

The City Focus

Official Newsletter for the City of Colonial Heights



Winter 2018

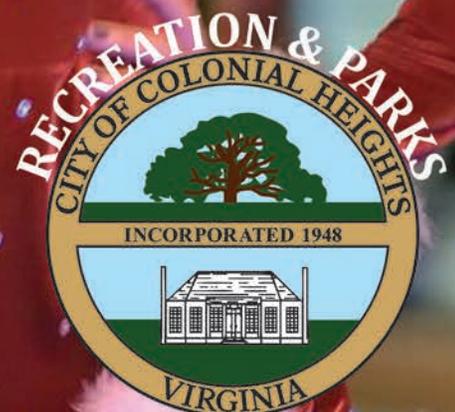


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COUNCIL COLUMN



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Is inconvenience worth it, if you could save money!
When it comes to paying for major road construction, you bet it is!!

It can be very frustrating to local commuters when there are major road paving projects in progress throughout the city. At times, traffic is slow, only one lane is accessible, construction is taking too long to complete, or traffic is being rerouted. But what most people don't realize is that the longer deadlines and traffic inconveniences are actually saving the city money – and lots of it! In fact, these inconveniences actually mean that the city is being good stewards of tax payer money.

In an effort to stretch our construction funds, Colonial Heights has applied for, and been granted state funds for, many large road projects. The Virginia Department of Transportation (VDOT) awards grants (money that does NOT have to be paid back) for specific paving projects throughout the city.

In many cases, the state funds are covering 100% of the project costs. For a small community like Colonial Heights, that is a **big deal!** This gives the city the opportunity to utilize the funding that would have come from our budget and allocate them for other “capital projects”, such as fire trucks, renovation of Shepard Stadium, paving neighborhood streets, school renovations, the emergency radio system, etc.

What about the inconvenience? No matter when you have a major project in a high traffic area, it's easy to become impatient or frustrated. It's important to remember, however, that road projects funded in part or in whole by VDOT, are scheduled and completed based on VDOT guidelines. Some recent and upcoming projects, along with the projected cost savings to the city, are:

Project	Total Cost	VDOT Share	City Share
Bldv Resurfacing (Newcastle Dr. to Moore Ave) - <i>Completed</i>	\$837,400	\$837,400	\$0
Temple Ave Resurfacing Phase 1 (Bldv to Hamilton Ave)	\$220,000	\$220,000	\$0
Temple Ave Resurfacing Phase 2 (Conduit to City Limits)	\$780,000	\$780,000	\$0
Conduit/Ellerslie Intersection	\$655,000	\$327,500	\$327,500
Total Value	\$2,492,400	\$2,164,900	\$327,500

So the next time you're impatiently waiting in traffic at the site of a city paving project, be thankful for VDOT funding which helps stretch our city budget!



COLONIAL HEIGHTS POLICE



“Operation Public Eye”

Do you currently use private video surveillance at your home or business? If you do, we would like to hear from you!

The Colonial Heights Police Department will be launching a new initiative to help make our city a safer place. **Operation Public Eye** will be a partnership between the Police Department, residents and businesses throughout the City that will allow sharing of recorded surveillance footage with the department.



This new initiative will enable residents and businesses to help fight crime that takes place in the City. This voluntary program will give law enforcement access to surveillance recordings of criminal incidents.

Video surveillance can be one of the most effective methods for solving crimes, apprehending criminals and convicting suspects who are caught in the act of committing a crime. Installing a video surveillance system is an excellent example of creating a partnership with your local police department. These partnerships are something that the Colonial Heights Police Department highly values.

The Colonial Heights Police Department is asking residents and businesses in the City to register their privately owned surveillance camera systems. As our department responds to incidents throughout the City, we may be able to use footage gathered from these security cameras to assist in the apprehension and prosecution of the criminals involved.

By registering your system, we can identify nearby cameras that may have captured criminal activity. The department will only contact you in the event that an incident occurs in an area where your surveillance system may provide assistance.

Registration is simple and only takes a few minutes. You will provide basic information and let us know where your cameras are located. There is no cost associated with registration, and your information will be kept confidential.



You can register your camera by going to the City website and following the link on the Police Department’s site (<https://citycolhghts.wufoo.com/forms/zhtyh0ra143p/>) or by scanning the QR Code. We appreciate your assistance in making Colonial Heights a safer place.

On the Cover...

Dancers perform their routine during the City of Colonial Heights Christmas Parade on the Boulevard. The 2019 Christmas Parade will take place on Tuesday December 4, 2018 at 7pm on the Boulevard. For more information see the Christmas Parade information on the back cover.

Dec 4	Christmas Parade 7:00 pm - On the Boulevard
Dec 5	Planning Commission (tentative) 7:00 pm - Council Chambers
Dec 11	City Council Regular Meeting 7:00 pm - Council Chambers
Dec 18	City Council Special Meeting 6:00 pm - Council Chambers (tentative)
Dec 24-25	City Holiday - Christmas Government Offices Closed
Jan 1	City Holiday - New Year’s Day Government Offices Closed
Jan 2	City Council Organizational Mtg - 7:30 pm - Council Chambers
Jan 3	Planning Commission (tentative) 7:00 pm - Council Chambers
Jan 8	City Council Regular Meeting 7:00 pm - Council Chambers
Jan 18&19	City Council Retreat 2:00 pm - Smithfield Station
Jan 21	City Holiday - Lee-Jackson-King Day - Government Offices Closed
Feb 5	Planning Commission (tentative) 7:00 pm - Council Chambers
Feb 12	City Council Regular Meeting 7:00 pm - Council Chambers
Feb 18	City Holiday - President’s Day Government Offices Closed
Feb 19	City Council Special Meeting 6:00 pm - Council Chambers
Mar 5	Planning Commission (tentative) 7:00 pm - Council Chambers
Mar 12	City Council Regular Meeting 7:00 pm - Council Chambers
Mar 19	City Council Special Meeting 6:00 pm - Council Chambers

Recycling Needs Your Help!

Did you know that nearly all of the paper and cardboard collected in Colonial Heights and central Virginia for recycling was marketed to paper mills in China? Yes, "was" is the operative word. China "was" the largest importer of recyclable material in the world until recently when they have stopped allowing certain commodities such as mixed paper into the country because of poor quality. In other words, when non-recyclable items, like plastic bags, get mixed in bales of paper or cardboard, it contaminates the paper, and the Chinese are tired of buying poor quality feedstock for their mills.

Why do we care? Well, the continued success of recycling programs is dependent on economically feasible end markets. In the past, revenue generated from the sale of recyclables has covered the labor and equipment necessary to sort, bale and transport the commodities to market. Now other buyers in other countries and in the U.S. are flooded with scrap paper and are becoming pickier than ever on accepting the material.

As a result, we must clean up the recycling to be able to market it! The Central Virginia Waste Management Authority (CVWMA) and the City of Colonial Heights need your help to recycle right! The Green Recycling containers are for recyclable items ONLY. Placing items that are not accepted in our residential (curbside) recycling and drop-off recycling programs cause contamination issues and add additional processing and disposal costs.

Whether your recyclables are picked up from your home or whether you drive them to a drop-off site, place LOOSE acceptable items ONLY in the container. Do NOT bag your recycling in plastic bags.

CVWMA's recycling vendors will no longer pick up unwanted items like plastic bags and other non-recyclables, including food contaminated containers. If you find an "OOPS" tag on your recycling cart and your recycling was not collected, then you may have included items that are not acceptable. To avoid this, visit cvwma.com and make sure you Recycle Right! Then share this information with family, friends and neighbors!

Do NOT put the following in you recycling can (the bright green one):

- Plastic bags, (Do NOT bag your recycling!).
- Styrofoam, and food contaminated items.
- Garbage or yard waste.
- Bulky plastics such as kids toys, swimming pools, hoses, buckets, lawn furniture

Only Include these Items:

- Aluminum and steel cans.
- Glass bottles and jars.
- Mixed paper and cardboard.
- Cartons (rinse and replace cap).
- Plastic bottles, jugs, containers, and tubs.

For more information, please call CVWMA at (804) 340-0900 or visit www.cvwma.com.

Colonial Heights

Chamber of Commerce

2018 Turkey

Trot

November 22nd

9:00am



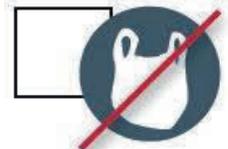
Call (804)526-5872 or Register at www.colonialheightschamber.com

OOPS!

Please leave these Items out of your recycling!



Do not Bag Recyclables
(no garbage)



No Plastic Bags
or Plastic Wrap



No Food or Liquid
(empty all containers)



No Styrofoam™
(carryout or packing
materials)



No Tangles,
Cords, Hoses
or Chains



No Big Items
(wood, plastic,
furniture or metal)

CORRECT THIS AND WE WILL COLLECT NEXT TIME.

 **CVWMA.COM**

Central Virginia Waste Management Authority

Questions about your residential recycling service?

(804) 340-0900

Natural Gas Safety

If you have natural gas, then you could have carbon monoxide. These are two potential killers inside your house. But they don't have to be. If you take precautions and maintain your equipment then it's a safe way to heat your home. Let's look at some safety tips for using natural gas:



- Know how to detect a natural gas leak. If you smell natural gas, leave the area immediately. Don't do anything that may cause a spark.
- Every month, check your furnace filters. Change or clean the filters as needed to help keep your heating and cooling system operating safely and efficiently.
- Have your furnace inspected according to the manufacturer's recommendations.
- If your pilot light goes out and you are unsure about relighting it, call a licensed plumber or contractor.
- Please keep your natural gas meter clear of debris, shrubs or other vegetation. Remember to clear away snow or ice during winter months. If your meter is damaged, please call us at 1-800-543-8911.
- Do not store flammable liquid or any combustible material near your furnace, water heater or vent pipe. Vapors from paint thinner, gasoline and cleaning solvents can ignite if exposed to a flame or spark.
- Periodically inspect your gas lines between the meter and your appliances, pools, hot tubs and out buildings for wear and corrosion. Make any necessary repairs immediately.
- If you are planning a project that requires digging or demolition, please call Virginia 811 first to have your underground utilities marked.
- If your gas is shut off for any reason, do not attempt to turn it back on by yourself. Call us at 1-800-543-8911.

Carbon monoxide is an odorless, colorless gas created when fuels (such as gasoline, wood, coal, natural gas, propane, oil, and methane) burn incompletely. The dangers of CO exposure depend on a number of variables, including the victim's health and activity level. Infants, pregnant women, and people with physical conditions that limit their body's ability to use oxygen (i.e. emphysema, asthma, heart disease) can be more severely affected by lower concentrations of CO than healthy adults would be. Symptoms of CO poisoning can be confused with flu symptoms, food poisoning and other illnesses. Some symptoms include shortness of breath, nausea, dizziness, light headedness or headaches. High levels of CO can be fatal, causing death within minutes.

The best thing to do is maintain your gas appliances. Having a licensed plumber or HVAC contractor install and inspect your equipment, it could save your life. *Information obtained from Columbia Gas of Virginia and National Fire Protection Association.*

For more information and safety tips, such as purchasing a carbon monoxide detector, visit www.Columbiagasva.com or call Columbia Gas Customer Service phone number 1-800-543-8911.

FROM THE BILLING & COLLECTIONS DEPARTMENT WINTER 2018 - 2019 IMPORTANT DATES

December 5, 2018, the 2nd half of 2018 Personal Property Taxes are due. In order to avoid penalty and interest, these taxes must be paid by this date. Please pay all Personal Property taxes by the due date to avoid a "Vehicle Registration Stop" being placed at DMV.

The **2019** Colonial Heights DOG and CAT tags are due by **January 31, 2019**. A valid rabies certificate and document indicating whether the dog or cat has been spayed or neutered must be presented.

The cost of a 1-year tag will be as follows:

- Dog or Cat tags: \$10.00 each
- Neutered or spayed tags: \$2.00 each

The cost of a 2-year tag (if qualified) will be as follows:

- Dog or Cat tags: \$20.00 each
- Neutered or spayed tags: \$4.00 each

The cost of a 3-year tag (if qualified) will be as follows:

- Dog or Cat tags: \$30.00
- Neutered or spayed tags: \$6.00

In order to purchase a 2 or 3 year tag, the rabies must expire in 2020 for a 2 year tags and 2021 for a 3 year tags. These tags may be purchased through the Mail or in The City Drop Box. Please enclose copies of the necessary documents with your payment, and we will mail the tags back to you. All tags must be purchased by **January 31, 2019** to avoid a \$25 late fee charge. ALL checks should be made payable to "CITY OF COLONIAL HEIGHTS".

Mail to: City of Colonial Heights
Billing & Collections
P. O. Box 3401
201 James Ave.
Colonial Heights, VA 23834-9001

From the Commissioner of the Revenue

Reminder dates

- November 15, 2018 Second half Real Estate tax is due
- December 5, 2018 Second half Personal & Business Property tax is due
- December 5, 2018 Supplemental Personal Property tax is due

As we approach 2019 here are a few items and dates to remember

- Return blue tangible personal property sheet only if there are additions or deletions
- Let us know about any vehicle, motorcycle, boat, trailer, motor home that you have sold in 2018
- Let us know about any new or additional vehicles, motorcycles, boats, trailers or motor home you have purchased in 2018
- Business License renewals begin January 1 with deadline to renew on March 1
- File for Elderly or Disabled Real Estate tax relief by March 31
- File High Mileage Form by January 31

Colonial Heights Recreation and Parks Department

Office Hours: Monday - Friday 8:00am - 5:00pm

P.O. Box 3401 / 901 Meridian Avenue

Colonial Heights, VA 23834

www.colonialheightsva.gov/recandparks

Recreation and Parks Office	(804) 520-9390
Recreation and Parks Fax	(804) 520-0026
Senior Activities & Classes	(804) 520-9220
Senior Transportation	(804) 520-9219
Teen Center	(804) 524-8717
Weather Cancellation Line	(804) 524-8788
Violet Bank Museum	(804) 520-9395

Register by Mail

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks
P.O. Box 3401
Colonial Heights, VA 23834

Register in Person

To register in-person, please visit our office, Monday - Friday 8:00am-5:00pm:

Recreation and Parks Office
Shepherd Stadium
901 Meridian Avenue
Colonial Heights, VA 23834

Register Over the Phone

Call the office at (804)520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation office before the first class.

Register Online

To register online, please visit us online at www.colonialheightsva.gov/recandparks and click the register online link.

After Hours Dropbox

We have a Drop Box for after hours collection of registrations, payments and uniforms; located in front of the Community Center at 157 Roanoke Ave.

Payment Options

The City accepts Cash, Check, money order and major Credit Cards. Discover card not accepted at this time. Please make checks payable to: "City of Colonial Heights". \$35 fee may apply for returned checks



Spring Adult Softball League

Ages 16+

Registration is currently being accepted for the Men's and Women's Open Leagues, COED Leagues & Church Leagues for the 2019 Spring/Summer Adult Softball Leagues. Starting this spring all leagues will be NSA Softball leagues under the direction of NSA staff. Registration Deadline for the Spring/Summer season will be Friday, March 8, 2019. Fee: \$650/team

Primary Game Nights:

Men's Upper Competitive - Mon nights

Church or COED - Tue/Thur nights

Men's Lower or COED - Wed/Thur nights

Game nights are subject to change based on the number of teams registered. Teams must be available to play any weeknight. Teams must supply game balls. Game balls must be NSA Icon .44 core 400lbs.

Youth Spring Soccer

Registration

Registration for 2019 Spring youth soccer will begin online January 1, 2019 at www.colonialheightssoccer.com. Players from all localities are welcome for an additional \$5 per player. Games/practices will take place at the Soccer Complex behind the Colonial Heights Library. In-person registration will be accepted at the Colonial Heights Library on Sat, Jan 26th and Sat, Feb 9th from 10am-2pm. You must register by March 1st to guarantee a spot and uniform if needed. Practices will begin the middle of March and games will be played on Saturdays beginning late March. For more information email chsainformation@gmail.com.

Fees:	\$45; ages U5-U8 (uniform included)
	\$60; ages U9-U12 (uniform included)
	\$75; ages U13-U18 (uniform included)

Youth Baseball/Softball Registration

Ages: Boys 4-18 (as of 4/30/19)

Girls 4-15 (as of 8/31/19)

Registration for 2019 youth baseball and softball leagues will begin on January 30, 2019. The deadline to register is March 1st. To register you must be a City of Colonial Heights resident. Practices begin mid-March. Practice times will vary depending on the amount of teams in each league.

Fee: \$20 until March 1st; \$30 after March 1st, children registered after March 1st may be placed on a waiting list.

Coed:

Rookie League (Instructional)	ages 4-5
Coach Pitch (Instructional)	ages 6-8

Boys:

AAA League	ages 9-10
Major League	ages 11-12
National League	ages 13-15
Big League	ages 16-18

Girls:

Angels	ages 9-10
Darlings	ages 11-12
Belles	ages 13-15
Debs	ages 16-18

Open Gym Basketball

Ages 6+

Open gym basketball will be offered on Sundays. Full court games will be organized depending on the amount of participants each week. Must be a City of Colonial Heights resident.

Ages 14 and under

Su	12/9-2/24	1-3pm
FREE	CH High School Gym	

Ages 15+

Su	12/9-2/24	3:15-5:15pm
FREE	CH High School Gym	

Little Tykes Basketball

Ages 3-4

Colonial Heights Recreation and Parks will provide a new way to interact with your toddler. Little Tykes Basketball will provide a weekly opportunity for children between the ages of 4 and 5 to learn some basics of the game of basketball. The activity will provide a great environment for your toddler to learn basic skills and have fun learning something new.

Th	1/10-2/7	6:00pm-7:00pm
\$20	North Elem. Gym	

Classes & Activities

Belly Dancing

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthens your core and your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome.

Th	1/3-1/24	6:00pm-7:00pm
Th	2/7-2/28	6:00pm-7:00pm
Th	3/7-3/28	6:00pm-7:00pm
\$30	Community Center	

Winter Break Camp

Ages 6-12

Winter Break camp this year is going to be held at the Colonial Heights Community center from 8am-5pm. Each day we are going on a different field trip which can include anything from going to the movies, Swaders, MP Bounce w/ me and more. Each day will have a different theme and activities. Lunch is included each day. There will only be 20 spots available so pre-registration is required. During the day your child will engage in activities such as arts and crafts, group games and team building activities, gym games and more. All those who register will be given the schedule of activities prior to the start date of camp. Student must bring snacks and a water bottle each day. Those ages 6-12 will be able to register for camp. If your child is 5 years of age and has completed or is in kindergarten then they are eligible to register. You do not have to be a Colonial Heights resident

We-Fr	1/2-1/4	8:00am-5:00pm
\$75	Community Center	

Student Holiday Camps

Ages 6-12

This one day camp is going to be filled with arts and crafts, group games, science experiments and a field trip to a local attraction. Camp is going to take place at the Colonial Heights Community Center from 7:30am-5:30pm. There are only 20 spots available for those ages 6-12 and you do not have to be a Colonial Heights resident. Children ages 5 years old can attend as long as they have completed or are in kindergarten. Lunch is included but it's requested that the children bring a water bottle and snacks. You may also bring them separate money for the trip, but it is not mandatory.

Mo	1/28	7:30am-5:30pm
Mo	2/18	7:30am-5:30pm
\$40	Community Center	

Therapeutic

Therapeutic Recreation (TR) uses recreational activities (such as art, games or dance) to help people with disabilities to improve their physical, cognitive and social skills. For example, doing a craft activity might help a child to build fine motor skills, while also giving them an opportunity to think creatively and have fun with peers.

Colonial Heights Recreation and Parks offers a series of programs for those with special needs including but not limited to intellectual, physical, emotional or developmental disabilities.

These activities will be offered to help enhance their recreation interests and participation. Prior to the activity the participant must register and complete a participant profile. The participant profile can be found online on our website or can be emailed per request. *Activity schedules are subject to change*

Volunteers Wanted

If you are someone that is interested in working with and learning about those with special needs then we would love to have you as a Therapeutic Recreation volunteer. Our TR volunteers are needed in our Wednesday night activity sessions listed below. Prior to the start of class we have an informational meeting to discuss class goals, diagnosis of potential participants and we also engage in team building activities with other staff members. If you are interested in volunteering please email AJ Barksdale at barksdalea@colonialheightsva.gov for more information.



Fall Classes (All Ages) - Community Center

We	12/5	Adaptive Exercises	\$3	5:30pm-7:00pm
We	12/12	Healing Sounds Music Therapy	\$10	5:30pm-7:00pm
We	12/19	Christmas Party	\$5	5:30pm-7:00pm
We	12/26	No Class - Holiday		
We	1/2	Creative Arts	\$3	5:30pm-7:00pm
We	1/9	Healing Sounds Music Therapy	\$10	5:30pm-7:00pm
We	1/16	Animal Therapy	\$3	5:30pm-7:00pm
We	1/23	Sensory Stimulation: All About Textures	\$3	5:30pm-7:00pm
We	1/30	Bingo!	\$3	5:30pm-7:00pm
We	2/6	Healing Sounds Music Therapy	\$10	5:30pm-7:00pm
We	2/13	Valentine's Party w/ARC South of James	\$5	5:30pm-7:00pm
We	2/20	Adaptive Exercises	\$3	5:30pm-7:00pm
We	2/27	Paint & Sip Night	\$5	5:30pm-7:00pm

We've Expanded! - TR Tuesdays 2019 Game Night & Social Hours

These classes will be held the 2nd Tuesday of each month. Every 3 months the type of activities will change. For the first added series we are going to have game night and social hour. This class will be filled with a collection of group games for all ages. The activities will change from April-June.



Tu	1/8	5:30pm-7:00pm	\$3	Community Center
Tu	2/12	5:30pm-7:00pm	\$3	Community Center
Tu	3/12	5:30pm-7:00pm	\$3	Community Center

Trips

Riverside Theater Fredericksburg, VA

For the following performances, we will depart from the Senior Center at 10:00am and return back to the center at approximately 6:30pm. Price includes transportation on vans, ticket to show, and lunch. Sign up early, limited tickets!

La Cage Aux Folles

Jerry Herman's musical, based on the French play of the same name, is the story of a flamboyant gay couple who must pretend to be straight for one night – with one of the men in drag – to dupe the conservative political family of their son's fiancée.

We 2/6 10:00am-6:30pm \$64

The Color Purple

With a soul-raising score of jazz, gospel, ragtime and blues, The Color Purple gives an exhilarating new spirit to this Pulitzer Prize-winning story.

We 4/10 10:00am-6:30pm \$64

Savannah, GA

4 Days and 3 Nights. Join us as we tour one of the most beautiful cities in the world! You will be taken on a guided tour of historic Savannah, the Mercer-Williams House, Savannah History Museum, Old City Market, and Savannah's River Street District.

Tu-Fr 4/9/19-4/12/19

\$515 Double

\$625 Single

Cleveland, OH

4 Days and 3 Nights. Join us as we tour one of the most acclaimed cities in America. You will visit the Cleveland Metroparks Zoo, Pro Football Hall of Fame, Rock and Roll Hall of Fame, tour the city via Lolley the Trolley, and take a cruise about the Nautica Queen for a sunset dinner.

Tu-Su 7/16/19-7/19/19

\$650 Double

\$800 Single

Connect with Rec & Parks

On
Social
Media...



Violet Bank Rocks!

Violet Bank Museum is pleased to announce the launch of a new outreach program beginning January 1, 2019. Inspired by the Kindness Rocks Project, founded by Meghan Murphy, the staff at Violet Bank Museum has painted river rocks a violet purple and added a positive word or message to each.



The rocks are then hidden in plain sight on public spaces throughout the City of Colonial Heights for others to find. This pay-it-forward positivity outreach program hopes to bring a message of kindness, gratitude, encouragement, and spark joy in people's everyday lives. That one simple message on the rock can change a person's day, their outlook or maybe even their life. When one of these special rocks are found, the finder can choose to rehide the rock, replace the rock with one they have painted or simply keep the rock as a reminder of the positive message. Finders of the Violet Bank Rocks! are encouraged to go to our Facebook page @colonialheightsrec to post pictures and comments about it.

CANDLELIT TOURS at Violet Bank Museum

Violet Bank, the lovely Federal-style house in the heart of Colonial Heights, will once again be at its festive holiday best and aglow in candlelight for these very special evening tours. The house will be beautifully decorated in an array of natural materials and greenery by the talented members of the Violet Bank Garden Club.

Come out and enjoy the sights and sounds of the holiday season with a selection of Christmas favorites and a visit with Santa, on one of these tour dates:

11/30/18 • 12/1/18 • 12/2 /18
12/7/18 • 12/8/18 • 12/9/18

All tours are from 6pm to 8 pm

VIOLET BANK MUSEUM
303 Virginia Avenue
Colonial Heights, VA 23834
(804) 520-9395
www.colonialheightsva.gov

* This event is free and open to the public. The Museum will be accepting non-perishable food items to benefit the Colonial Heights Food Pantry. Please help spread the joy of the holiday season by giving.*

Senior Center

Senior Center

The Senior Citizen Center is adjacent to the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:30 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted.

Visit the Senior Center's website at www.colonialheightsva.gov/261/Senior-Center for a full listing of programs and activities. The website is updated each month with a full monthly calendar listing of programs, trips and special activities. You may also call the Center at (804) 520-9220 for information on upcoming activities.

Senior Citizen Club

The Senior Citizen Club was organized in 1968. It is open to Senior Citizens 50 years of age and older who are City Residents. The Club meets at 1:15 pm on the first three Thursdays of the month at the Community Center and on the fourth Thursday of the month at Golden Corral Restaurant. For information on being part of this Club contact 520-9220.

Flora M. Hill Park's New Learning Trail

The Recreation and Parks Department is excited to announce the opening of a "Steps to Success Early Learning Trail" at Flora Hill Park in Colonial Heights. The trail was made possible with a national grant program through ALDI and the United Way. The Steps to Success Early Learning Trail helps parents, caregivers, and communities use everyday moments outdoors to boost school readiness of children in their preschool years. The Recreation and Parks Department is excited to now have a new way to engage families in enjoying the outdoors and learning in our city. This trail can help young children boost language, reading, problem solving, and critical thinking skills. The trails offers families a place to be active and elevate awareness of early childhood education.

The trail includes a welcome sign and nine signs with expert-approved learning games, each with fun and easy activities for children and adults to do together. Some of the signs have stenciled activities on the paved pathway along the trail. The cost of all signage and bench components, installation supplies, and parent learning materials were covered with the grant and ALDI and United Way volunteers did the installation work. Visit Flora Hill Park and enjoy the trail with your families and friends.



Senior Transportation

Hours of Operation are Monday-Friday 8:00 a.m. to 4:30 p.m. (With services being provided from 8:15 a.m. to 4:00 p.m.)

Effective July 1, 2018: Services have been expanded to include adult special needs or handicapped City residents under 60.

Effective August 1, 2018: Hours have been expanded to 8:00 a.m. to 1:00 p.m. on Saturdays (With services being provided from 8:15 a.m. to 12:30 p.m.)

Service will be available only to Colonial Heights residents who are at least 60 years of age, and adult special needs or handicapped Colonial Heights residents.

Transportation will be available to and from any Colonial Heights destination. Also, for medical appointments only to and from Petersburg, Hopewell and the Puddledock Road area of Prince George County. Registration for services is required and is available by calling Senior Transportation at (804)520-9219.

Appointments must be made at least 24 hours in advance. There are no fees for transportation services, but donations are accepted.

Activity & Fitness Monthly Class Schedule

Monday

- 8:30am Muscles in Motion
- 9:30am Tai Chi (*Library*)
- 9:30am Bowling (*League Fee*)
- 10:00am Strength & Stretch
- 11:00am Pickle Ball (*Swift Creek Baptist Church*)
- 1:00pm Adult Coloring
- 3:00pm Computer Class (*sign up*)
- 4:00pm Beginners Sewing (*sign-up \$12*)

Tuesday

- 9:00am Yoga
- 9:30am BP Screening (*3rd Tue*)
- 10:00am Sit & Let's Get Fit
- 11:00am Sit & Let's Get Fit
- 11:00am Bunco
- 11:00am Meditation
- 12:00pm Duplicate Bridge
- 12:00pm Lunch Program with CDAAA
- 1:00pm Bingo
- 1:30pm Water Aerobics (*HCC - \$2*)
- 3-6pm Quilts for Vets (*Last Tue*)
- 3:00pm Open Sew (*1st, 2nd & 3rd Tues*)

Wednesday

- 8:30am Muscles in Motion
- 10:00am Strength & Stretch
- 10:00am Crochet & Knitting Group
- 11:00am Line Dancing
- 11:00am Pickle Ball (*Swift Creek Baptist Church*)
- 12:00pm Party Bridge
- 4:00pm Beginners Sewing (*sign-up \$12*)

Thursday

- 9:00am Yoga
- 9:30am Sing-A-Long
- 10:00am Sit & Let's Get Fit
- 11:00am Sit & Let's Get Fit
- 11:00am Game Central
- 12:00pm Lunch Program
- 12:45pm BP Screening (*1st Thur*)
- 1:15pm Senior Citizens Club Mtg.
- 2:00pm Watercolor

Friday

- 8:30am Muscles in Motion
- 10:00am Strength & Stretch
- 11:00am Pickle Ball (*Swift Creek Baptist Church*)
- 1:00pm Computer Class (*sign up*)
- 1:00pm Scrabble
- 5:30pm Open Paint
- 7:00pm Senior Dance (*2nd Fri - \$6*)



Neighborhood Leaf Removal Fall 2018/Winter 2019

Convenient Service during Fall Season

The City of Colonial Heights Department of Public Works is pleased to announce that convenient leaf removal services will be provided in city neighborhoods again this year. Each fall, residents collect and stockpile loose leaves along city streets, which city crews remove and make available to local recycling businesses.

Year Round Service Option

Bagged leaves are collected year round and may be placed at the curbside on regular trash collection days. The limit per collection day is 30 bags, each weighing no more than 50 pounds.

Neighborhood Service Areas

This year leaf removal operations will occur in three main service areas, each consisting of three to four neighborhoods. Figure 1 shows the service areas and schedules. Signs will be installed on adjacent thoroughfares to let residents know in advance when service is scheduled in their area. Please note that the time for service in each area is subject to change depending on inclement weather conditions and other events beyond the City's control.

Scheduled Time of Service

Leaves will be collected and removed during the hours of 7:30 AM and 3:00 PM, Monday through Friday, beginning November 12, 2018 and ending February 11, 2019, except on holidays.

Preparing Leaves for City Collection

Residents are asked to place leaves along street frontages and roadsides one week before service is scheduled to begin in their neighborhood, ***as only one (1) pass will be made on each street during the scheduled collection service for the area.*** No leaves will be removed except during regularly scheduled times. Leaves that are not placed before regularly scheduled removal times will be removed during the next regularly scheduled service in the area. City crews cannot remove leaves from private property.

Avoid Mixing Leaves with Other Debris

Residents are asked to keep leaf piles free of tree branches, lumber, steel, rock, concrete or other debris. Hard objects mixed with leaves are hazardous and may damage leaf vacuum equipment causing unnecessary time and expense to repair or replace.

Neighborhood Parking During Leaf Removal Service

Residents can assist city leaf removal operations by keeping parked vehicles clear of leaf piles. The use of off-street parking is encouraged wherever available. "No Parking" signs may be used to restrict parking on neighborhood streets while city crews remove leaf piles. To avoid damaging personal property, city crews will not rake leaf piles out from under or between parked cars.

More Information

Residents may contact the Public Works Department at 520-9372 for more information about this convenient neighborhood service. See Map on next page.

Coming Soon -

Colonial Heights Beautification Award

The Colonial Heights Beautification Committee is a non-profit organization of volunteers whose mission is to enhance our public areas, plant trees and protect the environment. Starting January, 2019 the committee will be recognizing businesses within our community who share our same goals of keeping our city beautiful.

Beginning our focus on the Boulevard Corridor, we will be announcing the award recipients monthly to show our appreciation for the effort and time put in to keeping these properties well maintained. We look forward to showing our thanks to those businesses going the extra mile to help add to the beauty of our city. Look for our first recipients to be announced in January 2019!



Neighborhood Leaf Removal Schedule Fall 2018/Winter 2019

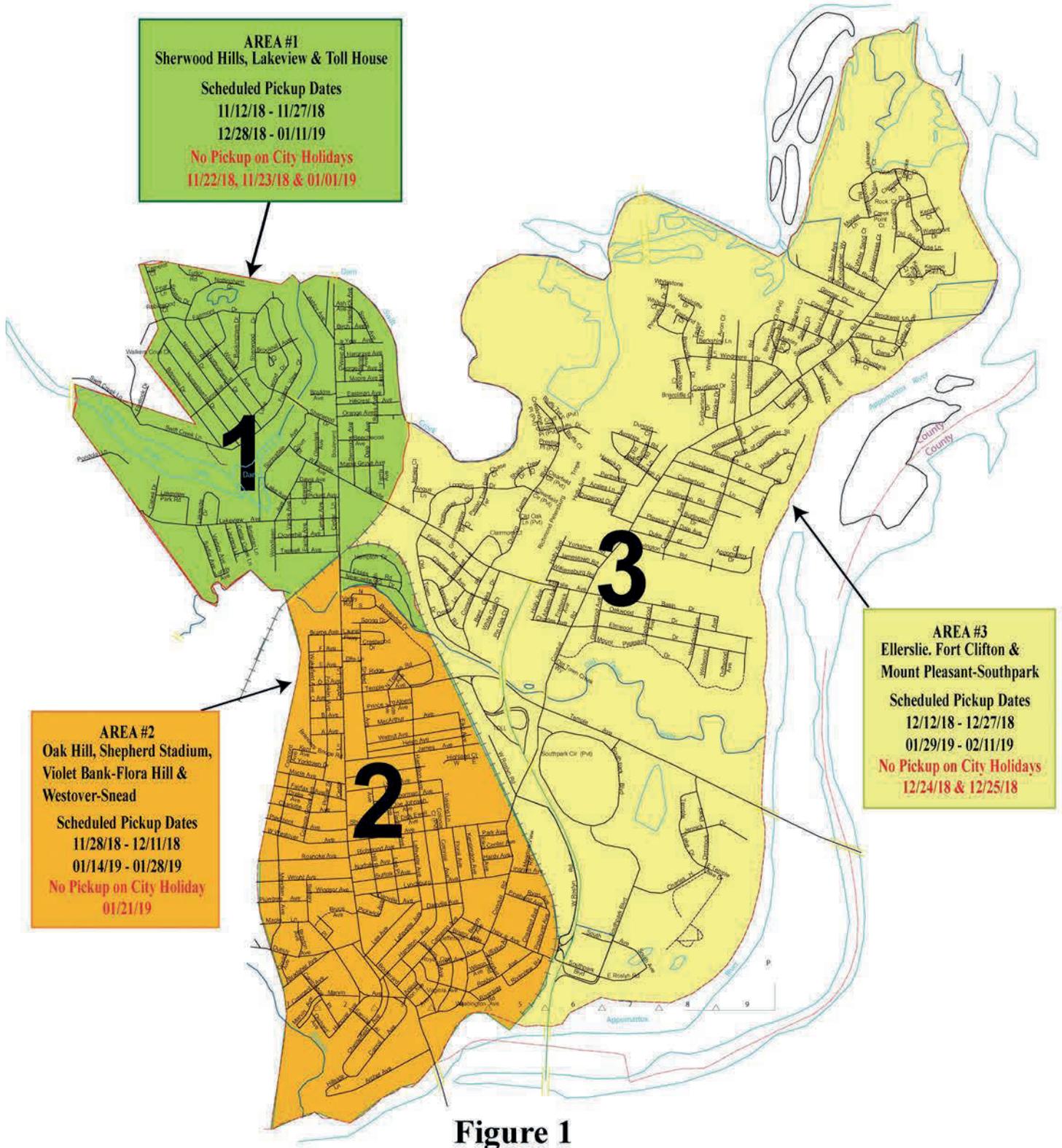


Figure 1

City of Colonial Heights

5th Annual

Christmas Tree Lighting Ceremony

Saturday November 24th

4:30-6:30pm

Courthouse

550 Boulevard



Featuring

Santa's Workshop
4:30pm (\$5)

Must pre-register

Live Entertainment
6pm

Tree Lighting
6:30pm

For more information or to register for Santa's Workshop contact the Recreation & Parks Department at 520-9390.

City of Colonial Heights Christmas Parade

Presented by:



Tuesday, December 4, 2018

Theme: "March of the Toys"

Parade Start Time: 7:00 p.m.

This year's 66th Annual Christmas Parade - a longtime Colonial Heights tradition - occur on Tuesday, December 4 on the Boulevard. Originated in 1953 by the Colonial Heights Optimist Club, the nighttime parade is a unique event that draws people from all over the Tri-Cities area. Since 1961, the parade had been organized by the Colonial Heights Jaycees making the parade a true community event.

In 2014, the City of Colonial Heights began management of the Christmas Parade. Among city staff, the primary coordinator of this year's Parade will be the Recreation & Parks Department. All inquiries regarding the Parade should be made through the Department by calling (804) 520-9390 or by emailing the following address:



christmasparade@colonialheightsva.gov.

Traffic impact information will be available on the City website mid-November.

Important City of Colonial Heights Phone Numbers

Police/Fire Emergency	Dial 911
Police/Fire Non-Emergency	(804)520-9300
Recreation & Parks	(804)520-9390
Office on Youth & Human Services	(804)520-9286
Colonial Heights Health Department	(804)520-9380
Utilities Billing	(804)520-9288
Billing & Collections	(804)520-9320
Planning & Community Development	(804)520-9297
Curbside Trash Collection	(804)425-0500
Curbside Recycling Collection	(804)340-0900
Circuit Court	(804)520-9364
General District Court	(804)520-9346
Juvenile & Domestic Relations District Court	(804)451-0213
CH Recycling Center	(804)479-7056

(Household Hazardous Waste & Other Materials)

Call Us

THE CITY FOCUS

City of Colonial Heights

Office of the City Manager

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www.colonialheightsva.gov

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