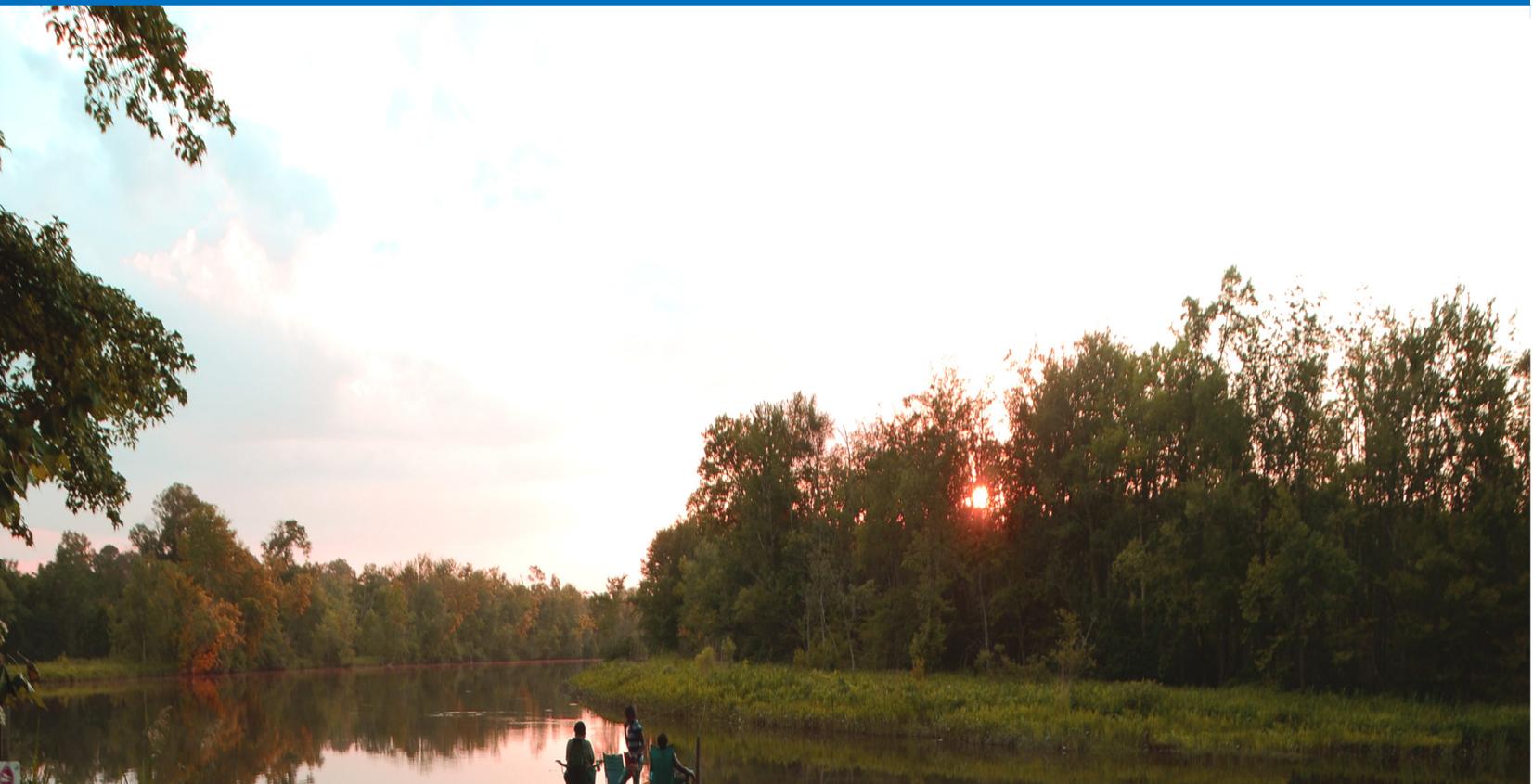


# The City Focus



Official Newsletter for the City of Colonial Heights

Summer 2018



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[www.colonialheightsva.gov](http://www.colonialheightsva.gov)

# City of Colonial Heights Council Members



**T. Gregory Kochuba**  
Mayor  
kochubag@colonialheightsva.gov



**Elizabeth G. Luck**  
Vice-Mayor  
lucke@colonialheightsva.gov



**Michael A. Cherry**  
Councilman  
cherrym@colonialheightsva.gov



**W. Joe Green, Jr.**  
Councilman  
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**John E. Piotrowski**  
Councilman  
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**John T. Wood**  
Councilman  
woodj@colonialheightsva.gov

**Pamela Wallace**  
City Clerk of Council  
wallacep@colonialheightsva.gov  
(804)520-9360

## Contact the City Manager



**Douglas E. Smith**  
City Manager  
City Hall  
201 James Avenue  
smithd@colonialheightsva.gov  
(804) 520-9265



## COUNCIL COLUMN

Well it looks like Old Man Winter may be behind us. The city was very blessed with only five very minor snow falls during the fall and winter months. Although the temperatures were very cold, it could have been worse if the snow had been deeper. Now with the thermometer on the rise, we can get out and enjoy the many parks and activities that the city has to

offer. If you get a chance, stop by Shepherd Stadium and see the new seating that has been installed. This landmark stadium looks great with all the work that has been done to bring it into the 21st century.

A question that I and staff are often asked, "When is my street going to be repaired or paved?" If you have a pothole, you can report it online at [www.colonialheightsva.gov](http://www.colonialheightsva.gov) or by phone at 804-520-9372. Each year the City Council provides an amount of funds to repair the streets. All streets have been assigned a grade by an independent contractor according to how much repair work is needed. The idea is to preserve the pavement as long as possible, as a crack lets moisture in and breaks the asphalt. During the winter months when snow removal chemicals are used, it takes a toll on the pavement. There are three processes that are used to repair a street: 1) A black tar-looking substance is poured on the cracks to form a seal; 2) The Microsurfacing Treatment, (Asphalt and Emulsifier), is used to put a thin layer of asphalt on larger areas that are deteriorated; and 3) The most expensive repair, is the grinding up of the existing asphalt and a new layer of asphalt is put down. Each year City Council allocates approximately \$750,000 to repair a group of streets in the city. The budget that we are in now has allowed most of the streets in the Old Town Drive and Compton Road area to be repaired.

The City has received \$1,000,000 from VDOT to replace pavement and markings on the Boulevard from Newcastle Drive to Yew Ave. The project began on April 30th with the majority of work taking place at night, with a completion date of July 1st; weather permitting. If you are out driving while this work is going on, **please use extreme caution in that work zone.**

### Other street projects on the horizon:

Mallard Drive and Stratford Drive Rehab - May 2018; Widening of Dupuy Avenue – Fall 2018; Pavement Preservation, (Southeast/Southwest of the City) – Fall 2018, the streets include Washington, Virginia and Lee on the Eastside of the Boulevard, Chesterfield and Crescent on the Westside of the Boulevard.; Holly Avenue and Jamestown Road Rehab – Spring 2019; Complete reconstruction of the intersection of Eilerslie and Conduit – Spring 2019; Widening of Lakeview Avenue – Summer 2019. \*All time frames given are current projections and may change.

### New Facilities Opening:

Longhorn Steakhouse opened on April 24th; Harbor Freight Opened on April 24th; The Southside Regional Emergency Center, adjacent to Interstate 95 at the Southpark Exit, is scheduled to open in July; and Sedona Tap House Restaurant has started construction.

### Grants:

The City has received a grant from Virginia Information Technologies Agency, in the amount of \$100,697 for the city's GIS (Graphic Information System). The grant will be used to update our 911 system that will work off of GIS data which will help in locating people when they call in an emergency, especially when using a cell phone.

Additionally, there has been a grant request for SAFER (Staffing for Adequate Fire & Emergency Response). This grant would enable the city to hire six additional Fire Fighters to add two additional Fire Fighters to each of the three shifts. The call load has climbed 9% in the last year. With the increased number of EMS calls the city is experiencing, this leaves only one Fire Unit with three people to respond to a fire emergency. With these additional Fire Fighters, two fire units could be staffed when others are tied up on EMS emergencies. The Federal Government would pay 75% of the cost for two years and 35% on the third year with the city picking up the tab on the fourth year and beyond. This is a competitive, nationwide form of application process. Let's keep our fingers crossed!

These are just a few things going on in the city. I thank each of you that have supported me in previous elections.

I look forward to working with citizens as I address questions and situations you may have. Do not hesitate to contact me, Kenny Frenier at [www.frenierk@colonialheightsva.gov](mailto:www.frenierk@colonialheightsva.gov).



June
<b>6/12 - City Council Regular Meeting</b> 7:00 pm - Council Chambers
<b>6/19 - City Council Special Meeting</b> 6:00 pm - Council Chambers
July
<b>7/3 - Planning Commission (tentative)</b> 7:00 pm - Council Chambers
<b>7/4 - City Holiday Independence Day</b> <b>July 4th Fireworks - 9:15pm</b> Vicinity of Charles Dimmock Parkway
<b>7/10 - City Council Regular Meeting</b> 7:00 pm - Council Chambers
<b>7/17 - City Council Special Meeting</b> 6:00 pm - Council Chambers
<b>7/26 - Economic Development Authority</b> 8:00 am - Council Chambers
August
<b>8/7 - Planning Commission (tentative)</b> 7:00 pm - Council Chambers
<b>8/14 - City Council Regular Meeting</b> 7:00 pm - Council Chambers
<b>8/21 - City Council Special Meeting</b> 6:00 pm - Council Chambers

## Applications for CDBG Home Repair due by June 29, 2018

The application period for Program Year 2018 of the City's CDBG Home Repair Program opens on June 1<sup>st</sup>, 2018 and closes June 29<sup>th</sup>, 2018. Applications will be available during the application period at the Planning Department located on the 1<sup>st</sup> floor of City Hall, 201 James Avenue.

In order to qualify, total household income must be below the HUD Income Limits (see below). Applicants are ranked based on a number of factors including disability status, elderly status, children present in home, and location within a prioritized neighborhood. On average, the City is able to serve 5 to 7 households a year. Previous qualified applicants who were not served are encouraged to re-apply.

Eligible activities include but are not limited to addressing leaking roofs, leaking plumbing, unsafe electrical, lack of heating, and accessibility needs.

If you have any questions, do not hesitate to contact the Planning Office at (804) 520-9297. Please share this information with anyone who may be eligible and resides within the City.

### PY2018 HUD Income Limits for Household Income

- 1 person household = \$46,600
- 2 person household = \$53,250
- 3 person household = \$59,900
- 4 person household = \$66,550
- 5 person household = \$71,900
- 6 person household = \$77,200
- 7 person household = \$82,550
- 8 person household = \$87,850



## Change to Utility Reconnection Procedure

The City will no longer reconnect water service disconnected for non-payment on the same day if payment is not received by 5:00pm at the City's Billing and Collections Department. Anyone contacting the City to restore service after regular business hours will be serviced the following day during regular business hours after payment is received. Regular business hours are Monday through Friday 8:30am-5:00pm.

For any questions, contact the City's Utility Billing Department at 520-9288.

## Important Colonial Heights Phone Numbers

Police/Fire Emergency	Dial 911
Police/Fire Non-Emergency	(804)520-9300
Recreation & Parks	(804)520-9390
Office on Youth & Human Services	(804)520-9286
Colonial Heights Health Department	(804)520-9380
Utilities Billing	(804)520-9288
Billing & Collections	(804)520-9320
Planning & Community Development	(804)520-9297
Curbside Trash Collection	(804)425-0500
Curbside Recycling Collection	(804)340-0900
Circuit Court	(804)520-9364
General District Court	(804)520-9346
Juvenile & Domestic Relations District Court	(804)451-0213
CH Recycling Center	(804)479-7056
<i>(Household Hazardous Waste &amp; Other Materials)</i>	

Call Us

## On the Cover...

A family enjoys some rest and relaxation while fishing from the pier at White Bank Park. Did you know the City operates 5 water accessible parks? Roslyn Landing Park, Lakeview Park, White Bank Park, Ft. Clifton Park, and Appamatuck Park all have access to the waters surrounding Colonial Heights. So grab your fishing pole, a friend, or a family member and get out and enjoy one of the many parks in Colonial Heights.

For more information contact the Recreation and Parks Department at (804)520-9390.

## Help Prevent Theft from Your Vehicle

In 2017, 91 thefts from vehicles were reported in the City of Colonial Heights. During these crimes, 14 firearms were reported stolen that had been left unsecured inside the vehicle. As of April 12, 2018, we have already experienced 21 thefts from vehicles, with five firearms stolen. The vast majority were crimes of opportunity, because the vehicle had been left unlocked and with valuables in plain sight. Once inside the vehicle, weapons that owners had tucked under seats, in glove boxes or were otherwise hidden from plain sight, were found and taken by the criminal. This has become a frustrating common occurrence, because it is one that can largely be prevented by following some simple tips.



### Lock Your Doors

No matter if your vehicle is at a shopping mall, your place of work, or even in your driveway, locking your vehicle is the single best way to prevent a theft from your vehicle. When a thief finds that a vehicle is locked, he or she is much more likely to move on.



### Completely Close Windows and Sunroofs

An open window or sunroof not only allows someone to easily reach inside and grab cell phones and purses, but also may disable the pressure sensor in some car alarms, leaving the vehicle more vulnerable to break-ins and potentially give a thief more time before the alarm sounds.

### Keep the Interior Clean

Almost any worthless personal item that is visible from the outside—even an empty shopping bag—could be seen as a valuable, or a carrier of valuables. Loose change and empty money envelopes should never be visible from the outside. Consider putting loose change in a cup.

### Do Not Leave Anything of Value

Always stow your electronics and accessories well out of sight—or better yet, take them with you. If not taken with you, purses, shopping bags and cell phones should be totally out of sight. If you must leave an item behind, the trunk of a **LOCKED** vehicle is usually your best option. Get in the habit of putting shopping bags directly in the trunk when you return to the vehicle, rather than after you park at the next destination.

### Firearms

We recommend that you **never leave your firearm unsecured in your vehicle**. If you are faced with no other option, then use a vehicle safe or secure the weapon in the trunk or other locked compartment—and **ALWAYS LOCK YOUR VEHICLE**.

With your help, **WE CAN** reduce this crime and keep safe the valuables that we all work hard to earn. We can also keep firearms from falling into the hands of criminals.

Finally, with great weather around the corner, it is a perfect time to get outside and meet your neighbors. It is also a great time to get involved with your Neighborhood Watch association—or better yet, start one. If you are interested in how to locate your watch group or would like some information on our annual fall “Celebrate Safe Communities” event, contact our Crime Prevention Officer, Career Officer Scott Whirley, at (804) 520-9318, or by email at [whirleys@colonialheightsva.gov](mailto:whirleys@colonialheightsva.gov). Have a great summer!

## The Youth Services Commission Wants to Know...

The Youth Services Commission is an Advisory Board appointed by Colonial Heights City Council. The Commission provides for the continuing study of the needs and problems of youth and families in the City. Data from student surveys and community assessments assist the Office on Youth & Human Services with program and services development. Your participation in assisting the YSC with this ongoing process is welcomed.

Please take a minute to respond to our short survey. Please visit the following web page to complete this survey: <https://www.surveymonkey.com/r/FC2ZCGF>

**JUNE 12, 2018**

## REPUBLICAN PARTY PRIMARY ELECTION

On the ballot:

### United States Senate

Candidates:

Corey A. Stewart

Nick J. Freitas

E.W. Jackson

### House of Representatives

#### 4<sup>th</sup> District

Candidates:

Ryan A. McAdams

Shion A. Fenty

Last day to register to vote or make a change of address is May 21, 2018.

Absentee voting begins April 27, 2018. A request for an absentee ballot to be mailed must be made by Tuesday, June 5, 2108. In person balloting will be available during regular office hours and on Saturday, June 9, 2018, between the hours of 9:00 am to 5:00 pm.

Election Day polls are open from 6:00 am to 7:00 pm. Please bring photo ID with you when voting. Primary voting is open to all registered voters.

# Colonial Heights Recreation and Parks Department

Office Hours: Monday - Friday 8:00am - 5:00pm

P.O. Box 3401 / 901 Meridian Avenue

Colonial Heights, VA 23834

[www.colonialheightsva.gov/recandparks](http://www.colonialheightsva.gov/recandparks)

Recreation and Parks Office	(804) 520-9390
Recreation and Parks Fax	(804) 520-9203
Senior Activities & Classes	(804) 520-9220
Senior Transportation	(804) 520-9219
Teen Center	(804) 524-8717
Weather Cancellation Line	(804) 524-8788
Violet Bank Museum	(804) 520-9395



## Fall Adult Softball League

Ages 16+

Colonial Heights Recreation Department is accepting teams for their 2018 Fall Adult Softball League. Registration is currently being accepted for all teams. Registration Deadline for the fall season will be Friday, August 10, 2018. The league will include a round-robin regular season (depending on the number of teams registered), post season double elimination tournament, team and individual awards. League play is tentatively scheduled to begin in early-September. Limited openings, first to pay is the first to play.

Fee: \$400

Deadline: 8/10/18

Teams must be available to play any weeknight. Teams must supply game balls. Balls must be USSSA Classic M or USSSA Classic M Plus.

## Fall Youth Field Hockey Registration

Ages 9-15

This program teaches the fundamentals and provides organized team play for local area youth. Participants will need to provide their own equipment. Registration for the 2018 Fall Field Hockey season will begin on June 4th and end on July 20th. Practices will begin in August. Practice days and times will vary depending on the number of teams.

Fee: \$50

## Fall Youth Volleyball Registration

Ages 6-14

The Youth Volleyball League is designed to teach boys and girls the fundamentals of Volleyball through league play. The league emphasizes sportsmanship, skill development and teamwork in a safe and fun learning environment. Registration for the 2018 Fall Volleyball season will begin on June 4th and end on Friday, July 20th. Practices will begin in August. Practice days and times will vary depending on the number of teams.

Fee: \$40

Divisions:

6 – 8 (Instructional)

9 – 12 (Minors)

13 – 15 (Juniors)

## Register by Mail

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks  
P.O. Box 3401  
Colonial Heights, VA 23834

## Register in Person

To register in-person, please visit our office, Monday - Friday 8:00am-5:00pm:

Recreation and Parks Office  
Shepherd Stadium  
901 Meridian Avenue  
Colonial Heights, VA 23834

## Register Over the Phone

Call the office at (804) 520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation Office before the first class.

## Register Online

To register online, please visit us online at [www.colonialheightsva.gov/recandparks](http://www.colonialheightsva.gov/recandparks) and click the register online link.

## After Hours Dropbox

We have a Drop Box for after hours collection of registrations, payments and uniforms; located in front of the Community Center at 157 Roanoke Ave.

## Payment Options

The City accepts Cash, Check, money order and major Credit Cards. Discover card not accepted at this time. Please make checks payable to: "City of Colonial Heights". \$35 fee may apply for returned checks

## Connect with Us...



## Youth Football & Cheering Registration

Ages: Boys & Girls 5-13 (as of 7/31/18)

Registration will be accepted Mon thru Fri, 8am-5pm, May 7 thru July 13 at the Recreation Department office. Instructional Flag football begins in early September and CQL Flag/Tackle football begins the 1st week in August.

### Age Divisions:

Instructional Flag	ages 4-5
CQL Flag	ages 6-7
CQL Minor	ages 8-9
CQL Junior	ages 10-11
CQL Senior	ages 12-13

Fees: \$20.00 per child

The fee for anyone registering after July 13 is \$30. Players registering after July 13 are also subject to being placed on a waiting list. Children MUST be Colonial Heights Residents and eligible for enrollment in the Colonial Heights school system.

## Fall Girls Fastpitch Softball Registration

Ages 9-14

The Girls fast pitch program will play in the Chesterfield Girls Softball Association. Games will be played on Saturdays starting in September in Chesterfield and Colonial Heights. Practices will begin in August.

Fee: \$50 Divisions: U10, U12 and U14

## Fall Boys Baseball Registration

Ages 8-15

The Boys Fall baseball program will play in the Chesterfield Baseball League. Games will be played on Saturdays starting in September in Chesterfield and Colonial Heights. Practices will begin in August.

Fee: \$50 Divisions: U10, U12 and U15

## Fall Junior Team Tennis

Ages 6-18

USTA's Junior Team Tennis brings kids together to learn and play the game of tennis as a team. Junior Team Tennis is designed for kids to play singles, doubles and mixed doubles matches against other local teams. Junior Team Tennis promotes skill development, social skills and important values by fostering a spirit of cooperation and unity, as well as individual self-growth through tennis lessons and match play. Registration for the 2018 fall season begins on Monday June 4th and ends on Friday July 20th. Practices start in August and participants can select weekly practice days and matches are on weekends.

Fee: \$40

## Baseball Camp

Ages 6-12

Coach Brent Ellenburg and assistants will help each camper improve their fielding, hitting, pitching and base running skills through drills and games. Players are grouped together by age and abilities. Limited space is available.

Mo-We 6/25-6/27 8:30am-12:00pm  
\$50 Shepherd Stadium

\*After June 5th registration fee is \$65.00

## Football Camp

Ages 6-12

The Colonial Heights High School Football Program and the Colonial Heights Recreation Department will again be Co-Sponsoring a Youth Football Camp. The Camp will be under the Direction of Varsity Football Coach Adam Tiller.

Mo-Tu 7/16-7/17 6:00pm-8:00pm  
\$25 CH Football Stadium

## Basketball Camp

Ages 6-17

The Colonial Heights High School Basketball Program will be again Co-Sponsoring their Annual Summer Youth Basketball Camp. The Camp will be under the direction of Colonial Heights High School Basketball Coach John Thomas.

Mo-Th 7/9-7/12

9:00am-11:30am 6-11 year olds  
12:00pm-3:00pm 12-17 year olds  
\$40 Tussing Elem. Gym

## Girls Field Hockey & Lacrosse Clinic

Ages 6-17

The Colonial Heights HS Field Hockey Program and Colonial Heights Recreation Department will again Co-Sponsor a Summer Field Hockey and Girls Lacrosse Clinic. The Clinic will introduce the fundamentals of the sports of Field Hockey and Lacrosse.

Mo-Th 6/18-6/21 9:00am-11:00am  
\$25 Soccer Complex

## Soccer Camp

Ages 5-13

Colonial Heights High School Soccer Program and Colonial Heights Recreation & Parks are offering a Youth Soccer Camp. The camp is under the direction of CHHS Varsity Soccer coach J.P. McNulty. This camp is for beginner or intermediate soccer players looking to improve skills and have fun.

Mo-Th 6/25-6/28 10:00am-12:00pm  
\$20 Soccer Complex

## Cheerleading Camp

Ages 5-12

The Colonial Heights High School Cheerleaders and Colonial Heights Recreation Department will again be co-sponsoring a Youth Cheerleading Camp. The Camp will be under the Direction of Colonial Heights Varsity Cheer Coach Mary Vaughn, Colonial Heights Varsity Cheerleaders and Colonial Heights Recreation Cheer Staff.

Mo-Th 7/16-7/19 6:00pm-7:00pm  
\$25 CH Football Stadium



## Intro to Cardboard Boat Construction

All Ages

Learn how to properly design and build a boat out of Cardboard materials to compete in the Boat Regatta (see page 12). Your Cardboard Regatta entry is FREE if you take this course.

Sa 6/2 8:00am-10:00am  
\$25 Community Center

## Summer Camp Program

Ages 6-12 (As of 7/1/18)

The Summer Camp Program is a supervised day camp. Campers will enjoy games, crafts, active play, trips, and special guest activities. All campers must be registered for this program and must be residents of Colonial Heights. All youth who have completed Kindergarten are eligible for camp enrollment. Camp registration fee includes camp t-shirt & wristband. Weekly fees include trips.

Mo-Fr 6/25-8/3 8:00am-5:30pm  
\$32 to register child for camp; fees for each week will be available April 1st.

Locations (60 max at each site)

Lakeview Elem. School & North Elem. School

### Summer Camp Parent Orientations

All parents who attend will receive \$15 off the cost of their Summer Playground Program Camp Registration.

Tu 5/1 3:30pm-4:30pm  
Th 5/24 4:00pm-5:00pm  
Mo 6/4 5:30pm-6:30pm  
FREE Community Center

## Summer Tots Program

Ages 3-5 (As of 7/1/18)

The Summer Tots Program is an interactive classroom experience. This program engages youth through the use of educational activities, crafts, sing-a-longs, circle time, special guests and trips. All enrolled youth must be fully potty-trained to attend. Participant's parents are encouraged to drop-off their child(ren) during program hours to allow participants to get used to a classroom setting.

Mo-Fr 6/25-8/3 8:30am-11:30am  
Tussing Elem. School

Fees:

All weeks \$100  
Per week \$20

Non-residents may enroll, as space permits, starting 6/4/18. \$175 for all weeks, \$35 per week.

## Art & Pizza Parties

Ages 5-12

Includes an arts and craft project, games and pizza dinner. Parents, drop your kids off for a fun art and pizza party! You can enjoy some free time, while your young artist(s) enjoys fun games, art projects, and dinner. Fee includes pizza dinner. Each class will have different activities to participate in!

Fr 5/25 6:00pm-8:30pm  
\$10 Community Center

## Okinawan Karate

### Children's Class (ages 7-9)

The focus of this class is on respecting others, self control, self discipline, and avoiding confrontation. The Karate techniques that are taught begin with basics such as falling, tumbling, balance, flexibility, agility and coordination. Once a student is proficient in all the basics, they may move up to the next class. Each session is for 8 weeks.

Mo/We 7/9-8/29 5:00pm-5:45pm  
\$80 Lakeview Elem. Gym

### Youth/Teen Class (ages 10-17)

This class moves at a much faster pace. More advanced skills and techniques are taught and it is more physically demanding. Subjects such as pain response, basic anatomy and physiology and balance disruption are taught. Students earn belt ranks as they progress based on skill and proficiency....not time! Each session is for 8 weeks.

Mo/We 7/9-8/29 6:00pm-7:00pm  
\$80 Lakeview Elem. Gym

## Belly Dancing

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthens your core and your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome.

Th 6/7-6/28 6:00pm-7:00pm  
Th 7/5-7/26 6:00pm-7:00pm  
Th 8/2-8/30 6:00pm-7:00pm  
\$30 Community Center

## Parent's Night Out w/ Bricks 4 Kidz

Ages 5-13

Each month the Recreation Department will be hosting Bricks-4-Kidz, an organization that provides educational activities. Each month will be a different theme. Children under the age of 5 may register but a parent must accompany them during the class.

Fr 5/18 6:00pm-7:30pm Vehicles  
Fr 6/1 6:00pm-7:30pm Sports  
\$10 Community Center

## Junior Chef

Ages 9-12

The theme for this session of cooking classes is "Cooking around the World". Join the Recreation Department in learning how to cook various meals from different parts of the world. Students will learn the fundamentals of preparing simple meals. During the last session participants will engage in making a group meal for their parents or special guest.

### Junior Chef Class (ages 9-12)

We 5/23-6/20 6:00pm-7:00pm  
\$40 Community Center

## CPR & AED: for the Community & Workplace

Ages 16+

This course teaches the basic techniques of CPR and the use an AED. The course teaches how to recognize the signs of four major emergencies – heart attack, stroke, cardiac arrest, and foreign-body airway obstruction. Price includes all needed materials.

Sa 5/19 8:30am-12:30pm  
\$30 Community Center

## Basic First Aid Course

Ages 16+

This course teaches lay responders the knowledge and skills necessary to give care in an emergency; help sustain life and minimize the consequences of injury or sudden illness until medical help arrives. Price includes all needed materials.

Sa 5/19 1:00pm-4:00pm  
\$30 Community Center

These courses are provided by the the Colonial Heights Fire & EMS Department. \*Health restrictions apply: if you have any of the following health issues you will be unable to participate in this class - breathing problems, heart condition or back problems. For questions, contact the Recreation Dept. at 520-9390. Register for both classes and receive a \$10 discount.

**GET READY FOR**

**THE GREAT AMERICAN BACKYARD CAMPOUT**

**Fri-Sun June 22-24**

**Ft. Clifton Park**

**Join the Recreation and Parks Department for this overnight camping event in Historic Fort Clifton Park on the Appomattox River, whether you're a first-timer or an old hand, for traditional outdoor and camping activities such as storytelling, s'mores, crafts, games, night hikes, river exploration, and, of course, camping in tents.**

**Check-in Fri 6/22 5pm until 7pm**  
**Check-out Sun 6/24 before 11am**  
**\$25/site—space is limited!**

**Call us at (804) 520-9391 to reserve your spot and for more information.**

**MGM Grand Casino- National Harbor**

**\$48 per person**

**Monday July 16th**

**Motor coach transportation**

**Depart 9am - Return 9pm**

**Contact (804)520-9220 for more information**

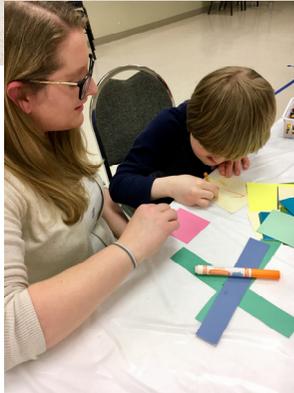
Visit our website at [www.colonialheightsva.gov/recandparks](http://www.colonialheightsva.gov/recandparks) to view info on our parks & facilities.

# Therapeutic

Therapeutic Recreation (TR) uses recreational activities (such as art, games or dance) to help people with disabilities to improve their physical, cognitive and social skills. For example, doing a craft activity might help a child to build fine motor skills, while also giving them an opportunity to think creatively and have fun with peers.

Colonial Heights Recreation and Parks offers a series of new programs for those with special needs ranging but not limited to intellectual, physical, emotional or developmental disabilities.

These activities will be offered to help enhance their recreation interests and participation. Each activity is held on Wednesday from 5:30-7pm; prior to the activity the participant must register and complete a participant profile. The participant profile can be found online on our website or can be emailed per request. *Activity schedules are subject to change\**



## Volunteers Wanted

If you are someone that is interested in working with and learning about those with special needs then we would love to have you as a Therapeutic Recreation volunteer. Our TR volunteers are needed in our Wednesday night activity sessions listed below. Prior to the start of class we have an informational meeting to discuss class goals, diagnosis of potential participants and we also engage in team building activities with other staff members. If you are interested in volunteering please email AJ Barksdale at [barksdalea@colonialheightsva.gov](mailto:barksdalea@colonialheightsva.gov) for more information.

## June Classes (All Ages) - Community Center

Sa	6/2	Trip To Richmond Zoo	(See Information below)
We	6/6	Creative Arts	\$3 5:30pm-7:00pm
We	6/13	Healing Sounds Music Therapy	\$10 5:30pm-7:00pm
We	6/20	Clever Canines Animal Therapy	\$3 5:30pm-7:00pm
We	6/27	Adaptive Exercises	\$3 5:30pm-7:00pm

## July Classes (All Ages) - Community Center

We	7/4	No Class/Holiday	
We	7/11	Healing Sounds Music Therapy	\$10 5:30pm-7:00pm
We	7/18	Clever Canines Animal Therapy	\$3 5:30pm-7:00pm
We	7/25	Sensory Stimulation: What's Cooking	\$5 5:30pm-7:00pm

## August Classes (All Ages) - Community Center

We	8/1	Bingo	\$3 5:30pm-7:00pm
We	8/8	Healing Sounds Music Therapy	\$10 5:30pm-7:00pm@Library
We	8/15	Clever Canines Animal Therapy	\$3 5:30pm-7:00pm
We	8/22	Game Night & Social Hour	\$3 5:30pm-7:00pm
We	8/29	Adaptive Exercises	\$3 5:30pm-7:00pm

**Metro Richmond Zoo Trip** - Join us for a day trip to the Metro Richmond Zoo as we explore the more than 2,000 animals representing an amazing 180 species from around the world. Please bring a bagged lunch or extra money to purchase food and snacks on-site. We will depart from the Community Center at 9:00am and return at approximately 4:00pm. Transportation is first come-first served on City vans. Contact us at (804)520-9390 for special accommodations related to transportation.

Sa	6/2	\$20 (Children ages 2-11) / \$25 (Ages 12+)	9:00am-4:00pm
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## TR Summer Camp

Ages 6+

We are excited to offer for the first time a fun-filled week for those with special needs. Campers will enjoy a curriculum focused on improving physical, cognitive, and social skills. Each day there will be a field trip to local establishments in the Tri-Cities area. Prior to the start of camp participants must register and complete a participant profile. Camp will be staffed at a ratio of 1 staff/volunteer to every 2 participants. All staff and volunteers will have attended training leading up to the camp.

Mo-Th	8/13-8/16	8:00am-2:00pm
\$100	Lakeview Elem. School	

*\*Fee includes trips, activities, and transportation for trips*

## July is National Parks and Recreation Month Get Out There & Play!

Gather your loved ones and take advantage of our local parks this July! Enjoying our parks is a simple and economical way to improve your physical fitness.



Parks offer children and adults an opportunity to engage in moderate to vigorous physical activity during their visit. You can celebrate Parks and Recreation month by signing up for a class or activity this Summer as well, we have a lot to offer. Don't forget to like us on Facebook and follow our Twitter and Instagram accounts for announcements and updates on upcoming activities. Join us this July as we celebrate Parks and Recreation month.



**Fri 5/18 8-9pm White Bank Park**

FREE & open to the public

Please pre-register

# Trips

## Riverside Theater Fredericksburg, VA

All Ages

For the following performances, we will depart from the Senior Center at 10:00am and return back to the center at approximately 6:30pm on all dates. Price includes transportation on vans, ticket to show, and lunch. Sign up early, limited tickets!

### Beauty and the Beast

A beautiful young woman takes the place of her imprisoned father in the castle of a beast, who is really a cursed prince. She teaches him to be courteous and respectful, and they fall in love, in this stage adaptation of the animated Disney film, based on the classic fairy tale.

We 10/24 10:00am-6:00pm \$64

### Rockabilly Christmas

Returning to our stage for a limited time, Todd Meredith and his band The Rave-Ons celebrate the holiday season with high-energy performances of Buddy Holly's greatest hits along with those class rock 'n' roll Christmas songs everyone loves like Rockin' Around the Christmas Tree, Jingle Bell Rock, Blue Christmas, and Run, Run, Rudolph.

We 12/5 10:00am-6:00pm \$64

### La Cage Aux Folles

Jerry Herman's musical, based on the French play of the same name, is the story of a flamboyant gay couple who must pretend to be straight for one night – with one of the men in drag – to dupe the conservative political family of their son's fiancée.

We 2/6/19 10:00am-6:00pm \$64

## James Monroe highland tour + carter mountain or- chard

Ages 50+

Join us as we explore the fascinating life of the tireless public servant who fought in the American Revolution, negotiated the Louisiana Purchase, pushed the Missouri Compromise through Congress, secured our nation's borders, and issued our first foreign policy statement: the Monroe Doctrine. Then we will go to Carter Mountain to pick some fresh apples along with a Bold Rock tasting. Price includes admission and transportation.

We 9/19 8:45am-4:00pm  
\$34 Leave from Community Center

## Richmond trolley tour

Ages 50+

We will travel through a rich narrative of 400 years of history in one of the most fascinating and oldest cities in America. See the sights and learn about Richmond's landmarks, riverfront, architecture and history. Price includes the tour ticket and transportation.

Mo 9/24 9:15am-3:00pm  
\$38 Leave from Community Center

*Come Play!*  
**DOVER DOWNS**  
HOTEL & CASINO

**June 19 -21**  
**Double: \$215**  
**Single: \$340**

**DELAWARE**

Price includes:  
\$10 GR8 Burgers & Shakes Voucher  
\$30 Free Slot Play each night (\$60 total)  
Complimentary Breakfast at the Festival Buffet  
(2 days)

# Senior Center

## Senior Center

The Senior Citizen Center is adjacent to the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:30 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted.

## Senior Transportation

The Transportation Department operates 8am-4pm Monday-Friday, except City Holidays. Senior Citizens sixty (60) years of age or older that are City of Colonial Heights residents, needing transportation for medical, business, or personal reasons may obtain rides throughout the City of Colonial Heights. Transportation is provided to Petersburg, Hopewell and Fort Lee for medical appointments only. Vans are equipped with hydraulic lifts for wheel-chairs. Reservations must be called in 24 hours in advance of your appointment. Please call 520-9219 for further information.

## Chalk Couture

All ages; children under 18 must have paid adult

The most versatile home décor ever created. Create your own masterpiece, no matter what your crafting ability may be...over and over again. Beautify your home and spice up your life. Limited seating.

We 7/18 1:00pm-4:00pm  
\$25 Community Center

## Activities & Fitness

### Monday

8:30am Muscles in Motion  
9:15am Tai Chi  
9:30am Bowling (*League Fee*)  
10:00am Strength & Stretch  
11:00am Pickle Ball (*Swift Creek Baptist Church*)  
1:00pm Adult Coloring  
1:00pm Rag Rugs  
3:00pm Computer Class (*sign up*)  
4:00pm Beginners Sewing (*sign-up \$12*)

### Tuesday

9:00am Yoga  
9:30am BP Screening (*3rd Tue*)  
10:00am Sit & Let's Get Fit  
11:00am Sit & Let's Get Fit  
11:00am Bunco  
12:00pm Duplicate Bridge  
1:00pm Bingo  
1:30pm Water Aerobics (*SYC - \$2*)  
3-6pm Quilts for Vets (*Last Tue*)  
3:00pm Open Sew (*1st, 2nd & 3rd Tues*)

### Wednesday

8:30am Muscles in Motion  
10:00am Strength & Stretch  
10:00am Crochet & Knitting Group  
11:00am Line Dancing  
11:00am Pickle Ball (*Swift Creek Baptist Church*)  
11:00am Mexican Train Dominoes  
12:00pm Party Bridge  
4:00pm Beginners Sewing (*sign-up \$12*)

### Thursday

9:00am Yoga  
9:30am Sing-A-Long  
10:00am Sit & Let's Get Fit  
11:00am Sit & Let's Get Fit  
12:45pm BP Screening (*1st Thur*)  
1:15pm Senior Citizens Club Mtg.  
2:00pm Watercolor

### Friday

8:30am Muscles in Motion  
10:00am Strength & Stretch  
1:00pm Computer Class (*sign up*)  
1:00pm Scrabble  
1:30pm Water Aerobics (*HCC - \$2*)  
5:30pm Open Paint  
7:00pm Senior Dance (*2nd Fri - \$6*)



## Volunteer Opportunities

We are seeking City Hall Welcome Desk Administrative Volunteers. Hours are flexible and we will work around your availability. If you are interested in volunteering to help be "The Face of the City", please contact Nancy Bosher, Executive Assistant to the City Manager, at (804)520-9265.



## CITY OF COLONIAL HEIGHTS, VA DEPARTMENT OF PUBLIC WORKS

### Consumer Confidence Report

The latest edition of the Department of Public Works' Consumer Confidence Report is now available online. This report summarizes important information regarding Colonial Heights' drinking water source, detected contaminants, educational information, and our efforts to ensure that we continually deliver the safest and highest quality drinking water to our customers. We encourage you to review the report on our web page:

<http://www.colonialheightsva.gov/DocumentCenter/Home/View/1061>

If you wish to obtain your own copy of the Consumer Confidence Report, please contact us at (804)520-9372. We will gladly mail it to you.

## FROM THE COMMISSIONER OF THE REVENUE

YOU HAVE HEARD AND READ CORRECTLY. **NO MORE CITY DECALS! BUT THERE ARE STILL THINGS THAT ALL CITIZENS ARE REQUIRED TO DO:**

- Change your address at DMV when you move into or out of the City.
- Tell this office when you move into or out of the City.
- Register any newly purchased or acquired vehicles, boats, or trailers in this office within 30 days
- Tell this office when you sell a vehicle, boat or trailer.
- DMV **does not tell us when you buy** or sell vehicles or trailers!
- Game & Inland Fisheries **does not tell us when you buy** or sell boats or jet ski's!
- Car dealerships **do not tell us when you buy** another vehicle!

## COLONIAL HEIGHTS PUBLIC LIBRARY SUMMER LEARNING PROGRAM

Attention all families! Looking for some fun and educational activities for the summer months? Be a part of the Colonial Heights Public Library's annual six-week long summer learning program. This year's program, "[Reading Takes You Everywhere](#)," will run from **June 18 – August 1**. Youth of all ages can complete an online reading log and be rewarded with a free book and other prizes. Each week there will be various performers, such as a magician, puppet shows, musical entertainment, wildlife programs, hands-on history presentations, and interactive science programs. [Free lunches for youth](#) through age 18 will be offered each week of the program on Mondays and Wednesdays at noon. We will have [Nature Backpacks](#) available again for check-out. These allow families to visit any Virginia State Park with free admission and parking (extra activities with charges inside the park are not covered).

Beginning June 1, a detailed program calendar will be available online at the library's children's webpage at [colonialheightsva.gov/library](http://colonialheightsva.gov/library) and in the library at 1000 Yacht Basin Drive. If you have any questions please contact Chantal Emerson at [emersonc@colonialheightsva.gov](mailto:emersonc@colonialheightsva.gov)

## Library Services That Can Help With Summer Travel Plans

The Colonial Heights Public Library is providing three services that may be of interest to those residents going on vacation this summer. Residents can check out Kindle Readers with requested titles at the library, or download e-books and audio titles from the library's online Hoopla collection. The audiobooks in particular can make a trip or commute more pleasant and seemingly shorter.

In addition, the library now provides a new e-magazine service, which allows residents access to 66 popular titles through RBdigital. Information for using this free online magazine library can be found at <http://colonialheightsva.gov/936/RB-Digital>. Please visit the library for more information and guidance in using these services.



Rain Date July 5th

## City of Colonial Heights 4th of July Fireworks Show Wednesday July 4 - 9:15pm

Viewing for the fireworks will be off Interstate 95, Exit 53 or 54 in the Southgate Square/Wal-Mart Area. Bring blankets and/or lawn chairs. For more information, please contact the Colonial Heights Recreation & Parks Department at (804) 520-9390.

## Economic Development Highlights and Updates

Whether it's a national chain or local business, Colonial Heights is a great place for business! The update below shares some of the new openings as well as projects currently in the works.

- Longhorn's Restaurant opened April 24<sup>th</sup>.
- Skrimp Shack Restaurant opened February 13<sup>th</sup>.
- Harbor Freight – taking 50% of the former HHGregg opened ahead of schedule in April.
- Site plan has been submitted for Sedona Tap House.
- Southside Regional Medical Center's Urgent Care facility is looking at a July 10<sup>th</sup> opening and currently in the process of hiring staff.
- Lundie Insurance Building is now open on the Boulevard and is host to Lundie Financial & Insurance Services, Sherwood Title, and Colonial Grill.
- Duck's Locksmith – New construction to begin on Snead in 2018.



## KAP Student Wins Contest

Drew Lape, a fifth grade Lakeview Elementary student enrolled in the Kids' Achieving Progress Afterschool program, won the Better Future Fund essay contest sponsored by Papa John's Pizza, Virginia529, Richmond Raceway and WRIC TV8. The essay topic was: *How will you better your community by attending a college, university or training program?*



Deanna Kiser, KAP Supervisor, "I'm so pleased that my students had the opportunity to participate in this contest and am thrilled that Drew was the winner." Program Coordinator, Becca Lynch said, "For several years, Ms. Kiser has brought this contest to her students. She encourages them to enter and personally submits their entries. I am proud of her and Drew."

Drew wrote, "I want to be an electrician when I get older. My dad is an electrician, so I want to be like him, so I decided when I get older I am going to try and find the best school that I can. I am going to help people that have no power, and that don't have any water supply, AC, or heat." He won the Grand Prize of \$1000 in a Virginia529 account and tickets to a NASCAR race at Richmond Raceway.

## Communicating During a City Emergency

Colonial Heights Fire, EMS and Emergency Management have several methods of communication with our Citizens during significant emergencies such as thunder storms, tornadoes, hurricanes or other widespread events. While Social Media has become one of our primary methods for immediate communication we realize not everyone has that capability.



We would also like to encourage all citizens to sign up for our **CIVICREADY** Notifications. This system allows us to telephone citizens in case of an emergency situation such as an evacuation, contaminated water, weather events, missing persons, hazardous chemical spill, etc. This system is capable of dialing the entire City within minutes. It then delivers a message describing the situation to you, or if you're unavailable, to your answering machine or voicemail. The message will be informational and could include instructions requiring immediate action.

To sign up for **CIVICREADY** Notifications you can register @ [www.colonialheightsva.gov](http://www.colonialheightsva.gov). Click on the **CIVICREADY** icon which is located at the bottom, right side of the screen.

### Finding information during an emergency:

- Facebook:** Colonial Heights Fire, EMS & Emergency Management
- Twitter:** @ColHtsEmergMgmt
- Police/Fire Non-Emergency:** (804) 520-9300

# CARDBOARD BOAT REGATTA

Event

Sponsorships Available

\$25/entry



Sat July 14 - 9:00am  
Lakeview Park

Lakeview Park will be full of spectators waiting to see who will float, sink or swim at the "Cardboard Boat Regatta". Contestants will make boats out of cardboard & tape and will rely on their inventions to keep them afloat as they race across the lake. Pre-registration is required & all teams will need to collect their own cardboard. Life vests are mandatory for all team members. Prizes will be awarded to the winners and most creative designed boats!

Contact us at (804)520-9391 for a full set of rules/instructions/

# BACK TO SCHOOL FESTIVAL

Tuesday August 21 - 6-8pm

Colonial Heights Soccer Complex.

Pre-register at [www.colonialheightsva.gov](http://www.colonialheightsva.gov) or by calling (804)520-9390.

Colonial Heights Residents Only! Join us for this annual event. Families will enjoy games & local vendors. Concessions available for purchase. Children who preregister are guaranteed to receive some school supplies.

Cape May NJ

NOVEMBER 14<sup>TH</sup> - NOVEMBER 16<sup>TH</sup>

\$ 425 Double Occupancy (per person)

\$ 550 Single Occupancy



Motor coach transportation

Contact (804)520-9220 for more information

# THE CITY FOCUS

City of Colonial Heights  
Office of the City Manager  
Post Office Box 3401  
Colonial Heights, Virginia 23834-9001  
[www.colonialheightsva.gov](http://www.colonialheightsva.gov)

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