<https://act.alz.org>
 Team Name: Colonial Heights Senior Center

Every walker must register through their website. There is no registration fee for the walk; however, you can make a personal donation and commit to raising funds in the fight against Alzheimer's.

Keep Colonial Heights Sewers Fat Free



FATS, OILS AND GREASE

FIGHT the FOG

STOP the CLOG

What is FOG? Fats, oils and grease are byproducts of food preparation, cooking and clean up.

Where does FOG come from? It comes from many food sources: meats, nuts, plant and vegetable oils, dairy products, soups, gravies, condiments, sauces, and salad dressing.



Why is FOG a big problem? When it washes down the sink, it sticks to the inside of the pipes that connect your home or business to the city sewer system. It also accumulates in the city's sewer pipes. Fats, oils and grease are insoluble in water despite the use of hot water, detergent, or additives, so it solidifies. Eventually, it can build up until it completely blocks sewer pipes. Blockages can cause raw sewage to back up into your home or business or overflow into streets and streams. That can create difficult and expensive maintenance problems for both private property owners and the City in addition to causing harm to the environment.

When wastewater cannot make its way through the sewer pipes, it can overflow in our homes, onto lawns and streets and eventually into storm drains. Storm drains carry rainwater to Swift Creek, Old Town Creek and the Appomattox River. You can help keep city streams clean by disposing of fats, oils and grease properly.

How you can help. Follow these simple rules to help prevent blockages and back-ups caused by fats, oils and grease.

- Pour liquid oils and grease at room temperature into heat resistant plastic bags or old containers such as plastic milk containers, water bottles, or glass jars. Once the container is full, seal it and throw it away with your regular trash. You can also take liquid oils to our Recycling Center at 2701 Conduit Road on Fridays and Saturdays from 8 AM to 5 PM.
- Scrape fats, grease and food from plates and cooking utensils into the trash can before washing them or placing them in your dishwasher. Use basket strainers in sinks to catch any food particles and empty the contents in the trash. Stop using your garbage disposal if possible.
- **NEVER POUR FATS, OILS OR GREASE DOWN THE DRAIN OR TOILET.**
- **NEVER USE THE DRAIN OR TOILET TO DISPOSE OF GARBAGE OR CHEMICALS.**



Keep City Streams Clean

Animal Reminders

§ 98-9 Cruelty to animals.

Any person who ill-treats, abandons (ii) deprives any animal of necessary food, drink, shelter, or emergency veterinary treatment; (iii) leaves an animal in an automobile without adequate ventilation or in unsafe weather conditions (v) willfully sets on foot, instigates, engages in, or in any way furthers any act of cruelty to any animal; shall be guilty of a Class 1 misdemeanor.

ALL OUTDOOR ANIMALS MUST HAVE ADEQUATE SHELTER The provision of and access to shelter that is suitable for the species, age, condition, size and type of each animal; provides adequate space for each animal, is safe and protects each animal from injury, rain, sleet, snow, hail, direct sunlight, the adverse effects of heat or cold, physical suffering and impairment of health; is properly lighted; is properly cleaned; enables each animal to be clean and dry except when detrimental to the species; and, for dogs and cats, provides a solid surface, resting platform, pad, floor mat or similar device that is large enough for the animal to lie on in a normal manner and can be maintained in a sanitary manner. Under this chapter, shelters whose wire, grid or slat floors (i) permit the animals' feet to pass through the openings, (ii) sag under the animals' weight or (iii) otherwise do not protect the animals' feet or toes from injury are not adequate shelter.

Dog and cat licenses. Every owner of a dog or cat over the age of four months owned, possessed, or kept in the City shall obtain a license by making an oral or written application with the City Treasurer or his designee.

§ 98-12 Running at large prohibited.

Dogs shall not run at large in the City. For purposes of this section, "at large" shall mean roaming, running or self-hunting off the premises of the owner or custodian and not on a leash or under the immediate control of the owner or his agent.

§ 98-6 Nuisances.

All animal owners shall exercise proper care and control of their animals to prevent them from becoming a public nuisance. Molesting passersby, biting or attacking any person without provocation on one or more occasions, chasing vehicles, habitually attacking other domestic animals, trespassing upon school grounds, or trespassing upon private property in such manner as to damage property shall be deemed a nuisance. Repeated running at large after citation of the owner by any Animal Control Officer or Police Officer shall also be deemed a nuisance.

§98-10 Number of companion animals per residence limited.

Except as otherwise provided herein, it shall be unlawful for any person to own, house, keep, board or have more than four companion animals at any one residence within the City unless permission to do so shall have first been obtained from City Council

§ 98-43 Maintenance of stables, pens and coops.

Each stable, pen, coop or other place within the City where any animal or fowl is kept shall be maintained by the keeper at all times in a clean and sanitary condition and free of offensive odors and solid and liquid waste matter.



CITY OF COLONIAL HEIGHTS DEPARTMENT OF PUBLIC WORKS FIRE HYDRANT FLUSHING SCHEDULE

The Utility Division of the City of Colonial Heights Department of Public Works will be testing and flushing FIRE HYDRANTS throughout the City starting August 22, and continuing through November 3, 2016.

The City will be divided into four sections. The sections and dates are as follows:

SOUTHEAST SECTION: August 22, through September 13, east of I-95, from ELLERSLIE/YACHT BASIN, SOUTH, TO E. ROSLYN RD. Including Newcastle and Old Town Subdivisions.

NORTHEAST SECTION: September 14, through September 29, east of CSX RR, from ELLERSLIE/YACHT BASIN, NORTH, TO SWIFT CREEK. Including Dunlop Farms Subdivision.

NORTHWEST SECTION: September 29, through October 18, west of CSX RR, from NORTH CITY LIMITS, SOUTH, TO OLD TOWN CREEK.

SOUTHWEST SECTION: October 19, through November 3, west of I-95 from OLD TOWN CREEK, SOUTH, TO ARCHER AVE.

Please mark the date on your calendar when Fire Hydrant flushing is planned in your area. The dates above are subject to change due to emergencies or adverse weather conditions.

You may experience some discolored water between these times, if this should happen, first run the cold water in your bathtub for about 15 to 20 minutes, if your problem does not clear up within this time period please contact the Utilities Division 520-9393 between 7:30 AM and 3:30 PM Monday through Friday. After hours or weekends call the Police Department 520-9300 and they will dispatch Utility personnel to your home or business.

A Note from the Commissioner of Revenue



The City of Colonial Heights does have a city decal that is required to be purchased and displayed on all vehicles and trailers.

This includes motorcycles, motorhomes and campers. If you have never registered your vehicle with the City, then you must come to the Commissioner's office in City Hall first to register your vehicle, then go across the hall to get your decal. Bring your current vehicle registration with you. If your vehicle, trailer, etc is already registered and you just do not have the decal, just go to the Billing & Collection office to get your decal.

- **YOU** must also advise us, DMV or DGIF when you sell, trade, dispose of or otherwise get rid of any car, motorcycle, boat, trailer, motorhome or camper. It belongs to you and you will be taxed until DMV and DFIG records indicate you no longer own it. Do not rely on someone else to notify us. If you let us know, then you are sure it has been done.
- Door to door solicitors are not allowed in our City unless they have applied for and received a solicitor's permit from the Commissioner and have been screened by our PD. Our goal is not to limit entrepreneurship but to ensure the safety of our citizens in their homes. You can find a current list of those who have been approved to solicit in the City on the City website in the same location and manner as you find the Yard Sale list. If they are not on the list, call the PD non-emergency number, 520-9300.
- 2016 Business Licenses were due on March 1 and Business Personal Property Returns were due on January 31. If you are conducting any type of business in the City, a license is required and you must include all furniture, equipment, and tools that are used to conduct that business on your Business Personal Property Return. Both forms can be found on the Commissioner's page of the City website. No penalty or interest is being assessed this year since they were not mailed this year and will not in the future.
- If any citizen or business owner has any questions at all, please call the Colonial Heights Commissioner of the Revenue office at 520-9280.

CELEBRATE SAFE COMMUNITIES

Celebrate Safe Communities is an opportunity for residents to meet and greet their neighbors while taking a stand against crime in their neighborhoods. During the evening, police officers, administrators, government leaders, and elected officials visit events to discuss neighborhood concerns and meet residents. Information on how to start a Neighborhood Watch will be available at each event location. Celebrate Safe Communities will be held on **Tuesday, October 4, 2016** between 5:30 pm and 8:00 pm. Event hosts are notifying their neighbors by delivering flyers. For a complete listing of the events please visit www.colonialheightsva.gov closer to the date. If you are interested in hosting a Celebrate Safe Communities event in your neighborhood please contact Officer Sexton at 804-520-9318 or sextons@colonialheightsva.gov.



3rd Annual Christmas

Tree Lighting

Saturday, November 26th

5pm-6:30pm

At the Courthouse

Featuring:

Santa's Workshop @ 5pm (\$5)

Photo's with Santa (For Sale)

Hot Cocoa/Coffee

Cookies

Live Entertainment @ 6pm

Tree Lighting @ 6:30pm



For more information call 520-9390. Pre-registration required for the workshop.

HALLOWEEN IN THE PARK



**Monday
October 31st
6:00-8:00 PM
Flora Hill Park**

Food & Drinks Face Painting Children's Games

Wear your costumes and bring your trick or treat bag!

FREE CANDY

City of Colonial Heights **Christmas Parade**

2016 Theme

peace ON *earth*

The 64th Annual Christmas Parade – a longtime Colonial Heights tradition - will occur on Tuesday, December 6, 2016 on the Boulevard. Applications are now being accepted for the 2016 City of Colonial Heights Christmas Parade. Please contact the Recreation and Parks Department at (804)520-9390 or apply online at www.colonialheightsva.gov/christmasparade. The following entry fees will be required with application:

Non-Profit (Church, Civic Group, etc.) - \$25.00

For Profit (Business, Corporate, etc.) - \$50.00

School Marching Bands - NO CHARGE

The deadline to submit an application for the Christmas Parade is Friday, November 4, 2016. If you have any questions, please contact the Recreation & Parks Department at (804) 520-9390.

We are also accepting sponsorships for the 2016 Christmas Parade. Visit the Christmas Parade page on our website at www.colonialheightsva.gov/christmasparade for information on becoming a sponsor for this year's City of Colonial Heights Christmas Parade or call us at (804)520-9390.

THE CITY FOCUS

City of Colonial Heights
Office of the City Manager
Post Office Box 3401
Colonial Heights, Virginia 23834-9001
www.colonialheightsva.gov

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