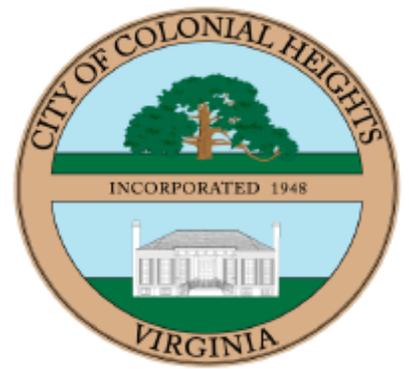
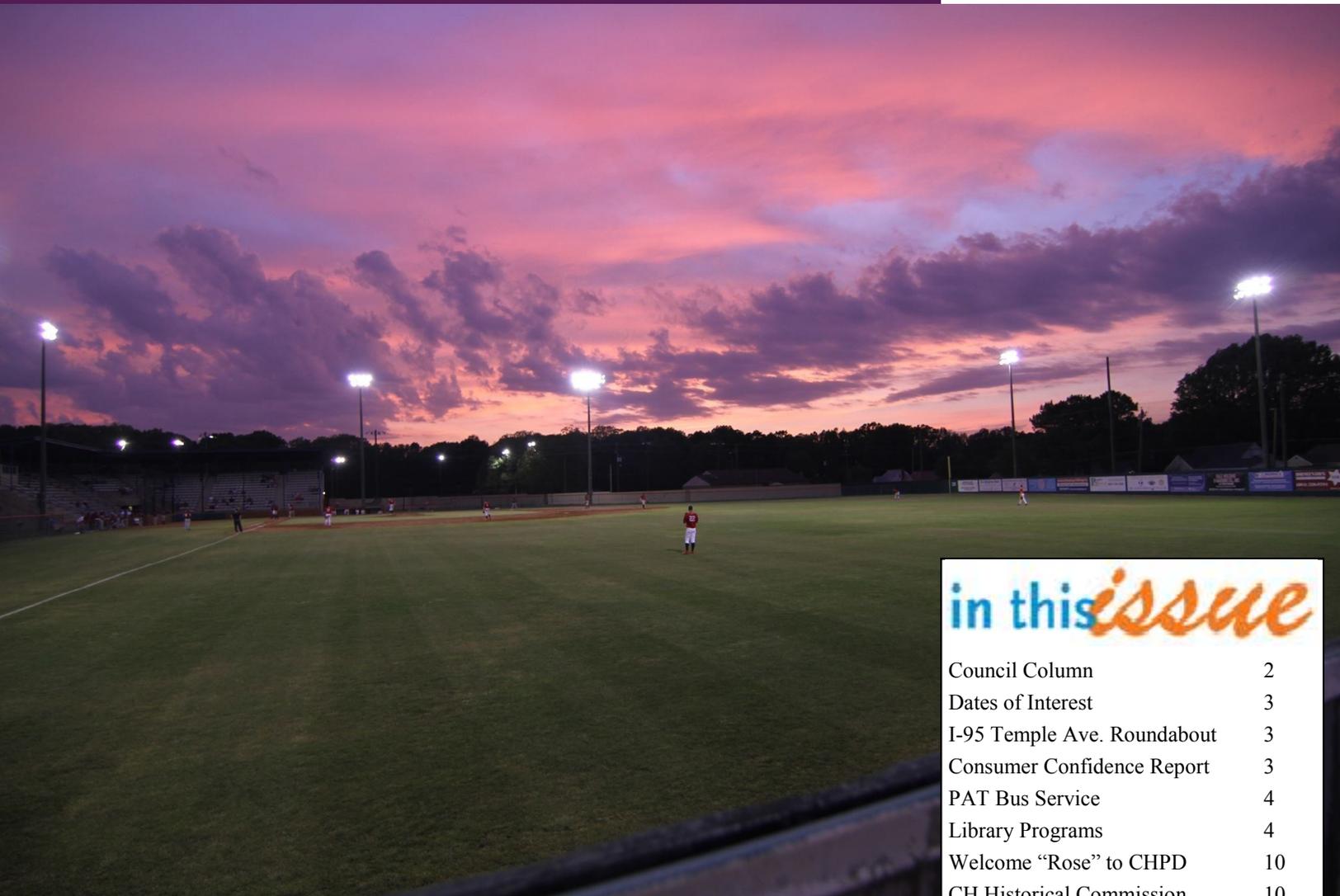


The City Focus

Official Newsletter for the City of Colonial Heights



Summer 2015



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The City Focus is produced quarterly and mailed to each household in Colonial Heights.

REC-happenings, the Recreation & Parks Department program listing, begins on Page 5 of the City Focus.

City of Colonial Heights Council Members



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kochubag@colonialheightsva.gov

Diane Yates
Vice-Mayor
yatesd@colonialheightsva.gov



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wallacep@colonialheightsva.gov
(804)520-9360

Contact the City Manager



Thomas L. Mattis
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City Hall
201 James Avenue
mattist@colonialheightsva.gov
(804)520-9265



COUNCIL COLUMN

I love my hometown of Colonial Heights. I grew up here. I raised my three daughters here. I love the suburban atmosphere and setting. I love the responsiveness and security provided by our Police. I love the skill, reaction time and effort of our Fire and EMS teams. I love the commitment of our volunteer police and firefighters. I appreciate the community support of our citizens and numerous auxiliaries, community and school organizations; large and small. I am amazed at the performance of our Department of Parks and Recreation; how so few keep up the grounds maintenance all across the city plus our recreation fields and facilities and still provide the recreation league support, equipment, and coordination of teams, coaches and schedules for most major sports, for almost all ages, on the budget they operate on. A lot of that also has to do with the parents and adults that get involved and support these opportunities for their children; in our community. It truly takes a village to raise a child.

I love the respect for God in a City our size; the number of churches, people, families and youth that attend and have wholesome activities regularly. I love having a community that people feel safe enough to go for walks, jog, bike and let their children play outside. I love seeing residents maintain their properties and vehicles. I love seeing those who take it upon themselves to do a little more; walkers that pick up trash along their routes; to keep their blocks, streets, or even subdivisions looking nicer than those that littered and expected someone else to clean up. I love the community that has neighborhood cookouts and block-parties and “rub elbows” with their neighbors. I love seeing neighbors helping neighbors. I love seeing our citizens maintaining our community; to make it better. Because they love it here just as I do; the business owners and the residents.

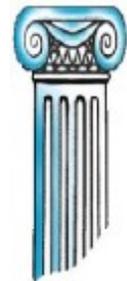
I don't mind complaints from people trying to make a difference because they care enough to say when something is a concern or doesn't seem right; so it can be addressed. I love those same people that realize the problem didn't happen overnight and will usually take more than a day to correct.

Though it isn't visible to most, I see as a council member, the effort and sincerity of our department staffs doing their best with the resources we have as a city to operate. We have the quality schools and programs we do because our City contributes a larger budget amount annually than nearly all our surrounding communities (even statewide); because our children are our future and we love them. That also leaves a little less to afford the daily operations of the City than we might have otherwise, but we make it work. Your city officials make it work; the utilities department, engineering, finance, commissioner, treasurer, attorney, sheriff, courts staff, registrar, police, fire, library, parks and rec. All under the direction of a diligent City Manager, under the direction of Council.

Are we perfect? Heck no! Do we make mistakes? Oh you bet'cha. Do we try our best to stay informed and get it right? Absolutely. And because we are mere mortals, and we love our City, when we get it wrong...we try to make it right as quickly as we can, as best we can, to the best interest of the majority of the population whenever we can. With everyone working together, I still cannot think of a better place to raise a family. It still reminds me of where I grew up and why I love it here.

See you 'round town. And yell at me whenever you need too. You know where I live....

W. Joe Green, Councilman
greenj@colonialheightsva.gov





Dates of Interest

June 2 *Planning Commission*
7:00 pm - Council Chambers

June 9 *City Council Meeting*
7:00 pm - Council Chambers

July 3 *City Holiday - Independence Day*

July 4 *July 4th Fireworks*
9:15 pm - Charles Dimmock Parkway

July 7 *Planning Commission*
7:00 pm - Council Chambers

July 14 *City Council Meeting*
7:00 pm - Council Chambers

Aug 4 *Planning Commission*
7:00 pm - Council Chambers

Aug 11 *City Council Meeting*
7:00 pm - Council Chambers

On the Cover...

This photo was taken at Shepherd Stadium and is courtesy of Al Goulder.

Shepherd Stadium is located at 901 Meridian Avenue and is the host field of the American Legion Post 284 teams and the Annual Optimist Club Boys' Invitational Baseball Tournament.

The Stadium was constructed in 1951 and named in honor of Fred Shepherd, past Mayor.

I-95 Temple Avenue Roundabout Project



The I-95 Temple Avenue Roundabout Project is officially underway, with the notice to proceed issued in February of this year. This design-build project will

realign the entrance and exit ramps at the I-95 interchange at Temple Avenue and replace the signalized intersection with a roundabout. The roundabout will be relocated west of the current intersection and will include two lanes for traffic and a continuous bypass lane on the westbound approach. The I-95 ramps will be extended and improved to provide better sight distance, vehicle capacity and transition from interstate speeds to the Temple Avenue roundabout. This plan will require removing the Temple Avenue bridges to construct the roundabout.

Major project milestone dates:

- Notice to Proceed – February 24, 2015
- Right-of-way Acquisition Commences – August 2015
- Final Design Plans – December 2015
- Utility Relocations – February 2016 to April 2016
- Project Construction – March 2016 to November 2017

The purpose and need of this project is to improve traffic flow through the I-95/Temple Avenue Interchange, to eliminate prolonged periods of delay and to decrease the accident rate within the project limits.

Keep up-to-date on the progress of the roundabout by visiting VDOT's project website at http://www.virginiadot.org/projects/richmond/i-95_temple_ave.asp



CITY OF COLONIAL HEIGHTS, VIRGINIA DEPARTMENT OF PUBLIC WORKS

CONSUMER CONFIDENCE REPORT 2014

The latest edition of the Department of Public Works' Consumer Confidence Report is now available online. This report summarizes important information regarding Colonial Heights' drinking water source, detected contaminants, educational information, and our efforts to ensure that we continually deliver the safest and highest quality drinking water to our customers. We encourage you to review the report on our web page:

<http://www.colonialheightsva.gov/DocumentCenter/Home/View/1061>

If you wish to obtain your own copy of the Consumer Confidence Report, please contact us at **(804) 520-9372**. We will gladly mail it to you.

Petersburg Area Transit Bus Service Expanded in Colonial Heights



Petersburg Area Transit provides local bus transportation to Petersburg, Colonial Heights, Dinwiddie, and Hopewell. PAT transports on average 57,000 passengers a month, aiming to connect people, jobs, and communities. PAT also offers connections to GRTC and Greyhound.

Petersburg Area Transit recently expanded its bus service within Colonial Heights, adding multiple new bus stops to the Southpark Mall route. The route from Petersburg to Southpark Mall is expanded for three years at no cost to Colonial Heights with the goal of strengthening the PAT service and exploring cooperation between the two cities.

The new route comes from Petersburg up the Boulevard, turns right on Eilerslie Avenue, right onto Conduit Road, left on Temple Avenue and then east toward Southpark Mall. There are over 25 bus stops throughout Colonial Heights, each marked by a Petersburg Area Transit sign. The route takes one hour, starting at 6:15 am from Petersburg. The final run starts at 6:15 pm, returning to Petersburg around 7 pm. The route operates Monday through Saturday.

The regular fixed fare is \$1.75, with discounted tickets available for the elderly and handicapped for \$.85. Daily, weekly, and monthly passes are also available. Petersburg Area Transit also offers paratransit service for persons with disabilities.

For detailed information on ticket prices, ticket purchase locations, bus schedules, paratransit service and a map of all bus stops in Colonial Heights, please visit www.colonialheightsva.gov/bus or call 733-2450.

Library's Online Resources

Going on vacation this summer?

Visit the library just before leaving, and check out a library Kindle loaded with books you select.



Parents, the library will launch a digital bookmobile during the summer months to keep your child's reading skills strong during the summer months. Download the "3M Cloud Library" app.



Download the "Zinio for Libraries" app, and read from over fifty popular magazines ranging from *Businessweek*, *Good Housekeeping*, *Popular Mechanics* and *Popular Science* to *Cosmopolitan*, *Family Circle*, *Reader's Digest* and more.



Library's Summer Reading Program

The Colonial Heights Public Library will be offering its annual summer reading program for youth of all ages from June 22 – August 12.

Programs will range from *Sciencetellers* and *Bricks 4 Kidz*, *magicians* and wildlife programs by *Reptiles Alive*.



For more information, go to www.colonialheightsva.gov/index.aspx?nid=234 or Call 520-9384.

Summer Reading Library

The Colonial Heights Public Library will open a summer branch library at the Community Building between June 15 and August 24. The collection will serve ages 6 through 18 years of age, and will be open Monday through Friday from 10a.m. – 1 p.m.



COLONIAL HEIGHTS RECREATION AND PARKS DEPARTMENT

Office Hours: Monday - Friday 8:00am - 5:00pm

P.O. Box 3401 / 901 Meridian Avenue

Colonial Heights, VA 23834

www.colonialheightsva.gov/recandparks

Recreation and Parks Office (804)520-9390
 Recreation and Parks Fax (804)520-9203
 Senior Activities & Classes (804)520-9220
 Senior Transportation (804)520-9219
 Teen Center (804)524-8717
 Weather Cancellation Line (804)524-8788
 Violet Bank Museum (804)520-9395



Sports & Athletics

YOUTH FOOTBALL & CHEERING REGISTRATION

Ages: Boys & Girls 5-13 (as of 8/1/15)

Registration will be taken on the following Saturday at Shepherd Stadium from 9:00am to Noon: June 13. Registration will also be accepted Mon thru Fri, 8am-5pm, June 8 thru July 10 at the Recreation Department office. Flag football begins in early September and Tackle football begins the 1st week in August.

Age Divisions:

Flag ages 5 – 7*
 Minor ages 7* – 8
 Junior ages 9 – 10
 Senior ages 11 – 13**)

Fees: \$20.00 per child

The fee for anyone registering after July 10 is \$30. Players registering after July 10 are also subject to being placed on a waiting list. Children MUST be Colonial Heights Residents and eligible for enrollment in the Colonial Heights school system.

* 7 year olds have the option of playing Flag (Instructional) or Minor (tackle) Football.
 ** 13 year olds must weight under 115 lbs to be eligible.

FALL ADULT SOFTBALL LEAGUE

Ages 16+

Colonial Heights Recreation Department is accepting teams for their 2015 Fall Softball League. Registration is being accepted for All teams. League will include a round-robin regular season (depending on number of registered teams), post-season double elimination tournament, team and individual awards, umpire association team registration, and umpire fees. League play is tentatively scheduled to begin in early-September. Limited openings, first to pay=first to play.

Fee: \$400 (Payable in two checks - \$200.00 to City of Colonial Heights and \$200.00 payable to, VA USSSA

Deadline: 8/14/15

Teams must be available to play any weeknight. Teams must supply game balls. Balls must be USSSA Classic M or USSSA Classic M Plus.

TENNIS LESSONS

Ages 6-Adults

The Colonial Heights Recreation Department will again be offering Summer Tennis Lessons. Lessons will be under the Direction of longtime Tennis Instructor Anthony Davis. Morning lessons take place at Colonial Heights Middle School Tennis Courts and evening classes take place at Colonial Heights High School Tennis Courts.

6-10 Year Old Lessons - \$40

Mo/We	6/22-8/10	9:45am-10:45am (CHMS)
Mo/We	6/22-8/10	6:00pm-7:00pm (CHHS)
Mo/We	6/22-8/10	7:00pm-8:00pm (CHHS)
Tu/Th	6/23-8/11	9:45am-10:45am (CHMS)

11-Adult Lessons - \$45

Mo/We	6/22-8/10	8:00am-9:30am (CHMS)
Tu/Th	6/23-8/11	8:00am-9:30am (CHMS)
Tu/Th	6/23-8/11	6:30pm-8:00pm (CHHS)

REGISTER BY MAIL

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks
 P.O. Box 3401
 Colonial Heights, VA 23834

REGISTER IN PERSON

To register in-person, please visit our office, Monday - Friday 8:00am-5:00pm:

Recreation and Parks Office
 Shepherd Stadium
 901 Meridian Avenue
 Colonial Heights, VA 23834

REGISTER OVER THE PHONE

Call the office at (804)520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation office before the first class.

REGISTER ONLINE



To register online, please visit us online at www.colonialheightsva.gov/recandparks and click the register online link.

AFTER HOURS DROPBOX

We have a Drop Box for after hours collection of registrations, payments and uniforms; located in front of the Community Center at 157 Roanoke Ave.

PAYMENT OPTIONS

CONNECT WITH US ON SOCIAL MEDIA...



YANKEES VS. ORIOLES SECTION: 68
 DATE: SUNDAY, JUNE 14TH ROWS: 9-11
 TIME: 1:35PM FOR TICKETS CALL
 COST: \$85 520-9390.
 EXCELLENT SEATS ALONG THE 3RD BASE LINE!

See top of page 9 for more information

Sports Camps

YOUTH TENNIS CLINIC

Ages 6-12

Join our Tennis Instructor Anthony Davis for an introduction to the sport of tennis. Clinic will go over the basics of Tennis. All levels are welcome!

Mo/We 6/15-6/17 5:00pm-6:00pm
\$10 CHHS Tennis Courts

FIELD HOCKEY CAMP

The Colonial Heights HS Field Hockey Program and Colonial Heights Recreation Department will again Co-Sponsor a Summer Field Hockey Camp. The Camp will be under the Direction of Colonial Heights Varsity Girls Field Hockey Coach Daniel Pulskamp.

4th-7th Graders
Mo-Tu 6/15-6/16 9:00am-12:00pm
\$25 Soccer Complex

8th-12th Graders
We-Th 6/17-6/18 9:00am-12:00pm
\$25 Soccer Complex



SOCCER CAMP

Ages 5-13

Colonial Heights High School Soccer Program and Colonial Heights Recreation & Parks are offering a Youth Soccer Camp June 22-25. The camp is under the direction of CHHS Varsity Soccer coach J.P. McNulty and JV coach Brandon Carroll. *FREE t-shirt to campers registered by 6/18.

Mo-Th 6/22-6/25 10:00am-12:00pm
\$28 Soccer Complex

BASKETBALL CAMP

The Colonial Heights High School Basketball Program will be again Co-Sponsoring their Annual Summer Youth Basketball Camp. The Camp will be under the direction of Colonial Heights High School Basketball Coach John Thomas.

Ages 6-11
Mo-Th 7/13-7/16 9:00am-11:30am
\$40 CHHS Gym

Ages 12-17
Mo-Th 7/13-7/16 12:00pm-3:00pm
\$40 CHHS Gym

VOLLEYBALL CAMP

Rising 6th-12th Graders

The Colonial Heights High School Volleyball Program and Colonial Heights Recreation Department will again be Co-Sponsoring a Summer Volleyball Camp under the Direction of Head Girls Volleyball Coach Toni Martin.

Mo-Th 7/13-7/16 6:00pm-8:00pm
\$25 CHHS Gym

GIRLS BASKETBALL CAMP

Rising 5th-12th Graders

The Colonial Heights High School Girls Basketball Program will be Co-Sponsoring their Annual Summer Girls Basketball Camp under the direction of Colonial Heights High School Girls Basketball Coach Chris Martin.

Mo-Th 7/20-7/23 9:00am-12:00pm
\$25 CHHS Gym

GIRLS SOFTBALL CAMP

Rising 5th-12th Graders

The Colonial Heights High School Varsity Softball Program will be holding a Summer Girls Softball Camp. The Camp will be under the direction of Girls Varsity Coach Chris Martin.

Mo-Th 7/20-7/23 6:00pm-8:00pm
\$25 CHHS Softball Field (behind CHHS)

FOOTBALL CAMP

Ages 6-13

The Colonial Heights High School Football Program and the Colonial Heights Recreation Department will again be Co-Sponsoring a Youth Football Camp. The Camp will be under the Direction of Varsity Football Coach Remus James.

Mo-Th 7/27-7/30 6:00pm-8:00pm
\$20 Football Stadium (across from MS)

CHEERLEADING CAMP

Ages 5-13

The Colonial Heights High School Cheerleaders and Colonial Heights Recreation Department will again be co-sponsoring a Youth Cheerleading Camp under the Direction of Colonial Heights Varsity Cheer Coach Mary Vaughn, Varsity Cheerleaders & Recreation Cheer Staff.

Mo-Th 7/27-7/30 6:00pm-7:00pm
\$20 Football Stadium (across from MS)

GOLF CAMP

Ages 6-14

The Colonial Heights Recreation Department and the First Tee of Chesterfield will be offering a summer Golf Camp. The camp will take place rain or shine.

Mo-Th 6/22-6/25 9:00am-12:00pm
\$25 CHMS

Summer Camps

SUMMER PLAYGROUND PROGRAM

Ages 6-12 (As of 7/1/15)

The Summer Playground Program is a supervised day camp. Campers can enjoy games, crafts, active play, trips, and special guest activities. All campers must be registered for this program and must be residents of Colonial Heights. Program participants can come every day, can come once a week or once during the whole program. All youth who have completed Kindergarten are eligible for camp enrollment. Registration and activity calendars are available April 1, 2015. Camp registration fee includes camp t-shirt & wristband. Weekly trip costs vary and campers pick, choose and pay for the activities they will attend.

Mo-Fr 6/22-7/31 8:00am-5:30pm
\$30 to register child for camp; trip fees are extra

Locations (60 max at each site)
Lakeview Elem. School
North Elem. School

Playground Parent Orientations

All parents who attend will receive \$15 off the cost of their Summer Playground Program Camp Registration.

Tu 5/5 3:30pm-4:30pm
Th 5/21 4:00pm-5:00pm
We 6/3 5:30pm-6:30pm
FREE Community Center

SUMMER TOTS PROGRAM

Ages 3-5 (As of 7/1/15)

The Summer Tots Program is an interactive classroom experience. This program engages youth through the use of educational activities, crafts, sing-a-longs, circle time, special guests and trips. All enrolled youth must be fully potty-trained to attend. Participants parents are encouraged to drop-off their child(ren) during program hours to allow participants to get used to a classroom setting. This program has a maximum of 20 participants and observes a 1:7 ratio of staff to children.

Mo-Th 6/22-7/30 8:30am-11:30am
Fr 6/26-7/31 10:30am-12:30pm
Tussing Elem. School

Fees:
All weeks \$100
Per week \$20

Non-residents may enroll, as space permits, starting 6/15/15. \$120 for all weeks, \$35 per week.

TUESDAY TEENS

Rising 6th Graders - Age 17

Teens will enjoy a trip each Tuesday. Registration forms are available at the Colonial Heights Recreation Department located at Shepherd Stadium. Resident activity fees must be paid by the Friday prior to the Tuesday Activity. Lunch money is required for all Amusement Park trips. Trips leave from the Community Center at 157 Roanoke Avenue.

Dates/Cost:

Tu	6/23	Movies: Jurassic World	\$15
Tu	6/30	Busch Gardens	\$80
Tu	7/7	Skateland	\$10
Tu	7/14	Kings Dominion	\$40
Tu	7/21	Water Country USA	\$60
Tu	7/28	Movies: Pan	\$15

ITS CURTAIN CALL: TIME CAPSULE BY CHHS YOUTH THEATRE CAMP

Ages 10-18

Do you like to make people laugh? Do you like having fun with friends? Do you like to learn new things? Then this camp is for YOU! What will you Learn - Improv Techniques, Theatre Games, how to perform, make new friends, and have fun! There will be a final showcase on Friday (7/31) at 6pm.

Mo-Fr	7/27-7/31	8:30am-2:30pm*
\$170	CHHS Auditorium	

*Early drop-off starting at 7:45am and late pick-up ends at 3:15pm

SECRET AGENT LAB BY MAD SCIENCE

Ages 6-10

Secret Agent or Super Sleuth...why not both? Do you think you have what it takes to discover "who done it", can you send secret messages and have what it takes to beat the laser challenge? If so, this camp is for you! From secret spy communications to forensic science, each day campers will sleuth out the answer to many of life's mysteries! Each day campers will receive cool take home projects from making their own super spy dead drop device (is it really canned fruit...nope, it's a secret spy compartment) to their own fingerprint finder, crime scene solver, code breaker and more.

Mo-Fr	8/3-8/7	9:00am-12:00pm
\$162	Community Center	



PIRATE ADVENTURES BY YOUNG REMBRANDTS

Ages 6-10

Ahoy mates! The mystery and intrigue of pirates await ... and has never been so much fun! Join us as we explore the exciting world of pirates with new drawing and cartooning adventures. Pirates, treasure maps, sunken treasures, parrots, a grand pirate ship and more will inspire us as we use realistic drawing as well as cartoon techniques. Students will learn art terminology, will use a variety of art tools and will study the importance of layout, composition and color theory as they experience a fun, one-of-a-kind workshop.

Mo-Fr	8/10-8/14	1:30pm-4:30pm
\$135	Community Center	

FASHION RUNWAY 'TWEEN STYLE BY YOUNG REMBRANDTS

Ages 6-10

This stylish workshop is tailored for every aspiring fashionista. Artists will draw/illustrate the various aspects of fashion design to include the figure, the portrait and tons of the latest 'tween fashion trends. And don't forget about accessories! Design and draw the perfect purse, hat, scarf, belt, necklace, shoes and more to complete the outfit of your dreams. And finally, draw your model stepping out onto the runway in your fashion originals. If you love clothes, accessories and are hip to the latest fashions, then this workshop is the perfect fit.

Mo-Fr	8/17-8/21	9:00am-12:00pm
\$135	Community Center	

MASTERING THE ART OF PASTELS BY YOUNG REMBRANDTS

Ages 6-10

These pastel lessons will cover a wide variety of subject matter to include: whimsical bees, glowing owls, fanciful frogs, pottery still life and even a lesson inspired by Diego Rivera! Every day you will create a large, poster-size drawing that will be sure to amaze. Artists will learn pastel skills and techniques to blend, layer, texture, shade and so much more. These classes will be messy, fun, and full of excitement ... dress appropriately.

Mo-Fr	8/31-9/4	9:00am-12:00pm
\$135	Community Center	

SUMMER DRAW-TOON FUN FOR YOUNG ARTISTS BY YOUNG REMBRANDTS

Ages 6-10

Out two most popular programs all in one great workshop! Open to every young artist that has a passion for drawing and wants to learn new skills to get better. This week will include both drawing AND cartooning lessons that are sure to excite! You will learn techniques to draw still life, portraits, graphic art, line art, abstract art and much more. You will also have a wonderful time creating cartoons of people, objects, animals, food and many other exciting subjects. Fine-tune your drawing skills, spark your imagination ... just get crazy!

Mo-Fr	8/24-8/28	1:30pm-4:30pm
\$135	Community Center	

MOVIE IN THE PARK

Location: Soccer Complex

FREE

Date: August 18th

*Rain Date: August 25th

Movie Time: 8:30pm

After the Back to School Festival



Bring a blanket/chair & enjoy watching this movie under the stars on a giant screen. NO outside food or drink allowed - concessions available for purchase.

YOUTH CHESS CAMP

Ages 7-11

Boys and girls have fun playing the game of chess and learning to be better players. Playing chess helps kids think more clearly, and improves math and reading skills. Camp includes both instruction and play time. *Younger participants who have the knowledge and skills for this class can participate with Recreation staff permission.

Mo-Fr 8/10-8/14 9:00am-12:00pm
\$202 Community Center

Classes & Activities

OKINAWAN KARATE

Children's Class (ages 5-9)

The focus of this class is on respecting others, self control, self discipline, and avoiding confrontation. The Karate techniques that are taught begin with basics such as falling, tumbling, balance, flexibility, agility and coordination. Once a student is proficient in all the basics, they may move up to the next class.

Mo/We 6/1-6/29 5:00pm-5:45pm
Mo/We 7/6-7/29 5:00pm-5:45pm
Mo/We 8/3-8/31 5:00pm-5:45pm
\$30 Lakeview Elem. Gym

Youth/Teen Class (ages 10-17)

Children under the age of 10 may be moved up by the instructor. This class moves at a faster pace and more advanced techniques are taught. New students accepted in January, June and September for this class.

Mo/We 6/1-6/29 6:00pm-7:30pm
Mo/We 7/6-7/29 6:00pm-7:30pm
Mo/We 8/3-8/31 6:00pm-7:30pm
\$40 Lakeview Elem. Gym

LADIES/TEEN

SELF-DEFENSE CLASS

Ages 13+

The objective of this class is to give women and young ladies the tools and confidence to survive in a life-threatening situation. Topics to be covered: awareness; easy, realistic and practical self-defense techniques; body pain response; weapons of opportunity; and gun and knife defense. Must register by March 9th. City of Colonial Heights employees pay only \$20, this includes School staff.

Sa 6/6 10:00am-12:00pm
Sa 8/22 10:00am-12:00pm
\$25 Lakeview Elem.

ZUMBA

Ages 18+

Zumba is a fusion of Latin and International music. Dance themes are used to create a dynamic, exciting and effective fitness system! It is a mixture of body sculpting movements with easy to follow dance steps. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Mo/We 6/1-6/29 6:00pm-7:00pm
Mo/We 7/1-7/29 6:00pm-7:00pm
Mo/We 8/3-8/31 6:00pm-7:00pm
\$30 North Elem. Gym

BELLY DANCING

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthen your core as well as your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome. Classes meet the 1st, 2nd, and 4th Thursdays and the 3rd Friday of each month.

Th 6/4-6/25 6:00pm-7:00pm
Th 7/9-7/31 6:00pm-7:00pm
Th 8/6-8/27 6:00pm-7:00pm
\$30 Community Center

Visit Our Website

www.colonialheightsva.gov/recandparks
to view info on our parks & facilities.



Monday October 12, 2015

\$ 48 .00 per person
(\$20.00 FREE Slot Play)

depart 7:00 am return approx. 9:30 pm

WILL DEPART FROM THE CORNER OF ROANOKE AND MERIDIAN AVE

motorcoach transportation

Breakfast stop at Hardee on the way (on your own)

Minimum of 40 required

CALL TODAY FOR MORE INFORMATION 520-9220 OR 520-9390

Trips

RIVERSIDE THEATER

FREDERICKSBURG, VA

For the following performances, we will depart from the Senior Center at 10:00am and return back to the center at approximately 6:30pm on all dates. Price includes transportation on vans, ticket to show, and lunch. Sign up early, limited tickets!

MY WAY

A Musical Tribute to Frank Sinatra. This new music revue features songs recorded by "Old Blue Eyes" and is currently playing to packed houses throughout the country.

We 6/3 10:00am-6:30pm \$60

THE WEDDING SINGER

I love the '80s! We take you back to 1985 as we bring you the hit musical based on the Adam film! A small town wedding singer gets jilted at his own wedding, then falls in love with someone else's fiancée.

We 8/5 10:00am-6:30pm \$60

SISTER ACT

Sister Act tells the story of disco diva Deloris Van Cartier and the outrageous events that transpire after she witnesses a murder. Disguised as a nun, Deloris uses her unique talents to energize the moribund choir of nuns as they try to win a talent competition.

We 10/14 10:00am-6:30pm \$60

BALTIMORE ORIOLES VS. NEW YORK YANKEES TRIP

Join us for a trip to Camden Yards in Baltimore to see the Orioles take on the Yankees. Transportation on a Motor coach bus. Limited quantity available. Great seats on the 3rd base line, section 68, rows 9-11. Game time is 1:35pm, we will depart Shepherd Stadium parking lot at 9:00am.

Su 6/14 9:00am-8:00pm \$85

Price includes game ticket, Motor coach, and snacks on bus.

Teen Center

TEEN CENTER

The Teen Center is located inside the Community Center at 157 Roanoke Ave. Participants must be City of Colonial Heights residents and eligible for enrollment at Colonial Heights Middle School or Colonial Heights High School. Admission to the Teen Center is FREE. Participants may bring a guest, but there is a \$5 charge for all guests. The Teen Center features an Xbox 360, PlayStation 3 and PlayStation 4, Wii, 3 big screen TVs, computers, arcade basketball and foosball. Contact the Teen Center at 524-8717 for more information.

Hours of Operation

Monday - Friday	3:00pm-8:00pm
Saturday	1:00pm-8:00pm
Sunday	Closed

C.I.T.- COUNSELORS IN TRAINING PROGRAM

Ages 14-17

CIT's will learn about responsibility, teamwork, safety, customer service, crafts, games, financial planning, resume writing, and job readiness skills. All individuals who wish to become a CIT must attend a 3 week training program which includes homework assignments and interactive participation. All teens who complete the training program will receive additional training, and volunteer hours working in our Summer Youth programs.

Tu/Th	6/16-6/18	1:00pm-4:30pm
FREE	Community Center	

TEEN CENTER TEST DRIVE

Ages: Rising 6th Graders

Come check out the Teen Center before you enter Middle School. Teens will get to play video games, dodgeball, and basketball with other rising 6th graders.

Su	6/7	3:00pm-5:00pm
FREE	Community Center	

Senior Center

SENIOR CENTER

The Senior Citizen Center is adjacent to the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:30 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted.

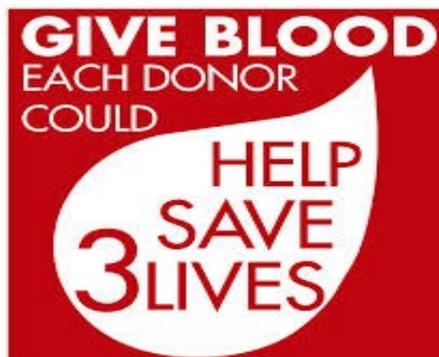
SENIOR TRANSPORTATION

The Transportation Department operates 8am-4pm Monday-Friday, except City Holidays. Senior Citizens sixty (60) years of age or older that are City of Colonial Heights residents, needing transportation for medical, business, or personal reasons may obtain rides throughout the City of Colonial Heights. Transportation is provided to Petersburg, Hopewell and Fort Lee for medical appointments only. Vans are equipped with hydraulic lifts for wheel-chairs. Reservations must be called in 24 hours in advance of your appointment. Please call 520-9219 for further information.

QUILTS FOR VETS

This quilting group is open to all and meets the last Tuesday of each month. You have the opportunity to volunteer your time to help piece or tie tops of which we will provide the fabric and batting. If you would like to make a donation, we are always in need of fabric, thread, and binding. Sponsored by the Colonial Heights American Legion in conjunction with the Senior Center. Quilts are distributed to veteran's at McGuire Hospital in Richmond.

Last Tue each month	2:00pm-8:00pm
Senior Center	



BLOOD DRIVE

Thursday August 20	1-5pm
Community Center	

Sign up for a time slot in advance by calling 520-9220.

SENIOR CITIZEN CLUB

The Senior Citizen Club was organized in 1968 and is sponsored by the Department of Recreation and Parks. It is open to Senior Citizens 50 years of age and older who are City Residents. The Club meets at 1:15 pm on the first three Thursdays of the month at the Community Center and on the fourth Thursday of the month at Golden Corral Restaurant. For information on being part of this Club contact the Senior Center at 520-9220.

ACTIVITY & FITNESS MONTHLY CLASS SCHEDULE

Monday

8:30am	Muscles in Motion
9:30am	Tai Chi
9:30am	Bowling (<i>League Fee</i>)
10:00am	Strength & Stretch
11:00am	Interactive Watercolor Class
11:30am	Tennis or Table Tennis
2:00pm	Computer Class (<i>sign up</i>)

Tuesday

9:00am	Yoga
10:00am	Sit & Let's Get Fit
11:00am	Sit & Let's Get Fit
12:30pm	Duplicate Bridge
1:00pm	Bingo
2:00pm-8:00pm	Quilts for Vets (<i>Last Tues</i>)
6:00pm	Quilting

Wednesday

8:30am	Muscles in Motion
10:00am	Strength & Stretch
10:00am	Crochet & Knitting Group
10:00am	Computer Class (<i>Free</i>)
11:30am	Wellness Wed (<i>1st Wed</i>)
1:00pm	Party Bridge
1:45pm	Walking Club
2:00pm	Painter's Group

Thursday

9:00am	Yoga
10:00am	Sit & Let's Get Fit
11:00am	Sit & Let's Get Fit
10:00am	Sing-A-Long
1:15pm	Senior Citizens Club Mtg.
1:30pm	TRIAD (<i>3rd Thurs</i>)
2:00pm	Watercolor

Friday

8:30am	Muscles in Motion
10:00am	Strength & Stretch
10:00am	Open Painting
12:00pm	AARP Luncheon (<i>2nd Fri</i>)
1:00pm	Computer Class (<i>sign up</i>)
2:00pm	Computer Class (<i>sign up</i>)
6:00pm	Oil Painting
7:00pm	Senior Dance (<i>2nd Fri - \$6</i>)

Saturday

9:00am	Splash of Color (<i>3rd Sat</i>)
9:00am	Oil Painting (<i>1st Sat</i>)

Welcome "Rose" to the ranks of CHPD



The Colonial Heights Police Department has a new addition to its ranks. The police department recently welcomed "Rose" a seventeen month old Bloodhound to the department. Rose was purchased strictly through business and citizen donations. Rose and her partner, Master Police Officer Christopher Wulff will soon be seen patrolling the streets in Rose's newly outfitted Chevy Tahoe. Rose is a "trailing" dog, and will be used as a resource in Colonial Heights and the surrounding communities to provide tracking services when the need arises. The department began to realize the value of tracking dogs in the past few years when missing person cases required them to rely solely on outside agencies to assist with locating lost and missing persons. The department began researching the possibility of having its own tracking dog and began a campaign to raise money to offset the cost of the dog and the equipment needed to run a successful K9 program. Thanks to the support of the community the department was able to not only raise enough funds to purchase the dog, but also to upgrade and outfit a new vehicle and purchase much needed equipment. By

having this resource readily available the department hopes to be able to have a quick response to any lost and missing persons and hopefully resolve these incidents quickly without relying on outside agencies.

Colonial Heights Historical Commission

The Colonial Heights Historical Commission is requesting assistance from the citizens of Colonial Heights and surrounding areas in creating an exhibit of historical memorabilia that will represent a full range of Colonial Heights history between the first Indian settlement to the present. We are looking for photographs, news articles and documents as well as historic artifacts that we could place on display for viewing by the general public.

We are in need of historical items such as artifacts from our area, Revolutionary War era or Civil War era memorabilia or general items such as old business signs or miscellaneous items that remind us of our past city life. Note that we would scan photographs so that you could keep your originals.

At this time we are in the display planning stage and need to know what items would be available to display. If you would be interested in donating or placing on loan a historical artifact or if you have some photographs we could scan, please contact Elke Gibbs at 520-9265 or by email at gibbse@colonialheightsva.gov. We will compile an inventory of these items but will not collect them at this time. We would collect the items when our display plan is nearing completion.

John A. Rooney, Jr.
Chairman

A movie poster for "Despicable Me 2". The background is a blue, bubbly underwater scene. At the top, the words "DIVE IN MOVIE" are written in large, white, bold letters. Below this, the title "THE SPY WHO LOVED HER" is written in smaller white letters, with "FREE" in purple and "EBEE" in light blue. The central image shows Gru, Lucy, and two Minions. To the right, the word "FEATURING..." is written vertically in white. At the bottom, the title "DESPICABLE ME 2" is written in large, orange, bold letters.

Date: Saturday, July 18th

Location: Colonial Heights Swim & Yacht Club

Time: 8:45pm

Fy2015-16 City Budget - General Fund

\$53.4M Supporting City Services with Tax Dollars

- Includes continuation of all existing services & programs; and full-year funding of all existing staff/operations. While primary goal is to maintain existing service levels, enhancing services wherever possible - while effectively controlling costs - is also a priority.
- The budget does not include deficit spending or utilization of reserves for operating expenses.
- Over the past 14 years, funding from city tax dollars for CH Public Schools has increased an average of \$487,739 per year, every year; and total annual funding has increased by \$6.2M (46%) since 2003.

FY15-16 Budget Highlights

- 351 total city employees - 255 full-time positions
- 2.0% COLA pay increase for all FT-city employees
- Employee Health Insurance change to reduce costs
- Public Safety Career Development funding
- \$1.05M for Capital Outlay and street reconstruction
- Increased costs for Riverside Regional Jail
- Shepherd Stadium Restoration, Phase 3
- Increased Courthouse operations/maintenance costs
- Utility Rate increase

- While property taxes (real estate & personal) provide financial stability in annual support of basic services, variable city taxes - Retail Sales/Use Tax, Food Tax, and Lodging Tax - typically provide funding opportunities for enhanced services or capital investment
- Although the City has experienced very moderate growth in this area recently, a conservative analysis of trends warrant an anticipated increase of nearly 5% in FY15-16; resulting in projected total revenue of \$14.3M from these taxes next year.



JULY 4TH FIREWORKS

Sat. July 4th

9:15pm - FREE

Rain date: July 5, 2015

Viewing for the fireworks will be off Interstate 95, Exit 53 or 54 in the Southgate Square/Wal-Mart Area. Bring blankets and/or lawn chairs. For more information, please contact the Colonial Heights Recreation & Parks Department at (804) 520-9390.



BACK TO SCHOOL FESTIVAL



Tuesday, August 18, 2015

Location: Colonial Heights Soccer Complex

Time: 6:00 - 8:00 pm

Colonial Heights Residents Only!

Rain Date: 08/25/15



Pre-register at www.colonialheightsva.gov to receive a special pre-registration supply bag.

FOR MORE INFORMATION CALL: 520-9390 COLONIAL HEIGHTS RECREATION RESIDENTS ONLY!

Where do my city Tax Dollars go?



For every Tax Dollar collected :

\$.37 goes to **Public Schools**

\$.25 for **Public Safety/Courts**

\$.15 funds **Other Services**

\$.10 for **Employee Benefits**

\$.07 pays **Debt Service**

\$.06 for **Administration**

THE CITY FOCUS

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