

# The City Focus

Official Newsletter for the City of Colonial Heights



Spring 2016



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The City Focus is produced quarterly and mailed to each household in Colonial Heights.

REC-happenings, the Recreation & Parks Department program listing, begins on Page 6 of the City Focus.



## City of Colonial Heights Council Members



**T. Gregory Kochuba**  
Mayor  
kochubag@colonialheightsva.gov

**Diane Yates**  
Vice-Mayor  
yatesd@colonialheightsva.gov



**Kenneth B. Frierier**  
Councilman  
frierierk@colonialheightsva.gov



**W. Joe Green, Jr.**  
Councilman  
greenj@colonialheightsva.gov



**John E. Piotrowski**  
Councilman  
piotrowskij@colonialheightsva.gov



**John T. Wood**  
Councilman  
woodj@colonialheightsva.gov



**Pamela Wallace**  
City Clerk of Council  
wallacep@colonialheightsva.gov  
(804)520-9360

### Contact the City Manager



**Thomas L. Mattis**  
City Manager  
City Hall  
201 James Avenue  
mattist@colonialheightsva.gov  
(804)520-9265



## COUNCIL COLUMN

I'd like to thank the citizens of Colonial Heights for electing me in the recent special election held in November, 2015. It will be my honor to serve you and I invite you to contact me if you have any questions or suggestions about our city! I previously served on City Council from 2000 to 2012. A few things have changed in the past three years, but Colonial Heights is still the place I am proud to call home!

One of the biggest changes that happened since I left in 2012 was selling the old courthouse land to Kroger. One project that Council is very excited about is the upgrading of our Animal Shelter. Colonial Heights has some amazingly generous patrons, and someone has anonymously donated \$100,000 toward the upgrading of our Animal Shelter. The SPCA donated an additional \$25,000. The administration and City Council determined that the project would benefit by adding approximately \$100,000 to that donation! Those funds will come from the proceeds from the sale of land to Kroger.

The current animal shelter has been in service since 1979. In 1995 some additional dog runs were added, but other than that there have been no structural improvements to the building. The shelter averages 350 visitors per month and in 2015 there were 570 animals placed in the shelter for care. During an average month, the animal shelter provides services for 14 dogs and 23 cats.

The proposed new construction would include a new supply room, ten additional dog runs, having the floor sealed, a fuse box upgrade, a new roof, new linoleum flooring in office areas, new windows, as well as many other needed upgrades to the building. A new asphalt entrance road and parking area will improve the appearance, access and conditions of the facility!

Another exciting project is a proposed improvement to Violet Bank. City Council is hoping to match the donations solicited by the historical commission (up to \$100,000.00) to enhance that historic landmark! Positive projects and people like these make me proud to serve the citizens of Colonial Heights.

Elizabeth G. Luck, Councilwoman

[lucke@colonialheightsva.gov](mailto:lucke@colonialheightsva.gov)



The Human Resources Department now has a Facebook Page. Like us to learn about job opportunities, events and special announcements.  
[www.facebook.com/colonialheightshr](http://www.facebook.com/colonialheightshr)





## Dates of Interest

<b>Mar</b> 1	<b>Planning Commission</b> 7:00 pm - Council Chambers
<b>Mar</b> 8	<b>City Council Regular Meeting</b> 7:00 pm - Council Chambers *Presentation of Proposed 5-Year Capital Program
<b>Mar</b> 15	<b>City Council Special Meeting</b> 6:00 pm - Council Chambers
<b>Mar</b> 25	<b>City Holiday - Good Friday</b>
<b>Apr</b> 5	<b>Planning Commission</b> 7:00 pm - Council Chambers
<b>Apr</b> 12	<b>City Council Regular Meeting</b> 7:00 pm - Council Chambers *Public Hearing on 5-Year Capital Program *Presentation of the FY16-17 Annual Operating Budget
<b>Apr</b> 19	<b>City Council Special Meeting</b> 6:00 pm - Council Chambers
<b>Apr</b> 26	<b>City Council Special Meeting</b> 6:00 pm - Council Chambers *Public Hearing on the FY16-17 Annual Operating Budget
<b>May</b> 3	<b>Planning Commission</b> 7:00 pm - Council Chambers
<b>May</b> 10	<b>City Council Regular Meeting</b> 7:00 pm - Council Chambers
<b>May</b> 17	<b>City Council Special Meeting</b> 6:00 pm - Council Chambers
<b>May</b> 30	<b>City Holiday - Memorial Day</b>

## On the Cover...

This photo was taken at the City's Annual Fort Clifton Festival and is courtesy of John A. Rooney, Jr.

The Fort Clifton Festival began in May of 1976 as part of the Bicentennial celebration and has become an annual event, held on Mother's Day weekend.

For more information on the Fort Clifton Festival, please see page 11 or visit the City's website.

## Want to Learn More About How the City Operates?

### Apply Now for the Citizens Government Academy

The Citizens Government Academy, a free 8-week program, provides residents with an opportunity to learn more about the operations and services of their City government. Each week, program participants visit different departments to meet the director or elected official and learn about specific departmental operations through hands-on activities, demonstrations, group discussions and site tours.

Academy programs are held during the spring and fall on Thursday evenings from 6:00 p.m. to 8:00 p.m. at various facilities throughout the City. Applicants must be 18 years-of-age or older, a resident of the City of Colonial Heights, attend at least 7 out of 8 sessions and participate in the graduation ceremony. Class size is limited.

Our spring Citizens Government Academy will begin March 31, 2016. If you are interested in being considered for the spring program, an application must be submitted to the Human Resources Department **by March 4, 2016**. Applications are available at [www.colonialheightsva.gov](http://www.colonialheightsva.gov) or by contacting the Human Resources Department at [carpenterj@colonialheightsva.gov](mailto:carpenterj@colonialheightsva.gov) or (804) 524-8749.



#### Fall 2015 Graduating Class

L to R standing:

Mayor T. Gregory Kochuba; Jessica Rhodes; Teri Jones; Nan Downey; Blake Lawhorne; Mark Lawhorne; Janet Rigney (not pictured)

### When will construction take place?

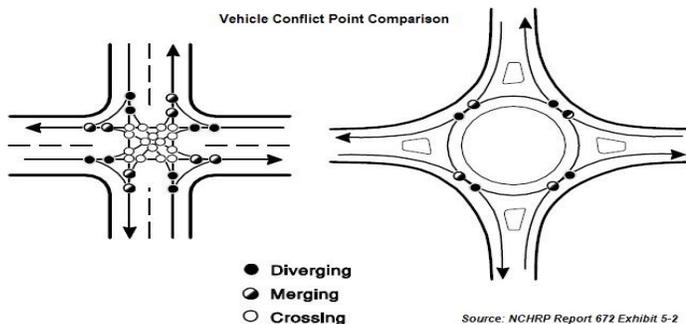
Construction is expected to start in early 2016 and be complete by November 2017.

### What does the project include?

The project construction will replace the current signalized intersection with a roundabout, build two bypass lanes at the intersection, realign the ramps to and from I-95 and remove the merge of the I-95 off ramps for improved safety and traffic flow.

### What is a roundabout?

A roundabout is a circular intersection that allows traffic to move continuously counterclockwise without the use of a traffic signal. Traffic approaches the intersection by yielding to traffic already within the roundabout, but does not require a stopping, which improves traffic flow. The roundabout also allows for far fewer conflict points than today's intersection, which will drastically reduce the severity of crashes.



### Why was a roundabout design chosen?

As a congested intersection prone to vehicular crashes and a growing traffic volume count, the intersection no longer provides an acceptable level of service to drivers. To address the traffic flow issues and crash rates, VDOT studied nine alternatives for possible improvements. Several improvements involved the reconfiguration and/or elimination of existing ramps, but no other designs offered the comprehensive solutions needed at the intersection that the roundabout provides.

### How will people learn how to navigate the new roundabout?

Drivers will be guided through the new traffic configuration by pavement markings and signage. During the first few months after construction is complete, additional transitional signage will be installed to help guide drivers through. Before construction is complete, VDOT and the design-build team will hold educational sessions with key stakeholders and other groups to familiarize the community with the new design. Online resources are also being made available.

### Are there any similar roundabout designs in Virginia?

Several similarly sized roundabouts are in place along busy corridors in Virginia, such as Route 50 in Loudoun and Fauquier counties as well as the I-81 interchange with Route 220 in Botetourt County.

# I-95 Temple Avenue Interchange Improvements City of Colonial Heights Frequently asked questions



## Project Milestones

- 2009-2011 - Project partners studied 9 potential interchange improvement options, which focused on how each best solved existing issues of high crash rates and congestion.
- 2011 - Worked with City of Colonial Heights to identify best solution. Colonial Heights City Council voted to move forward with a roundabout configuration in Dec. 2011.
- 2013 - Public hearing for input.
- 2014 - Prepared project for advertisement.
- Feb. 2015 - Signed on design-build team to design and construct new configuration.
- January-spring 2016—Construction begins.

## How is a roundabout different from a traffic circle?

Modern roundabouts offer the opportunity for drivers to choose their lanes as they approach the intersection, which reduces points of conflict. Roundabout traffic yields to oncoming traffic, instead of stopping, which offers a smoother traffic flow at reduced speeds. Roundabout traffic moves at reduced speeds, which also facilitates fewer and less severe crashes.

## Would a diverging diamond interchange have worked in this location?

A diverging diamond interchange requires an entire interchange modification on all four interchange quadrants, which does not fit the current interchange configuration. It would require exorbitant property acquisition and environmental invasion and would not offer the same reduction in conflict points, as traffic signals would remain in place.

## How will traffic move through this area during construction?

At least one through lane of travel will remain available to traffic during construction. Traffic will be heavy, especially during peak travel times. Drivers may want to budget extra time into commutes or use an alternate route.

## How can I learn more?

Please contact the project manager, Harold Dyson, P.E. at [Harold.Dyson@vdot.virginia.gov](mailto:Harold.Dyson@vdot.virginia.gov) or the VDOT Communications office at [richmondinfo@vdot.virginia.gov](mailto:richmondinfo@vdot.virginia.gov). Submit written inquiries or comments to VDOT Richmond District, Harold Dyson, 2430 Pine Forest Drive, Colonial Heights, VA 23834. The project team plans a robust outreach and communications plan to inform the public about the project construction plans and educate those interested about roundabout traffic configurations. Contact the VDOT Communications office at [richmondinfo@vdot.virginia.gov](mailto:richmondinfo@vdot.virginia.gov) or (804) 524-6179 to request informational presentations for your group.

# COLONIAL HEIGHTS RECREATION AND PARKS DEPARTMENT

Office Hours: Monday - Friday 8:00am - 5:00pm

P.O. Box 3401 / 901 Meridian Avenue

Colonial Heights, VA 23834

[www.colonialheightsva.gov/recandparks](http://www.colonialheightsva.gov/recandparks)

Recreation and Parks Office	(804)520-9390
Recreation and Parks Fax	(804)520-9203
Senior Activities & Classes	(804)520-9220
Senior Transportation	(804)520-9219
Teen Center	(804)524-8717
Weather Cancellation Line	(804)524-8788
Violet Bank Museum	(804)520-9395



## REGISTER BY MAIL

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks  
P.O. Box 3401  
Colonial Heights, VA 23834

## REGISTER IN PERSON

To register in-person, please visit our office, Monday - Friday 8:00am-5:00pm:

Recreation and Parks Office  
Shepherd Stadium  
901 Meridian Avenue  
Colonial Heights, VA 23834

## REGISTER OVER THE PHONE

Call the office at (804)520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation office before the first class.

## REGISTER ONLINE

To register online, please visit us online at [www.colonialheightsva.gov/recandparks](http://www.colonialheightsva.gov/recandparks) and click the register online link.



## AFTER HOURS DROPBOX

We have a Drop Box for after hours collection of registrations, payments and uniforms; located in front of the Community Center at 157 Roanoke Ave.

## PAYMENT OPTIONS

The City accepts Cash, Check, money order and major Credit Cards. Discover card not accepted at this time. Please make checks payable to: "City of Colonial Heights". \$35 fee may apply for returned checks

## CONNECT WITH US...



## YOUTH BASEBALL/ SOFTBALL REGISTRATION

Ages: Boys 4-18 (as of 4/30/16)  
Girls 4-15 (as of 1/1/16)

Registration for 2016 youth baseball and softball leagues will begin on February 1st, 2016. We will have extended office hours on Saturday February 6th from 9am-12pm at Shepherd Stadium. The deadline to register is March 5th. To register you must be a City of Colonial Heights resident. Practices begin mid-March. Practice times will vary depending on the amount of teams in each league.

Fee: \$20 until March 5th; \$30 after March 5th and as space permits, children registered after March 5th may be placed on a waiting list.

### Coed:

Rookie League (Instructional) ages 4-5  
Coach Pitch (Instructional) ages 6-8

### Boys:

AAA League ages 9-10  
Major League ages 11-12  
National League ages 13-15  
Big League ages 16-18

### Girls:

Angels ages 9-10  
Darlings ages 11-12  
Belles ages 13-15

## ADULT SOFTBALL LEAGUE

Ages 16+

Registration is currently being accepted for the Men's Open Leagues & Church Leagues for the 2016 Spring/Summer Adult Softball Leagues. Registration Deadline for the Spring/Summer season will be Friday, March 11, 2016.

Fee: \$600 (One check payable to City of Colonial Heights)

### Primary Game Nights:

Church Divisions – Tue & Thur nights

Men's Division – Mon, Wed & Thur nights

Game nights are subject to change based on the number of teams registered. Teams must be available to play any weeknight. Teams must supply game balls. Balls must be USSSA Classic M or USSSA Classic M Plus.

## YOUTH TRACK & FIELD

Ages 7-14

Colonial Heights Recreation Department and Colonial Heights High School Track Team are offering a Track & Field Program. The program is designed to allow youth the opportunity to learn track & field events as well as practice the skills needed to become a successful track athlete.

Mo/We 3/14-4/25 5:30pm-6:30pm  
\$20 CH Football Stadium

There will be a local Track meet at the end of the season with the top finishers advancing to a District Track meet in Caroline.

### Local Track Meet :

We 4/27 5:30pm  
FREE CH Football Stadium Track

## YOUTH GOLF LESSONS - STICKS FOR KIDS

Ages 7-17



Colonial Heights Recreation and The First Tee of Chesterfield are partnering together with the Sticks 4 Kids program to offer golf lessons to youth in the area. Participating youth will learn: safety, etiquette, rules of the game and planning that comprises the Sticks 4 Kids and The First Tee of Chesterfield philosophies. Instructors are certified professionals and affiliated with The First Tee of Chesterfield. Participants must dress in appropriate golf clothing ( polo type shirt and khakis) and must wear golf shoes ( soft spikes only ) or tennis shoes. \*\*\* Transportation is not included or provided. Participants needing golf clubs may pick them up the Tuesday before class and may keep them until 1 month after classes have ended. Choose which day works best for you.

Tu	4/5-5/24	5:30pm-6:30pm
We	4/6-5/25	5:45pm-6:45pm
Th	4/7-5/26	5:15pm-6:15pm
Sa	4/9-6/4	9:30am-10:30am
\$28	First Tee of Chesterfield	
	6736 Hunting Creek Drive	
	Richmond, VA 23237	

## TENNIS LESSONS

Ages 6-Adult

The Colonial Heights Recreation Department will again be offering Summer Tennis Lessons. Lessons will be under the Direction of longtime Tennis Instructor Anthony Davis.

**Ages 6-10 \$45**  
Mo/We 6/27-8/3 6:10pm-7:10pm  
Tu/Th 6/28-8/4 6:10pm-7:10pm  
CHHS Courts

**Ages 11-Adult \$50**  
Mo/We 6/27-8/3 7:15pm-8:30pm  
Tu/Th 6/28-8/4 7:15pm-8:30pm  
CHHS Courts

## GIRLS BASKETBALL CAMP

Rising 5th graders-12th graders

The Colonial Heights High School Girls Basketball Program will be Co-Sponsoring their Annual Summer Girls Basketball Camp. The Camp will be under the direction of Colonial Heights High School Girls Basketball Coach Chris Martin.

Mo-Th 7/25-7/28 9:00am-12:00pm  
\$25 CHHS Gym

## CHEERLEADING CAMP

Ages 5-12

The Colonial Heights High School Cheerleaders and Colonial Heights Recreation Department will again be co-sponsoring a Youth Cheerleading Camp. The Camp will be under the Direction of Colonial Heights Varsity Cheer Coach Mary Vaughn, Colonial Heights Varsity Cheerleaders and Colonial Heights Recreation Cheer Staff.

Mo-Th 7/25-7/28 6:00pm-7:00pm  
\$25 CH Football Stadium

## FIELD HOCKEY CLINIC

Ages 6-17

The Colonial Heights HS Field Hockey Program and Colonial Heights Recreation Department will again Co-Sponsor a Summer Field Hockey Clinic. The Clinic will be under the Direction of Colonial Heights Varsity Girls Field Hockey Coach Dan Pulskamp and Assistant Coach Dawn Hillard.

Tu-We 6/21-6/22  
9:00am-12:00 pm No experience  
3:00pm-6:00pm More than 1 yr experience  
\$25 Soccer Complex

## BASKETBALL CAMP

Ages 6-17

The Colonial Heights High School Basketball Program will be again Co-Sponsoring their Annual Summer Youth Basketball Camp. The Camp will be under the direction of Colonial Heights High School Basketball Coach John Thomas.

Mo-Th 7/18-7/21  
9:00am-11:30am 6-11 year olds  
12:00pm-3:00pm 12-17 year olds  
\$40 CHHS Gym

## FOOTBALL CAMP

Ages 6-12

The Colonial Heights High School Football Program and the Colonial Heights Recreation Department will again be Co-Sponsoring a Youth Football Camp. The Camp will be under the Direction of Varsity Football Coach Remus James.

Mo-Th 7/25-7/28 6:00pm-8:00pm  
\$25 CH Football Stadium

\*Last day of camp will be the Punt, Pass & Kick competition

## VOLLEYBALL CAMP

Rising 6th graders-12th graders

The Colonial Heights High School Volleyball Program and Colonial Heights Recreation Department will again be Co-Sponsoring a Summer Volleyball Camp. The Camp will be under the Direction of Head Girls Volleyball Coach Toni Martin.

Mo-Th 7/25-7/28 6:00pm-8:00pm  
\$25 CHHS Gym

## SOCCER CAMP

Ages 5-13

Colonial Heights High School Soccer Program and Colonial Heights Recreation & Parks are offering a Youth Soccer Camp June 27-30. The camp is under the direction of CHHS Varsity Soccer coach J.P. McNulty. For beginner or intermediate soccer players looking to improve skills and have fun. \*FREE t-shirt to campers registered by 6/17.

Mo-Th 6/27-6/30 10:00am-12:00pm  
\$30 Soccer Complex

## DISC GOLF LEAGUE

Ages 16+

Come and enjoy our disc golf course and take part in the Spring Thursday PDGA tag league at White Bank Park. All levels of skill are invited and encouraged to take part.

Th 3/24-5/26 4:30pm  
\$10/tag season renewal White Bank Park  
\$3/weekly tag rental  
\$20/new tag season



## OKINAWAN KARATE

### Children's Class (ages 5-9)

The focus of this class is on respecting others, self control, self discipline, and avoiding confrontation. The Karate techniques that are taught begin with basics such as falling, tumbling, balance, flexibility, agility and coordination. Once a student is proficient in all the basics, they may move up to the next class. Each session is for 8 weeks.

Mo/We 2/29-4/27 5:00pm-5:45pm  
Mo/We 5/2-6/29 5:00pm-5:45pm  
No class 5/30  
\$60 Lakeview Elem. Gym

### Youth/Teen Class (ages 10-17)

Children under the age of 10 may be moved up by the instructor. This class moves at a faster pace and more advanced techniques are taught. New students accepted in January, June and September for this class. Each session is for 8 weeks.

Mo/We 2/29-4/27 6:00pm-7:30pm  
Mo/We 5/2-6/29 6:00pm-7:30pm  
No class 5/30  
\$80 Lakeview Elem. Gym

**AGES 6-12**

**FREE EVENT**

**PP&K**  
PUNT, PASS & KICK

**THURSDAY JULY 28 - 6:00PM**

**CH FOOTBALL STADIUM**

**REGISTRATION ON-SITE BEGINNING AT 5:30PM**

## BELLY DANCING

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthens your core and your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome.

Th	3/3-3/24	6:00pm-7:00pm
Th	4/7-4/28	6:00pm-7:00pm
Th	5/5-5/26	6:00pm-7:00pm
\$30	Community Center	

## ZUMBA

Ages 13+

Zumba is a fusion of Latin and International music. Dance themes are used to create a dynamic, exciting and effective fitness system! It is a mixture of body sculpting movements with easy to follow dance steps. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Mo/We	3/2-3/30	6:00pm-7:00pm
Mo/We	4/4-4/27	6:00pm-7:00pm
Mo/We	5/2-5/25	6:00pm-7:00pm
\$30	North Elem. Gym	



**WHEN SCHOOL IS OUT,  
CAMP IS IN!**

## SPRING BREAK CAMP

Ages K-6th Grade

Spring Break Camp is a supervised day camp. Campers can enjoy games, crafts, active play, and trips. All campers must be registered for this program. Program participants can come every day or choose which days they would like to come. Registration deadline is March 22nd, 2016.

Mo-Fr	3/28-4/1	8:00am-5:30pm
Community Center		

### Fees

Full week	\$90
Mo 3/28	\$15 (Skateland)
Tu 3/29	\$20 (Swaders)
We 3/30	\$20 (MP Bounce/Movies)
Th 3/31	\$20 (Peak Experiences)
Fr 4/1	\$30 (Chuck-E-Cheese /Laser Quest)

## BABYSITTER'S CERTIFICATION COURSE

Ages 11+

An American Red Cross Babysitting Skills Course is being offered to any interested middle/high school students. All participants, who complete the course satisfactorily, will receive an American Red Cross certification card. In order to receive this card, you MUST attend ALL classes and demonstrate certain skills to the instructor. NO TEST IS REQUIRED! The classes are fun, and include many "hands on" activities. Youth will learn about basic care, safe play, first aid, and responsibility. All materials are included in fee.

Sa	4/23	9:00am-4:30pm
\$96	Community Center	

## FEMALE SELF-DEFENSE CLASS

Ages 11+

The objective of this class is to give women and young ladies the tools and confidence to survive in a life-threatening situation. Topics to be covered: awareness; easy, realistic and practical self-defense techniques; body pain response; weapons of opportunity; and gun and knife defense. City of Colonial Heights employees pay only \$20, this includes School staff.

Sa	3/12	10:00am-12:00pm
\$25	Lakeview Elem. Gym	

## YOUNG REMBRANDTS CREATIVE KIDS AFTER SCHOOL DRAWING & CARTOON ADVENTURES

Ages 6-10

Our two most popular programs in one awesome session – drawing and cartooning! You will learn to draw great pictures AND create wild, whacky and super fun cartoons! For the serious artist and those that love to laugh – this is a great program. Open to new and returning artists, you will create a variety of subjects that could include: animals, objects, food, humans, and much more. A great class to cure the cold winter blues.

Mo	4/25-5/23	3:10pm-4:15pm
\$60	North Elem. School	
We	5/4-6/1	3:10pm-4:15pm
\$60	Tussing Elem. School	
Th	5/5-6/2	3:10pm-4:15pm
\$72	Lakeview Elem. School	

## I'M A R.E.C. KID

Ages 6-12

Physical activity provides hours of fun, fitness, endless memories and valuable lessons in teamwork and leadership. But did you know that a variety of other activities are needed to inspire creativity and passion. And it is a combination of these areas that truly provide your child with a thirst for knowledge. Come join our staff and explore various activities such as: art programs, computers, cooking, field trips, indoor/outdoor games, music and much more. Each Saturday will have a new topic to explore. This program meets the 1<sup>st</sup> Saturday of the month, September through June. Parents, you may drop off your child and use this time to run errands and get some needed R&R!

Sa	3/5	9:00am-12:00pm
Sa	4/2	9:00am-12:00pm
Sa	5/7	9:00am-12:00pm
Sa	6/4	9:00am-12:00pm
\$5	Community Center	

## CPR & AED: FOR THE COMMUNITY & WORKPLACE

Ages 16+



This course teaches the basic techniques of CPR and the use of an AED.

The course teaches how to recognize the signs of four major emergencies – heart attack, stroke, cardiac arrest, and foreign-body airway obstruction. \*Health restrictions apply: if you have any of the following health issues you will be unable to participate in this class - breathing problems, heart condition or back problems. Price includes all needed materials.

Sa	5/21	8:30am-12:30pm
\$30	Community Center	

## BASIC FIRST AID COURSE

Ages 16+

This course teaches lay responders the knowledge and skills necessary to give care in an emergency; help sustain life and minimize the consequences of injury or sudden illness until medical help arrives. \*Health restrictions apply: if you have any of the following health issues you will be unable to participate in this class - breathing problems, heart condition or back problems. Price includes all needed materials.

Sa	5/21	1:00pm-5:00pm
\$30	Community Center	

These courses are provided by the Colonial Heights Recreation Department in conjunction with the Colonial Heights Fire & EMS Department. For questions, contact the Recreation Dept. at 520-9390. Register for both classes and receive a \$10 discount.

## SUMMER PLAYGROUND PROGRAM

Ages 6-12 (As of 7/1/16)

The Summer Playground Program is a supervised day camp. Campers can enjoy games, crafts, active play, trips, and special guest activities. All campers must be registered for this program and must be residents of Colonial Heights. Program participants can come every day, can come once a week or once during the whole program. All youth who have completed Kindergarten are eligible for camp enrollment. Registration and activity calendars are available April 1, 2016. Camp registration fee includes camp t-shirt & wristband. Weekly trip costs vary and campers pick, choose and pay for the activities they will attend.

Mo-Th 6/27-8/5 8:00am-5:30pm  
\$32 to register child for camp

Locations (60 max at each site)  
Lakeview Elem. School  
North Elem. School

### Playground Parent Orientations

All parents who attend will receive \$15 off the cost of their Summer Playground Program Camp Registration.

Tu 5/3 3:30pm-4:30pm  
Th 5/26 4:00pm-5:00pm  
We 6/9 5:30pm-6:30pm  
FREE Community Center

## SUMMER TOTS PROGRAM

Ages 3-5 (As of 7/1/16)

The Summer Tots Program is an interactive classroom experience. This program engages youth through the use of educational activities, crafts, sing-a-longs, circle time, special guests and trips. All enrolled youth must be fully potty-trained to attend. Participants parents are encouraged to drop-off their child(ren) during program hours to allow participants to get used to a classroom setting. This program has a maximum of 20 participants and observes a 1:7 ratio of staff to children.

Mo-Th 6/27-8/5 8:30am-11:30am  
Fr 6/27-8/5 10:30am-12:30pm  
Tussing Elem. School

Fees:  
All weeks \$100  
Per week \$20

Non-residents may enroll, as space permits, starting 6/15/16. \$175 for all weeks, \$35 per week.

Visit our website at  
[www.colonialheightsva.gov/recandparks](http://www.colonialheightsva.gov/recandparks)  
to view info on our parks & facilities.

## Trips

### RIVERSIDE THEATER FREDERICKSBURG, VA

For the following performances, we will depart from the Senior Center at 10:00am and return back to the center at approximately 6:30pm on all dates. Price includes transportation on vans, ticket to show, and lunch. Sign up early, limited tickets!

#### MY FAIR LADY

The familiar story of Eliza Doolittle, a Covent Garden flower peddler who agrees to take speech lessons from self-absorbed phonetician Henry Higgins in order to fulfill her life's dream of working in a flower shop. However, Eliza succeeds so well that she outgrows her lowly social status and, at the same time, manages to become a truly indispensable part of Higgins' bachelor life.

We 4/13 10:00am-6:30pm \$60

#### THE MUSIC OF ANDREW WEBBER

Thrill to the signature songs from the most acclaimed musical theatre composer of the past five decades, with excerpts from Phantom of the Opera, Evita, Joseph and the Amazing Technicolor Dreamcoat, Starlight Express, Jesus Christ Superstar, Cats, Sunset Boulevard, Aspects of Love, and Requiem, delivered by a select ensemble of superb singer-dancers and award-winning actors.

We 5/18 10:00am-6:30pm \$60

## Teen Center

### TEEN CENTER

The Teen Center is located inside the Community Center at 157 Roanoke Ave. Participants must be City of Colonial Heights residents and eligible for enrollment at Colonial Heights Middle School or Colonial Heights High School. Admission to the Teen Center is FREE. Participants may bring a guest, but there is a \$5 charge for all guests.

The Teen Center features an Xbox 360, PlayStation 3 and PlayStation 4, Wii, 3 big screen TVs, computers, arcade basketball and foosball. Contact the Teen Center at 524-8717 for more information.

#### Hours of Operation

Monday - Friday 3:00pm-8:00pm  
Saturday 1:00pm-8:00pm  
Sunday Closed

### COUNSELORS IN TRAINING

Ages 14-17

CIT's will learn about responsibility, teamwork, safety, customer service, crafts, games, and job readiness skills. All teens who complete the training program will receive additional volunteer hours working in our Summer Youth programs. Applications are available on our website and at Shepherd Stadium, applications are due April 1, 2016.

Sa 6/4 9:00am-5:00pm  
FREE Community Center

Tuesday, June 7th

— AT THE —  
FARMERS'  
MARKET  
WITH KIDS

Lots of FREE Activities!

Arts & Crafts  
Storytime  
Seed Planting  
Math at the Market  
Face Painting



Dunlop House

Dunlop House  
1234 Main Street  
3pm-8pm  
Tuesday, June 7th



## 2016 PETE'S PLACE

### SCHOLARSHIP

In memory of Francis P. "Pete" Coleman, the Colonial Heights Teen Center will present an individual with a \$100.00 scholarship. This scholarship will be awarded in the memory of "Pete" Coleman, a key advocate in the creation of the Teen Center as well as a long time advocate for youth in Colonial Heights.

Scholarship applications with the list of eligibility requirements and required supporting documents are available at the Recreation Office located at Shepherd Stadium, 901 Meridian Ave, Colonial Heights, VA 23834 or online at [www.colonialheightsva.gov](http://www.colonialheightsva.gov). The application deadline is April 8, 2016. For more information contact the Recreation Department at 520-9390.

## TEEN CENTER TEST DRIVE

Ages: Rising 6th Graders

Come check out the Teen Center before you enter Middle School. Teens will get to play video games, dodgeball, and basketball with other rising 6th graders.

Sa 6/4 3:00pm-5:00pm  
FREE Community Center

# Senior Center

## SENIOR CENTER

The Senior Citizen Center is adjacent to the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:30 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted.

## SENIOR TRANSPORTATION

The Transportation Department operates 8am-4pm Monday-Friday, except City Holidays. Senior Citizens sixty (60) years of age or older that are City of Colonial Heights residents, needing transportation for medical, business, or personal reasons may obtain rides throughout the City of Colonial Heights. Transportation is provided to Petersburg, Hopewell and Fort Lee for medical appointments only. Vans are equipped with hydraulic lifts for wheel-chairs. Reservations must be called in 24 hours in advance of your appointment. Please call 520-9219 for further information.

## SENIOR CITIZEN CLUB

The Senior Citizen Club was organized in 1968 and is sponsored by the Department of Recreation and Parks. It is open to Senior Citizens 50 years of age and older who are City Residents. The Club meets at 1:15 pm on the first three Thursdays of the month at the Community Center and on the fourth Thursday of the month at Golden Corral Restaurant. For information on being part of this Club contact the Senior Center at 520-9220.

## ACTIVITIES & FITNESS

### Monday

8:30am Muscles in Motion  
9:30am Tai Chi  
9:30am Bowling (*League Fee*)  
10:00am Strength & Stretch  
10:00am Interactive Watercolor Class  
11:30am Tennis or Table Tennis  
1:30pm Bunco  
2:00pm Computer Class (*sign up*)

### Tuesday

9:00am Yoga  
9:30am BP Screening (*3rd Tue*)  
10:00am Sit & Let's Get Fit  
11:00am Sit & Let's Get Fit  
12:30pm Duplicate Bridge  
1:00pm Bingo  
1:00pm Water Aerobics (Hopewell - \$2)  
2:00-8:00pm Quilts for Vets (*Last Tue*)  
6:00pm Quilting

### Wednesday

8:30am Muscles in Motion  
10:00am Strength & Stretch  
10:00am Crochet & Knitting Group  
11:30am Walking Club (Roslyn Trail)  
1:00pm Party Bridge  
2:00pm Painter's Group

### Thursday

9:00am Yoga  
10:00am Sit & Let's Get Fit  
10:00am Sing-A-Long  
11:00am Sit & Let's Get Fit  
12:00pm Zumba Gold (\$5)  
12:45pm BP Screening (*1st Thur*)  
1:15pm Senior Citizens Club Mtg.  
1:30pm TRIAD (*3rd Thurs*)  
2:00pm Watercolor

### Friday

8:30am Muscles in Motion  
10:00am Strength & Stretch  
10:00am Interactive Watercolor  
12:00pm AARP Luncheon (*2nd Fri*)  
1:00pm Computer Class (*sign up*)  
2:00pm Computer Class (*sign up*)  
6:00pm Oil Painting  
7:00pm Senior Dance (*2nd Fri - \$6*)

## TRI-CITIES VOLUNTEER

### OPPORTUNITY FAIR

National Volunteer Week is April 10th-16th. It is about taking action and encouraging individuals and their respective communities to be at the center of social change – discovering and actively demonstrating their collective power to make a difference. To celebrate National Volunteer Week, we ask you to join local non-profit organizations and businesses seeking volunteers

Fr 4/15 2:00pm-5:00pm  
FREE Community Center

## T.R.I.A.D.

TRIAD is a partnership consisting of the local Sheriff, Police Chief, Fire & EMS Chief, AARP, seniors and senior service providers in a community who agree to work together to reduce criminal victimization of the elderly. TRIAD creates an opportunity for our city's seniors to meet with public safety leaders and service providers to discuss topics that our seniors wish to obtain more knowledge and understanding about. All TRIAD meetings take place at the Community Center and are FREE of charge.

Th 3/17 1:00pm  
Topic: Brown Bag Pharmacy

Th 4/21 1:00pm  
Topic: Square Dancing Entertainment

Th 5/19 1:00pm-3:00pm  
Topic: Annual Health Fair



## Southern Women's Show

Richmond Raceway

Friday, April 15, 2016

Transportation on Senior Van \$5.00

Depart from Senior Center at 11:00am

\$10.00 admission at door

# Violet Bank Restoration, Renovation, and Improvement Project

The City Council has given preliminary approval to partially funding a to-be-determined project supporting the restoration, renovation, and upgrade of the **Historic Violet Bank Museum**. By pledging \$100,000 in city funds (partial proceeds from the Kroger land sale), the City's goal is to raise an equal, matching amount through private donations to facilitate a much-needed investment in the City's most important historic structure.

In addition to facility repairs and improvements, there is interest in improving the grounds by adding restrooms with handicap access with a kitchenette in a time-appropriate out-building addition; to accommodate banquets and related outdoor events on the grounds. Sidewalk, landscaping, signage and other improvements as appropriate will be considered as funds permit. The *Historic Committee* is supporting the City in this effort and its members will be helping guide the project and its funding.

Please contact any member of the *Historic Committee* or Elke Gibbs, Executive Assistant to City Manager at 520-9265 or [gibbse@colonialheightsva.gov](mailto:gibbse@colonialheightsva.gov), if you have any questions, suggestions - or would like to support local history by making a donation.



the **Teen**  
**FLASHLIGHT**  
easter egg hunt

**Tuesday March 22, 2016**  
**Teen Center**

Come out and enjoy this fun teen event.

Registration:  
7:50PM  
Hunt Begins:  
8:10PM

**FREE**

## 2016 Fort Clifton Art • Music • Crafts Festival



Join the City in celebrating its  
twelfth Arbor Day!

Date: April 29, 2016  
Time: 10:00 a.m.  
Location: To Be Determined



More details coming soon! The website will stay updated as the date approaches.

### Dates & Time

May 7, 2016 10:30 a.m. - 5:30 p.m.  
May 8, 2016 10:30 a.m. - 5:30 p.m.



# City of Colonial Heights Christmas Parade

## Congratulations to the 2015 Parade Award Winners:

### Mayors Award

Angel DeSouza's School of Dance

### Judges Choice

1st Place -- Genia Johnson Dance Company

2nd Place -- Colonial Heights Civitan Club

### Float Category

1st Place -- Platinum Cheer Stars

2nd Place -- North Elementary School

### Band Category

1st Place -- VSU Marching Band - Trojan Explosion

2nd Place -- Hopewell High School Marching Band

### Dance Category

1st Place -- Traylor Dance Academy

2nd Place -- Dance Kraze

We would like to thank all parade participants and we look forward to seeing everyone in next year's

# CHANGE IN CITY CURFEW

In response to a recommendation from the Colonial Heights Police Department, the City Council has approved a one-hour change to the city's curfew for minors. Specifically, no minor (any person 17 years and younger) is permitted to "be, or remain, in or upon any public place within the City of Colonial Heights **between the hours of 11:00PM and 5:00AM**".

Various exceptions are recognized such as work, emergencies, a traveling to and from a lawful activity when accompanied by an authorized adult, and others.

This change was made as part of a larger effort to provide a safer environment for youth in the community. "Enforcement efforts are usually only initiated after warnings are given and no positive response has been received by those being contacted." says CHPD Chief Colonel Jeffrey W. Faries. "Parents are still contacted, and sometimes that is done in lieu of any formal charges being placed."

The new curfew will be supported by a strong educational and communication effort through the CH Public School system and surrounding communities.



# THE CITY FOCUS

City of Colonial Heights  
Office of the City Manager  
Post Office Box 3401  
Colonial Heights, Virginia 23834-9001  
[www.colonialheightsva.gov](http://www.colonialheightsva.gov)

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