

The City Focus

Official Newsletter for the City of Colonial Heights



Summer 2016



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The City Focus is produced quarterly and mailed to each household in Colonial Heights.

REC-happenings, the Recreation & Parks Department program listing, begins on Page 5 of the City Focus.



City of Colonial Heights Council Members



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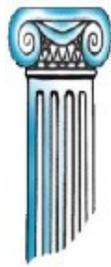
John T. Wood
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Contact the City Manager



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City Hall
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(804)520-9265



COUNCIL COLUMN

It has been an honor and privilege to represent the citizens of Colonial Heights for the last seven and one-half years. I have enjoyed the opportunity to assist our citizens and work with City staff to maintain and improve the quality of life our citizens have come to expect.

During this time we have seen a number of changes in Colonial Heights. Many new shopping venues and restaurants have opened and are thriving, the southern end of the Boulevard has been revitalized, our beautiful Courthouse has been constructed and is serving our citizenry beyond expectations. Plans are under way to widen Dupuy and Lakeview Avenues. Kroger and the traffic roundabout on Temple Avenue are becoming reality. Sheppard Stadium renovations are ongoing and the Animal Shelter will soon experience significant improvements. While all of these things bring about change; change is necessary for progress to be made. I am proud to have been a part of these changes and am confident that progress will continue in our great city!

Colonial Heights provides many activities for our residents, at minimal or no cost. In the coming months, please consider participating in the Family Movie Nights, Independence Day Fireworks Celebration, Back to School Festival and baseball and softball games. Children between 6 and 12 years of age are invited to participate in the Summer Playground Program. A variety of trips including Charleston, Natural Bridge, Dover Downs, and Tangier Island are planned for Senior citizens, as well as numerous classes and activities at the Senior Center. For more information, contact the Recreation and Parks Department or Senior Center. Celebrate Safe Communities Night will take place in October. To find out more or to host an event in your neighborhood, contact the CH Police Department. When looking for a place to enjoy the great outdoors, please consider one of our numerous parks and playgrounds, or take a stroll along the Appomattox Greenway Trail, starting at Roslyn Landing Park and ending at the Boulevard.

As a reminder, if you are planning to have a yard sale, you need to obtain a permit from the Commissioner of Revenue's office. Your address will then be listed on the City website which will help get the word out for you. As a personal safety concern, I ask you to make sure that your house number is easily visible from the street. In case of emergency, this will be of great benefit to those trying to provide aid. In time of crisis, seconds can truly make a difference!

Throughout my time on Council, one of my primary missions has been to improve the aesthetics of Colonial Heights. I firmly believe that when folks are looking for a place to live, work, shop and play; they want a clean, attractive city in which to do so. I am proud of the progress that Council and our city staff has made in this regard. We, as home owners and business owners, can do our part by keeping our grass cut, placing our litter in appropriate receptacles, and pulling our trash/recycle cans back from the street.

I appreciate the role we each play in making our City a place we are proud to call home!! If I can assist you in any way, please feel free to contact me.

Diane Yates, Vice Mayor
yatesd@colonialheightsva.gov





Dates of Interest

June 7	Planning Commission 7:00 pm - Council Chambers
June 14	City Council Regular Meeting 7:00 pm - Council Chambers
June 21	City Council Special Meeting 6:00 pm - Council Chambers
July 4	City Holiday - Independence Day
July 4	July 4th Fireworks 9:15 pm - Charles Dimmock Parkway
July 5	Planning Commission 7:00 pm - Council Chambers
July 12	City Council Regular Meeting 7:00 pm - Council Chambers
July 19	City Council Special Meeting 6:00 pm - Council Chambers
Aug 2	Planning Commission 7:00 pm - Council Chambers
Aug 9	City Council Regular Meeting 7:00 pm - Council Chambers
Aug 16	City Council Special Meeting 6:00 pm - Council Chambers

On the Cover...

This photo was taken at Shepherd Stadium and is courtesy of Al Goulder.

Shepherd Stadium is located at 901 Meridian Avenue and is the host field of the American Legion Post 284 teams and the Annual Optimist Club Boys' Invitational Baseball Tournament.

RUMOR MILL

Occasionally rumors, gossip and sometimes unconfirmed claims can spread quickly. In an effort to enhance communication between the City of Colonial Heights and our citizens, this page will be updated from time to time with topics that will hopefully clarify some of the more well-known rumors that maybe out in our community.

Would you like to get notified by text and/or email when there is an update to this page?

Visit www.colonialheightsva.gov/notifyme and subscribe to the Rumor Mill News Flash.

The City of Colonial Heights
welcomes our new business partners

Burlington

116 Southgate Square



JAMES RIVER
CARDIOLOGY

445 Charles H. Dimmock Pkwy
Suite 100



465 Charles H Dimmock

Revintage — 2229 Boulevard

Barwick & Associates — 3701 Boulevard, Suite H

Refresh — Boulevard & Sherwood Hills



BUG BUSTERS
Pest Control Services Inc.

1110 Boulevard



425 Charles H Dimmock



O'Reilly
AUTO PARTS
1401 Boulevard



A message from the Treasurer's Office

The 1st half of 2016 Personal Property Taxes is due June 6, 2016. In order to avoid penalty and interest, these taxes must be paid by due date. Failure to receive a tax bill does not relieve the taxpayer from any late charges. Please mail or bring your bill with you when making payment. You may also visit the City of Colonial Heights website and go to the online bill pay.

The **DROP BOX** is also available for payments. If you prefer to pay by credit card, you may call (1-888-272-9829). If receipt is needed, please provide a self-addressed stamped envelope.

Please pay all Personal Property taxes by due date to avoid "Vehicle Registration Stop" being placed at DMV.

Yard Sale Reminders

Spring- Spring is just around the corner and so are yard sales!

Summer- Warm weather is upon us finally, and yard sales continue in our city!

Fall— As warm weather comes to a close, you may be trying to fit in a final yard sale.

As a reminder, yard sale permits must be purchased from the Commissioner of Revenue's office, at a cost of \$5. Signage restrictions are printed on your permit and are also on the City website.

General signage guidelines:

- no larger than 6 ft square
- no more than 3 per event
- may be displayed 2 days prior to the sale, and through 7pm the day of the sale
- only to be posted on PRIVATE PROPERTY, and NOT ON ANY UTILITY POLES, or city right-of-ways (this includes, but is not limited to, areas from utility poles to the street, and in the absence of a pole, 5 feet behind the curb.)



Your yard sale will be listed on the City website, if your permit is obtained prior to 3pm the Friday before your sale.

TRADE, BUY OR SELL SAFELY AT THE POLICE DEPARTMENT

Colonial Heights Police Department has set up and designated two parking spaces directly in front of police headquarters so you can meet with members of the public to safely complete internet purchases and sales. This area is clearly marked and is under 24/7 recorded monitoring. If you have any apprehension as to whom you are dealing with online, the police department encourages you to use their front parking lot. This area can be used for custody exchanges and any situation where you feel the need to record the contact on video. This service is being provided by public safety agencies throughout the country as a result of numerous fraudulent internet sales. In some cases, serious injuries have occurred to those who are just too trusting of whom they meet and communicate with online. Overall, the internet and all its uses are most positive—we just want your online transaction to be as safe as possible here in the City of Colonial Heights. CHPD encourages you to use it, share it and own it—it's for YOU!



CITY OF COLONIAL HEIGHTS, VIRGINIA DEPARTMENT OF PUBLIC WORKS

CONSUMER CONFIDENCE REPORT 2015

The latest edition of the Department of Public Works' Consumer Confidence Report is now available online. This report summarizes important information regarding Colonial Heights' drinking water source, detected contaminants, educational information, and our efforts to ensure that we continually deliver the safest and highest quality drinking water to our customers. We encourage you to review the report on our web page:

<http://www.colonialheightsva.gov/DocumentCenter/Home/View/1061>

If you wish to obtain your own copy of the Consumer Confidence Report, please contact us at (804) 520-9372. We will gladly mail it to you.

COLONIAL HEIGHTS RECREATION AND PARKS DEPARTMENT

Office Hours: Monday - Friday 8:00am - 5:00pm

P.O. Box 3401 / 901 Meridian Avenue

Colonial Heights, VA 23834

www.colonialheightsva.gov/recandparks

Recreation and Parks Office (804)520-9390
 Recreation and Parks Fax (804)520-9203
 Senior Activities & Classes (804)520-9220
 Senior Transportation (804)520-9219
 Teen Center (804)524-8717
 Weather Cancellation Line (804)524-8788
 Violet Bank Museum (804)520-9395

REGISTER BY MAIL

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks
 P.O. Box 3401
 Colonial Heights, VA 23834

REGISTER IN PERSON

To register in-person, please visit our office, Monday - Friday 8:00am-5:00pm:

Recreation and Parks Office
 Shepherd Stadium
 901 Meridian Avenue
 Colonial Heights, VA 23834

REGISTER OVER THE PHONE

Call the office at (804)520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation office before the first class.

REGISTER ONLINE



To register online, please visit us online at www.colonialheightsva.gov/recandparks and click the register online link.

AFTER HOURS DROPBOX

We have a Drop Box for after hours collection of registrations, payments and uniforms; located in front of the Community Center at 157 Roanoke Ave.

PAYMENT OPTIONS

The City accepts Cash, Check, money order and major Credit Cards. Discover card not accepted at this time. Please make checks payable to: "City of Colonial Heights". \$35 fee may apply for returned checks

CONNECT WITH US...



YOUTH FOOTBALL & CHEERING REGISTRATION

Ages: Boys & Girls 5-13 (as of 9/30/16)

Registration will be taken on the following Saturday at Shepherd Stadium from 9:00am to Noon: June 4. Registration will also be accepted Mon thru Fri, 8am-5pm, May 18 thru July 10 at the Recreation Department office. Flag football begins in early September and Tackle football begins the 1st week in August.

Age Divisions:

Flag ages 5-7
 Minor ages 8-9
 Junior ages 10-11
 Senior ages 12-13

Fees: \$20.00 per child

The fee for anyone registering after July 10 is \$30. Players registering after July 10 are also subject to being placed on a waiting list. Children MUST be Colonial Heights Residents and eligible for enrollment in the Colonial Heights school system.

We are now a part of the Chesterfield Quarterback League and children must turn 8 years old prior to September 30th in order to play tackle football.

FALL ADULT SOFTBALL LEAGUE

Ages 16+

Colonial Heights Recreation Department is accepting teams for their 2016 Fall Softball League. Registration is being accepted for All teams. League will include a round-robin regular season (depending on number of registered teams), post-season double elimination tournament, team and individual awards, umpire association team registration, and umpire fees. League play is tentatively scheduled to begin in early-September. Limited openings, first to pay=first to play.

Fee: \$400

Deadline: 8/19/16

Teams must be available to play any weeknight. Teams must supply game balls. Balls must be USSSA Classic M or USSSA Classic M Plus.

SUMMER TENNIS LESSONS

Ages 6-Adult

The Colonial Heights Recreation Department will again be offering Summer Tennis Lessons. Lessons will be under the Direction of longtime Tennis Instructor Anthony Davis.

Ages 6-10 \$45
 Mo/We 6/27-8/3 6:10pm-7:10pm
 Tu/Th 6/28-8/4 6:10pm-7:10pm
 CHHS Courts

Ages 11-Adult \$50
 Mo/We 6/27-8/3 7:15pm-8:30pm
 Tu/Th 6/28-8/4 7:15pm-8:30pm
 CHHS Courts

FREE MOVIE IN THE PARK
 Location: Soccer Complex
 Date: August 16th
 Time: 8:30pm
 After the Back to School Festival

Bring a blanket/chair & enjoy watching this movie under the stars on a giant screen. **NO** outside food or drink allowed - concessions available for purchase.

GIRLS BASKETBALL CAMP

Rising 5th graders-12th graders

The Colonial Heights High School Girls Basketball Program will be Co-Sponsoring their Annual Summer Girls Basketball Camp. The Camp will be under the direction of Colonial Heights High School Girls Basketball Coach Chris Martin.

Mo-Th 7/25-7/28 9:00am-12:00pm
\$25 CHHS Gym

CHEERLEADING CAMP

Ages 5-12

The Colonial Heights High School Cheerleaders and Colonial Heights Recreation Department will again be co-sponsoring a Youth Cheerleading Camp. The Camp will be under the Direction of Colonial Heights Varsity Cheer Coach Mary Vaughn, Colonial Heights Varsity Cheerleaders and Colonial Heights Recreation Cheer Staff.

Mo-Th 7/25-7/28 6:00pm-7:00pm
\$25 CH Football Stadium

FIELD HOCKEY CLINIC

Ages 6-17

The Colonial Heights HS Field Hockey Program and Colonial Heights Recreation Department will again Co-Sponsor a Summer Field Hockey Clinic. The Clinic will be under the Direction of Colonial Heights Varsity Girls Field Hockey Coach Dan Pultskamp and Assistant Coach Dawn Hillard.

Tu-We 6/21-6/22
9:00am-12:00 pm No experience
3:00pm-6:00pm More than 1 yr experience
\$25 Soccer Complex

VOLLEYBALL CAMP

Rising 6th graders-12th graders

The Colonial Heights High School Volleyball Program and Colonial Heights Recreation Department will again be Co-Sponsoring a Summer Volleyball Camp. The Camp will be under the Direction of Head Girls Volleyball Coach Toni Martin.

Mo-Th 7/25-7/28 6:00pm-8:00pm
\$25 CHHS Gym

BASKETBALL CAMP

Ages 6-17

The Colonial Heights High School Basketball Program will be again Co-Sponsoring their Annual Summer Youth Basketball Camp. The Camp will be under the direction of Colonial Heights High School Basketball Coach John Thomas.

Mo-Th 7/18-7/21
9:00am-11:30am 6-11 year olds
12:00pm-3:00pm 12-17 year olds
\$40 CHHS Gym

FOOTBALL CAMP

Ages 6-12

The Colonial Heights High School Football Program and the Colonial Heights Recreation Department will again be Co-Sponsoring a Youth Football Camp. The Camp will be under the Direction of Varsity Football Coach Remus James.

Mo-Th 8/1-8/4 6:00pm-8:00pm
\$25 CH Football Stadium

*Last day of camp will be the Punt, Pass & Kick competition

SOCCER CAMP

Ages 5-13

Colonial Heights High School Soccer Program and Colonial Heights Recreation & Parks are offering a Youth Soccer Camp June 27-30. The camp is under the direction of CHHS Varsity Soccer coach J.P. McNulty. For beginner or intermediate soccer players looking to improve skills and have fun. *FREE t-shirt to campers registered by 6/17.

Mo-Th 6/27-6/30 10:00am-12:00pm
\$30 Soccer Complex



OKINAWAN KARATE

Children's Class (ages 5-9)

The focus of this class is on respecting others, self control, self discipline, and avoiding confrontation. The Karate techniques that are taught begin with basics such as falling, tumbling, balance, flexibility, agility and coordination. Once a student is proficient in all the basics, they may move up to the next class. Each session is for 8 weeks.

Mo/We 5/2-6/22 5:00pm-5:45pm
Mo/We 7/6-8/24 5:00pm-5:45pm
\$60 Lakeview Elem. Gym

Youth/Teen Class (ages 10-17)

This class moves at a much faster pace. More advanced skills and techniques are taught and it is more physically demanding. Subjects such as pain response, basic anatomy and physiology and balance disruption are taught. Students earn belt ranks as they progress based on skill and proficiency....not time! Each session is for 8 weeks.

Mo/We 5/2-6/22 6:00pm-7:30pm
Mo/We 7/6-8/24 6:00pm-7:30pm
\$80 Lakeview Elem. Gym

ZUMBA

Ages 13+

Zumba is a fusion of Latin and International music. Dance themes are used to create a dynamic, exciting and effective fitness system! It is a mixture of body sculpting movements with easy to follow dance steps. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Mo/We 6/1-6/29 6:00pm-7:00pm
Mo/We 7/6-7/27 6:00pm-7:00pm
Mo/We 8/1-8/31 6:00pm-7:00pm
\$30 Community Center



Lots of FREE Activities!

- Arts & Crafts
- Storytime
- Seed Planting
- Math at the Market
- Face Painting



— AT THE —
FARMERS'
MARKET
WITH KIDS



Dunlop
House

Dunlop House
235 Dunlop Farms Blvd
3pm—8pm
Tuesday, June 7th

BELLY DANCING

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthen your core and your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome.

Th	6/2-6/23	6:00pm-7:00pm
Th	7/7-7/28	6:00pm-7:00pm
Th	8/4-8/25	6:00pm-7:00pm
\$30	Community Center	

CPR & AED: FOR THE COMMUNITY & WORKPLACE

Ages 16+

This course teaches the basic techniques of CPR and the use an AED. The course teaches how to recognize the signs of four major emergencies – heart attack, stroke, cardiac arrest, and foreign-body airway obstruction. *Health restrictions apply: if you have any of the following health issues you will be unable to participate in this class - breathing problems, heart condition or back problems. Price includes all needed materials.

Sa	5/21	8:30am-12:30pm
\$30	Community Center	

BASIC FIRST AID COURSE

Ages 16+

This course teaches lay responders the knowledge and skills necessary to give care in an emergency; help sustain life and minimize the consequences of injury or sudden illness until medical help arrives. *Health restrictions apply: if you have any of the following health issues you will be unable to participate in this class - breathing problems, heart condition or back problems. Price includes all needed materials.

Sa	5/21	1:00pm-5:00pm
\$30	Community Center	



These courses are provided by the Colonial Heights Recreation Department in conjunction with the Colonial Heights Fire & EMS Department. For questions, contact the Recreation Dept. at 520-9390. Register for both classes and receive a \$10 discount.

SUMMER PLAYGROUND PROGRAM

Ages 6-12 (As of 7/1/16)

The Summer Playground Program is a supervised day camp. Campers can enjoy games, crafts, active play, trips, and special guest activities. All campers must be registered for this program and must be residents of Colonial Heights. Program participants can come every day, can come once a week or once during the whole program. All youth who have completed Kindergarten are eligible for camp enrollment. Registration and activity calendars are available April 1, 2016. Camp registration fee includes camp t-shirt & wristband. Weekly trip costs vary and campers pick, choose and pay for the activities they will attend.

Mo-Th	6/27-8/5	8:00am-5:30pm
\$32 to register child for camp		

Locations (60 max at each site)
Lakeview Elem. School
North Elem. School

Playground Parent Orientations

All parents who attend will receive \$15 off the cost of their Summer Playground Program Camp Registration.

Tu	5/10	3:30pm-4:30pm
Th	5/26	4:00pm-5:00pm
We	6/9	5:30pm-6:30pm
FREE	Community Center	

Visit our website at
www.colonialheightsva.gov/recandparks
to view info on our parks & facilities.

TUESDAY TEENS

Rising 6th Graders - Age 17

Teens will enjoy a trip each Tuesday. Registration forms are available at the Colonial Heights Recreation Department located at Shepherd Stadium. Resident activity fees must be paid by the Friday prior to the Tuesday Activity. Lunch money is required for all Amusement Park trips. Trips leave from the Community Center at 157 Roanoke Avenue.

Dates/Cost:			
Tu	6/28	Movie	\$15
Tu	7/5	Busch Gardens	\$80
Tu	7/12	Skateland	\$10
Tu	7/19	Kings Dominion	\$40
Tu	7/26	Water Country USA	\$60
Tu	8/2	Movie	\$15

SUMMER TOTS PROGRAM

Ages 3-5 (As of 7/1/16)

The Summer Tots Program is an interactive classroom experience. This program engages youth through the use of educational activities, crafts, sing-a-longs, circle time, special guests and trips. All enrolled youth must be fully potty-trained to attend. Participants parents are encouraged to drop-off their child(ren) during program hours to allow participants to get used to a classroom setting. This program has a maximum of 20 participants and observes a 1:7 ratio of staff to children.

Mo-Th	6/27-8/5	8:30am-11:30am
Fr	6/27-8/5	10:30am-12:30pm
Tussing Elem. School		

Fees:
All weeks \$100
Per week \$20
Non-residents may enroll, as space permits, starting 6/15/16. \$175 for all weeks, \$35 per week.



Tuesday: August 16, 2016

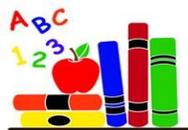
Location: Colonial Heights Soccer Complex

Time: 6:00-8:00pm

Colonial Heights Residents Only!

Rain Date: 8/23/16

Pre-register at www.colonialheightsva.gov



ANIMAL DRAWING BY YOUNG REMBRANDTS

Ages 6-10

An exciting workshop for artists that love animals and art! This animal adventure will take us to different continents and habitats from all over the globe. Using various drawing tools, artists will learn tips and techniques to bring each creature to life. We will even spend some time learning to create animals using cartoon skills. From fur, to scales, to feathers and more this workshop is sure to excite the animal enthusiast.

Mo-Fr 8/1-8/5 1:30pm-4:30pm
\$125 Community Center

ART OF ANCIENT EGYPT BY YOUNG REMBRANDTS

Ages 6-10

Hop on your camel, pack your sunscreen and prepare yourself for a wild and mysterious trip through Egypt! We will learn about the Egyptian period, people, cultures, and treasures. We will investigate decorative objects found in treasured tombs including sarcophagi, hieroglyphics and more. We will learn drawing techniques and styles to create masterpieces full of artifacts and Egyptian imagery. This program is both educational and artistic.

Mo-Fr 8/8-8/12 1:30pm-4:30pm
\$125 Community Center

THE ART OF NICHOLAS HANKINS

Ages 18+

Join us for this painting seminar. You will learn to paint compositions to include: Golden Rays of Sunlight (July 28), Elevation (July 29), Backyard Blooms (July 30) and Ponce Inlet (July 31). Visit www.nichankins.com to see the compositions. Use of brushes, as well as Martin F./Weber oils and canvas are included. Please bring a roll of paper towels and your favorite table easel! For more information and registration, contact Beckie Childers at (804)520-9220 or e-mail :

childersb@colonialheightsva.gov

Registration deadline is May 20, 2016!

Mo-Fr 8/8-8/12 1:30pm-4:30pm
\$92/day Community Center

*A \$50 deposit is due at the time of registration to guarantee your spot in the class.

Trips

WHITE WATER RAFTING

Ages 6+; children under 18 must have paid adult on trip

We'll explore the section of the James River between Pony Pasture Rapids and Reedy Creek as we get the opportunity to see Bald Eagles, Great Blue Herons, Egrets, Osprey, Turtles and other wildlife friends. We'll also enjoy snacks and drinks on one of the many river islands and take frequent swimming breaks to cool off. We will be on the water for approximately 2-3 hours. For more information please contact us at 520-9220.

We 7/20 1:00pm-6:00pm
\$65 Community Center

TANGIER ISLAND

All ages; children under 18 must have paid adult on trip

In 1608 Capt. John Smith sailed up the Chesapeake Bay and landed at a small island he named Tangier. For many years Tangier was the hunting and fishing grounds of the Pocomoke Indians. We will depart from The Senior Center at 6:30 a.m., make one stop in West Point, Virginia at McDonalds for breakfast (on your own), and arrive in Buzzards Point Marina at 9:30 a.m. We will board our cruise, for a fun filled day on the Chesapeake Bay. Lunch will be a family style seafood dinner at the famous Chesapeake House. For more information please contact us at 520-9220.

Fr 9/16 6:30am-5:00pm
\$55 Leave from Community Center



Colonial Height Senior Citizens Center

Present a Fabulous

Holiday Festival of Lights in Historic Charleston

Your 3 Day/2 Night Package Includes:

2 Nights' Hotel Accommodations

2 Breakfasts at your Hotel and 2 Wonderful Dinners to Include:

Dinner at *The Charleston Crab House* on Beautiful James Island

James Island Holiday Festival of Lights

One of the most spectacular holiday lights show in the country, James Island County Park lights up over 2 million lights to provide you with an enchanting 3-mile driving tour. In addition to the driving tour there is marshmallow roasts, dazzling gift shops, gingerbread houses, holiday sand sculpture, life size greeting card display, and more.

Guided Tour of Historic Charleston Decorated for the Holidays

Experience American History at its best in "The Most Charming City". See where the Civil War began, wander through the Historic District and see the gardens and antebellum homes of a bygone Era.

Tour of Nathaniel Russell House

The graceful interior and a magnificent free-flying staircase, along with a dining room table laded with sugared fruits cakes and sweetmeats-popular fare of the early 1800s, are laid out to greet you!

Standard Taxes, Meal Gratuities & Baggage Handling

Deluxe Motor Coach Transportation

For Information and/or Reservations, Please Contact:

Beckie Childers or Elizabeth Thomas @ 804-520-9220

Date of Trip: November 14 - November 16, 2016

Price: \$349.00 Per Person – Double Occupancy

Deposit of \$50 per person due upon reservation. Final payment due September 29, 2016



Teen Center

TEEN CENTER

The Teen Center is located inside the Community Center at 157 Roanoke Ave. Participants must be City of Colonial Heights residents and eligible for enrollment at Colonial Heights Middle School or Colonial Heights High School. Admission to the Teen Center is FREE. Participants may bring a guest, but there is a \$5 charge for all guests.

The Teen Center features an Xbox 360, PlayStation 3 and PlayStation 4, Wii, 3 big screen TVs, computers, arcade basketball and foosball. Contact the Teen Center at 524-8717 for more information.

Hours of Operation

Monday - Friday 3:00pm-8:00pm
Saturday 1:00pm-8:00pm

TEEN CENTER TEST DRIVE

Ages: Rising 6th Graders

Come check out the Teen Center before you enter Middle School. Teens will get to play video games, dodgeball, and basketball with rising 6th graders.

Sa 6/4 3:00pm-5:00pm
FREE Community Center

Senior Center

SENIOR CENTER

The Senior Citizen Center is adjacent to the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:30 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted.

SENIOR TRANSPORTATION

The Colonial Heights Senior Center offers curb-to-curb transportation service to all City residents that are sixty (60) years of age and older. This is a fee free service with a \$1.00 city suggested donation each way.

Transportation is available throughout the Colonial Heights for all medical, business and personal appointments, and to Hopewell, Petersburg, and the "Puddledock Area" for medical purposes only.

Transportation Office Hours are 8:00am to 4:00pm Monday through Friday, except City Holidays. Vans are equipped with a Hydraulic Wheelchair lift as well as safety strapping for all types of mobility chairs. For More Information please contact Elizabeth Thomas at 804-520-9219.

ACTIVITIES & FITNESS

Monday

8:30am Muscles in Motion
9:30am Tai Chi
9:30am Bowling (*League Fee*)
10:00am Strength & Stretch
1:30pm Bunco
3:00pm Computer Class (*sign up*)
4:00pm Beginners Sewing (*\$12*)

Tuesday

9:00am Yoga
9:30am BP Screening (*3rd Tue*)
10:00am Sit & Let's Get Fit
11:00am Sit & Let's Get Fit
12:30pm Duplicate Bridge
1:00pm Bingo
1:00pm Water Aerobics (*SYC - \$2*)
2:00-8:00pm Quilts for Vets (*Last Tue*)
3:00pm Quilt & Sew (*2nd & 3rd Tues*)
6:00pm Quilting

Wednesday

8:30am Muscles in Motion
10:00am Strength & Stretch
10:00am Crochet & Knitting Group
11:00am Line Dancing
11:30am Walking Club (*Roslyn Trail*)
1:00pm Party Bridge
2:00pm Painter's Group

Thursday

9:00am Yoga
10:00am Sit & Let's Get Fit
10:00am Sing-A-Long
11:00am Sit & Let's Get Fit
12:00pm Zumba Gold (*\$5*)
12:45pm BP Screening (*1st Thur*)
1:15pm Senior Citizens Club Mtg.
1:00pm TRIAD (*3rd Thurs*)
2:00pm Watercolor

Friday

8:30am Muscles in Motion
10:00am Strength & Stretch
11:00am Sit & Let's Get Fit
1:00pm Computer Class (*sign up*)
2:00pm Computer Class (*sign up*)
7:00pm Senior Dance (*2nd Fri - \$6*)

Saturday

1:00-4:00pm Coupon Workshop (*1st Sat-\$10*)

SENIOR CITIZEN CLUB

The Senior Citizen Club was organized in 1968 and is sponsored by the Department of Recreation and Parks. It is open to Senior Citizens 50 years of age and older who are City Residents. The Club meets at 1:15 pm on the first three Thursdays of the month at the Community Center and on the fourth Thursday of the month at Golden Corral Restaurant. For information on being part of this Club contact the Senior Center at 520-9220.



HOLLYWOOD
Casino
AT CHARLES TOWN RACES

Monday October 10, 2016
\$ 48 .00 per person
(\$20.00 FREE Slot Play)

depart 7:00 am return approx. 9:30 pm
WILL DEPART FROM THE CORNER OF ROANOKE AND MERIDIAN AVE
motorcoach transportation
Breakfast stop at Hardee on the way (on your own)
Minimum of 40 required

CALL TODAY FOR MORE INFORMATION 520-9220 OR 520-9390

Summer Reading Program

The Colonial Heights Public Library will be offering its annual summer reading program for youth of all ages. This year's theme is "Read for the Win" and will take place from June 27 – August 10, with several events occurring each week. Highlights include a 6 p.m. kick-off with refreshments, pony rides, and a petting zoo; STEM programming by *Mad Science* and *Bricks 4 Kidz*; wildlife programs, theatre performances, and a magician.

Youth through high school age may register for the online reading program and earn points and virtual badges by reading, attending library events, and visiting local museums or participating in various learning activities. Qualify for free books, weekly prizes, and several grand prizes to reward yourself for your efforts with summer reading and learning.

A detailed calendar of all events will be available on the children's page of the library's website beginning in June.

Through the generosity of the Library of Virginia and the Institute of Museum and Library Services, the Colonial Heights Public Library will be offering nature backpacks for families to check out. The backpacks include free admission and parking at any Virginia State Park, along with nature guides and other goodies.



Upcoming Election

Next Election:

Tuesday, June 14, 2016

Democratic and Republican Primaries for U.S. House of Representatives, 4th District

Polls open 6:00 am and close at 7:00 pm

Official candidates on the June ballot for Colonial Heights:

DEMOCRATIC PARTY PRIMARY Candidates:

U.S. House of Representatives 4th District:

A. Donald McEachin

Ella P. Ward



REPUBLICAN PARTY PRIMARY Candidates:

U.S. House of Representatives 4th District:

Michael L. "Mike" Wade

Jackee K. Gonzalez

Last day to register to vote in the June Primary elections is May 23, 2016.

Deadline to apply for absentee ballot by mail is June 7, 2016 and to apply in person is June 11, 2016.

To check your registration status, please go to www.elections.virginia.gov or call the Registrar's office at 804-520-9277.

When voting in a dual party primary, you must state which party primary you wish to participate in.

A photo ID will be required before you may vote. Please note the following are acceptable at the polls: a valid Virginia driver's license, a valid U.S. passport, any other valid photo ID issued by the United States, Virginia or one of its political subdivisions, a valid student photo ID issued by an institution of higher education in the Commonwealth, or a valid employee photo identification card. If you have no acceptable form of photo ID as mentioned above, an ID may be obtained at the Registrar's office, Monday through Friday, 8:30am to 5:00pm.

Please check with the City's website www.colonialheightsva.gov, under Registrar, for voting information.



DANGER ON THE ROAD

Have you ever been working and a vehicle blows by you at a speed of 70 mph? Probably not, but our emergency responders encounter this every day when they respond to accidents on our roadways. Our biggest concern is our safety from on-coming traffic. This why we have emergency lights, reflective traffic vests, and use fire apparatus to block the lane of travel. We are not hindering your travel to inconvenience you; we do it for our safety. Even with all of our safety precautions and equipment we still have drivers who come through our incident scenes endangering our emergency responders. That is why Virginia has the "Move Over Law."



Section 46.2-921.1 of the Code of Virginia states: Drivers to yield right-of-way or reduce speed when approaching stationary emergency vehicles on highways; penalties.

- A. The driver of any motor vehicle, upon approaching a stationary vehicle that is displaying a flashing, blinking, or alternating blue, red, or amber light or lights as provided in § 46.2-1022, 46.2-1023, or 46.2-1024 or subdivision A 1 or A 2 of § 46.2-1025 shall (i) on a highway having at least four lanes, at least two of which are intended for traffic proceeding as the approaching vehicle, proceed with caution and, if reasonable, with due regard for safety and traffic conditions, yield the right-of-way by making a lane change into a lane not adjacent to the stationary vehicle or (ii) if changing lanes would be unreasonable or unsafe, proceed with due caution and maintain a safe speed for highway conditions.
- B. A violation of any provision of this section shall be punishable as a traffic infraction, except that a second or subsequent violation of any provision of this section, when such violation involved a vehicle with flashing, blinking, or alternating blue or red lights, shall be punishable as a Class 1 misdemeanor.
- C. If the violation resulted in damage to property of another person, the court may, in addition, order the suspension of the driver's privilege to operate a motor vehicle for not more than one year. If the violation resulted in injury to another person, the court may, in addition to any other penalty imposed, order the suspension of the driver's privilege to operate a motor vehicle for not more than two years. If the violation resulted in the death of another person, the court may, in addition to any other penalty imposed, order the suspension of the driver's privilege to operate a motor vehicle for two years.
- D. The provisions of this section shall not apply in highway work zones as defined in § 46.2-878.1.

The City has experienced numerous accidents caused by drivers who did not move over. Luckily, there have been no injuries as a result of these drivers, however; the potential is there. When one firefighter, medic, or police officer is struck by a careless driver it causes the City thousands of tax payer dollars in workman's comp, overtime, and loss work. You are the only one that can prevent this by "*moving over.*"

Photo of a Dinwiddie Fire Apparatus and Sheriff's Deputy vehicle struck recently on I-85



Update on the I-95 Temple Avenue Improvements Project

Soon Colonial Heights residents and visitors will begin seeing trucks entering and exiting the roadway moving dirt as part of the start of construction of the I-95 Temple Avenue Improvements Project. Few traffic impacts are expected as part of this effort. Clearing, grubbing and erosion and settlement work will soon begin under the existing Temple Avenue bridge. In addition, new drainage pipe will be installed along the railroad. This work is out of the way of traffic and should have limited impacts.

Temporary nighttime lane closures can be expected in the coming weeks on Temple Avenue as shoulder strengthening is performed along the westbound side of the roadway. Media alerts will be distributed with any lane closure information, as well as being posted to the project website and email channels. Signage will also be posted in the area. Please pay careful attention when traveling through the area.

In late spring 2016, a new traffic pattern will be introduced on Temple Avenue to allow for work to occur in the median. All four lanes of Temple Avenue will remain open through this time, but there may be temporary nighttime lane closures. Once again, ample signage will be posted in the area, along with notifications from VDOT.

As a reminder, the latest project updates and impacts will be posted to the Project website at www.95templeimprovements.org. If you have questions about the Project, please submit them to richmondinfo@vdot.virginia.gov.

Keep up-to-date on the progress of the roundabout by visiting VDOT's project website at http://www.virginia.gov/projects/richmond/i-95_temple_ave.asp



HOUSE NUMBERING Code Requirement & Key to Public Safety

It is very important - and a code requirement - that all property owners display the address number of their residence or commercial building.

Why is the proper display of address numbers so important? Whenever you need emergency assistance, mail to be delivered, or to receive any other form of formal notification, the individuals providing this service need to be able to visible find and confirm the location the service is to be rendered.



Also, the City Code, Virginia Uniform Statewide Building Code, and the Fire Prevention Code require the placement of approved address numbers to be in a position that is plainly

visible from the street or road fronting the property.

In accordance with city cde, the address numbers shall be Arabic numbers or alphabetic letters and they shall be a minimum of four (4) inches high with a minimum stroke width of 0.5 inch. As the owner of property in the City, you are responsible to maintain these address numbers.

Please make sure your property is properly addressed so that you can receive all the services rendered to you. If you have any questions, please contact the Department of Planning and Community Development at (804) 520-9297.

THE CITY FOCUS

City of Colonial Heights
Office of the City Manager
Post Office Box 3401
Colonial Heights, Virginia 23834-9001
www.colonialheightsva.gov

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